



Southchurch High School

Friday 18 July 2025

The Southchurch Way

A community of opportunity, learning and aspirations

Issue number: 39

Message from the Headteacher

As this academic year draws to a close, and this the final edition of the Parent Newsletter before we break for the summer, it is always a time for reflection and as I think back over the last eleven months to September last year and how much the school community has achieved, I feel extremely proud to be the Headteacher of this wonderful school.

This week, we were delighted to welcome a few of our new student cohort joining in September for a visit to familiarise themselves with the school. Thank you to Mrs Friday and Miss Malley for kindly supporting these students and their chaperones to the school.

Thank you to Mr Maxfield and Ms Smith for their kind support of some of our Construction students on visits to Cliffs Pavilion theatre on Tuesday, which was kindly facilitated by the Auburn Group. The students were able to witness the ongoing construction works taking place at the theatre.

Our reward trips, continued this week, to acknowledge and reward students for their achievements over the last academic year and selected Year 10 students attended a rewards trip to Oxygen Amusement Centre in Rayleigh on Tuesday kindly organised by Mrs Zareba. On Wednesday, selected Year 7 students attended their rewards trip, also to the Oxygen Amusement Centre, kindly organised by Miss Wright. Thank you to all the staff who kindly supported these trips.

On Wednesday afternoon, Michael, Eimantas, Liam, Abhir and Tyler who attend the Coding Club, kindly run by Mrs Newington, were presented with certificates in recognition of their success in submitting code which was sent to the International Space Station (ISS) following their participation in the European Astro Pi Mission Zero Challenge, run by the Raspberry Pi Foundation and the European Space Agency Education Centre. These students wrote a piece of Python code which would produce an image to remind the astronauts on the ISS of home which was run in May 2025. The students' certificates showed them where the ISS was when their code was run, detailing the date and time that the astronauts saw their piece of code and received a reminder of home. What a wonderful achievement for these students and one I am sure they will treasure forever!

Our annual Southchurch Olympics has taken place today with students rotating around four different activities, culminating during the final lesson, with students able to either watch or participate in the athletics finals.

A huge thank you to Miss Waite for her excellent organisation and to the staff community for their support of all the students and activities today.

Thank you to Miss Fraser, Miss House and Mr Harvey who have kindly accompanied a group of Year 10 History students to Hampton Court Palace in London today. The trip provides an opportunity for students studying Elizabeth I to explore the context of the Elizabethan era and Elizabeth I, which are key topics that they are studying.

A group of Year 10 Art students will be travelling to London by train on Monday to visit the Saatchi Gallery together with the Victoria & Albert Museum. This trip has been kindly organised and will be supported by Mrs Friday and Mrs Wallace. Ms Derbyshire, one of our new members of staff, has also very kindly agreed to support the trip. We do hope that the students enjoy their day in London visiting these two wonderful destinations.

On Tuesday, Year 9 girls will be attending Maths workshops kindly facilitated by the University of Essex. Thank you to Ms Smith for all her support of events such as this that she has kindly organised throughout this academic year.

Our Year 10 Geography students, split into two groups, will be taking part in a field trip either on Monday or Tuesday of next week. Miss Goodwin, Mrs Langdon and Mr Tape will be kindly accompanying the students as they walk to and from Thorpe Bay and Southend beach. They will be studying the physical characteristics of the beach and how humans have affected the physical characteristics of the beach. They will also carry out further primary data collection techniques in a tourist area, such as traffic, noise pollution, environmental quality and land use surveys.

Thank you to Miss Watson and Ms Stover for their kind support in hosting a pizza reward party on Monday for those students who are the highest quizzers in the accelerated reader's programme. Well done to all these students.

On Tuesday of next week, it will be the turn of our Year 10 students to be rewarded for their impeccable 100% attendance record to school or who have shown a positive commitment to improving their attendance and Miss Murray has kindly organised for them to visit Southchurch Park where they will be treated to an ice cream and have the opportunity to enjoy the park and all it offers!

Gentle reminder, and further to the letter sent to all parents/carers, Wednesday, 23 July is our final day of this academic year. Year 10 students will be presented with their mock results and will then be dismissed and off the school site by 10.45 am. Years 7, 8 and 9 will be released from school from 11.50 am.

The new academic year starts for students going into Years 8, 9, 10 and 11 on Wednesday, 3 September. **Year 7s only** will have a separate Induction Day on Tuesday, 2 September, to allow them time to settle in. A separate letter has been sent to our new Year 7 parents/carers containing further details.

Finally, I would like to take this opportunity to thank you for your continued support and to wish you and your families a wonderful summer.

Mrs Airoll
Headteacher

Crochet Club

Our second crochet turtle has been completed at Crochet Club this week.

Well done Milena!



Last week, some of our Year 7 girls represented the school in a rounders competition at Westcliff High School for girls. They did really well, beating Cecil Jones and coming close against Westcliff High School, St Bernard's and Shoeburyness High School.

Well done to all!



Key Dates

21 Jul	Year 10 Geography Field Trip
21 Jul	Year 10 Art trip to Saatchi Gallery and V&A Museum
22 Jul	Year 10 Geography Field Trip
23 Jul	Last day of term Students finish at 1.00pm
02 Sep	Year 7 Induction Day Year 7 students only
03 Sep	School Term begins for Years 8 - 11 All students in school

Menu - Next Week

SWAN'S RESTAURANT		WEEK 1			
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Fajita Served with Diced Potatoes & Coleslaw (Halal)	Macaroni Cheese Served with Garlic Bread	Food available at first break NO LUNCH	SCHOOL CLOSED	SCHOOL CLOSED
Vegetarian Meal	Vegetable Quiche	Meatless Meatballs Served with Pasta & Garlic Bread (Vegan)	Food available at first break NO LUNCH	SCHOOL CLOSED	SCHOOL CLOSED
Extra's	Jacket Potato with Cheese ,Baked Beans or Tuna Mayonnaise Available Monday - Thursday Small Pasta & Sauce Available Monday - Thursday (All of our chicken is Halal -including sandwiches/wraps etc. The beef and pork we use is not halal)				

New Menu - Starting 03.09.2025

SWAN'S RESTAURANT		WEEK 1			
	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Chicken Korma Served with Boiled Rice & Naan Bread (Halal)	Homemade Beef Lasagne Served with Garlic Bread	Chicken Fajita Served with Diced Potatoes & Coleslaw (Halal)	Pork Sausages Served with Mashed Potatoes, Peas & Gravy	Chicken Burger or Battered Fish Served with Chips (Halal)
Vegetarian Meal	Vegetable Sweet & Sour Served with Boiled Rice & Spring Rolls (Vegan)	Vegetable Pasta Bake Served with Garlic Bread	Vegetable Quiche Served with Diced Potatoes & Coleslaw	Vegetable Hotpot Served with Peas & Gravy	¼lb Vegan Burger Served with Chips (Vegan)
Extra's	Jacket Potato with Cheese ,Baked Beans or Tuna Mayonnaise Available Monday - Thursday Small Pasta & Sauce Available Monday - Thursday (All of our chicken is Halal -including sandwiches/wraps etc. The beef and pork we use is not halal)				

Code Club

Five of our students from Mrs Newington's Code Club participated in the European Astro Pi Mission Zero Challenge.

Michael, Eimantas, Liam, Abhir and Tyler were all successful in submitting code, which was then sent to the ISS to run.

Mr Lockwood was delighted to present the students with their certificates on behalf of the school.

Well done to all!



SEND News

With Summer Holidays starting next week, we know that this can cause a lot of anxiety for some of our students with special educational needs.

For some of our students with SEN they will be looking forward to a break from the overwhelm that school causes for them, and a break from the daily routine. However, for many of our students with SEN a break from the daily routine can be a huge cause of anxiety.

We know that lots of our families tell us that keeping a routine in place through the holidays has really helped their children adjust to the holidays and then adjust to coming back to school. This might mean keeping your morning routine through the holidays and slightly tweaking it to make it more relaxed, as well as keeping a regular bedtime routine in place so that your children do not have big adjustments to make when they return to school in September. Having regular times throughout the day that things happen, can also be a helpful way to keep a routine in place, whether that be with regular times that activities take place or regular times for mealtimes to happen.

To aid the transition back in to school you may also find it helpful to complete a small amount of schoolwork or revision each day, in order to keep some of the school routine. We know that this won't work for every child and, as always, you know your child best.

Have a lovely summer!



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54 Hadleigh Road, Leigh-on-Sea, Essex, SS9 2LZ

FREEDOM[®] Kids

@popWORLD Southend

Following the huge success of Freedom Club Nights, we are launching Freedom Kids for under 18's this summer! Freedom Kids is a full nightclub experience for anyone who is under 18 with a disability/different ability. The original Freedom (over 18's) is into it's 7th successful year and back into the original home that is now PopWORLD Southend!

Freedom Kids is wheelchair accessible, has a bar serving soft drinks & Mocktails and most importantly we are inclusive. Come and make new friends, socialise & have a lot of fun!

Entry is £5 and parent/carers come free.

We have Public Liability Insurance and our staff have enhanced DBS checks.

We look forward to welcoming to our amazing club!

DBS

Best wishes

INCLUSION

CHECK

The Freedom Family

ACCEPTANCE

EQUALITY



GIVE US A



FULLY INSURED

facebook

@freedom

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TikTok

@freedominsouthend

www.freedomclubnights.co.uk

FREEDOM[®] Kids

@popWORLD SOUTHEND

Friday 25th July 4-6.30pm

Friday 22nd August 4-6.30pm



The same great club but this time for under 18's!

£5 Entry
Parent/Carers
Free



2-4 Warrior Square, Southend on Sea SS1 2JE

Cliffs Pavilion Construction Trip

On Tuesday, we took a group of our construction students to the Cliffs Pavilion to observe the ongoing building work at this iconic Southend landmark.

The visit provided a valuable opportunity for students to ask questions and gain first-hand insight into the various roles and progression routes available within the construction industry.



To read the latest issue and see this terms news, scan below ▼



Youth Summit Showcase

There is an upcoming Youth Summit! – a fantastic opportunity for young people to explore a wide range of local organisations they can get involved with ahead of the summer holidays.

This event will serve as a showcase for over 20 local youth groups, offering students the chance to discover new interests, connect with their community, and find support where needed. Some of the organisations attending include:

- Southend United
- Rochford Rugby Club
- The Southend Song School
- Young Entrepreneurs Southend
- Young Mock Parliament Club

In addition to these, there will be support organisations such as the YMCA and SEND groups, providing valuable resources for young people who may be facing challenges.

Youth Summit Showcase

Wednesday 30th July

4-8PM

Belle Vue Baptist Church,
Southchurch Road, SS1 2QZ

A chance to meet local organisations, sports and youth clubs to see what's on offer in the local area

Bayo Alaba MP
Southend East and Rochford

Little Voices Workshops

There are free funded spaces from 9.30am - 1.30pm for each workshop too.

Please use the link below to book:

<https://eequ.org/book/little-voices-southend-musical-workshops-with-little-voices-west-kent-and-southend-on-sea-18043>

Summer Theatre Week

With music, singing, props, costumes – and excitement galore – they'll get involved in every aspect of putting on a show, with a dazzling performance on the final day for family and friends to watch.




£35pp
LIMITED PLACES

There's no getting bored on our watch!

Dates: 24th-25th July and 4th-8th August
Venue: Holy Trinity Hall, Southend on Sea, SS2 4XA
Times: 9.30am-3pm (9.30-1.00pm HAF funded)

For more information and to book:
☎ 07975 584 528
caron@littlevoices.org.uk
littlevoices.org.uk/westkent/theatreweeks



BIG FUTURES

DRAMA & SINGING LESSONS OF DISTINCTION

Teacher Training



B TSA BENFLEET TEAM SUPPORTING ALL

Are you Interested in Training to be a Teacher?



Join us at our recruitment event to find out more about Primary or Secondary teacher training with **B TSA**.

30th September 2025 at 7pm
Via Zoom

To register email
mhoward@theappletonschool.org



In Partnership with **TES Institute**

WELL-BEING

Try out new things

Being open to new experiences and learning fuels our wellbeing.

Learning is not just for school, but for life.



Find your hobby

Our hobbies can be a source of pleasure and a great way to learn, build competence and confidence and connect with others who share our passion.

Top tips

- 1) Find a regular time to get engaged in a hobby that takes some skill.
- 2) Minimise distractions and get stuck in.
- 3) Try going just beyond your comfort zone on something that you are curious about or interested in.

Reflection: What's a hobby you'd love to try?
When could you try it?



Get curious & creative

Cultivating our curiosity can help us think and act more flexibly and stretch our familiar boundaries, which can boost our resilience.

Activity: Try noticing something new. On a journey you take regularly – perhaps to work, college or to the shops – find three things which spark your interest that you haven't noticed before. What can you find to be curious about these?

Exploring, learning and happiness

It can help us build connections with others with shared interests

Reflection: What's something new you've tried or learnt recently? What's something new you can try or learn this week?

Useful helpline details

Childline 0800 1111

<https://www.childline.org.uk/get-support/>

Samaritans 116 123

<https://www.samaritans.org/>

Young Minds

<https://www.youngminds.org.uk/young-person/find-help/i-need-urgent-help/>

Shout Text YM to 85258



SAMARITANS

YOUNG MINDS
fighting for young people's mental health



Library Corner



Word of the Week:

Affirmation

Noun

Meaning: Emotional support or encouragement.

This week's theme is: International Self Care Day

Key date: 24 July

Did you know?

- Make a list of activities that could help you relax. Think about how you could incorporate them in your daily life.
- What are the things in life that cause the most stress, and what could be done to reduce it?
- Write a description of a place where you have felt particularly happy.

			4	1		3		
	2	5		8			4	
1								
			8			5	9	2
9	5		1					3
	7	2			9	4		
5			2	3			6	
8	9	1	6	7	4			
2				9	1	7		

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle.

Words can go in any direction. Words can share letters as they cross over each other

Care	U	N	N	I	C	C	R	E	V	U	L	M	J
Comfort	O	R	M	Q	X	A	U	E	Z	E	E	K	P
Creative	Z	C	O	M	F	O	R	T	A	D	W	E	R
Love	U	C	Y	J	K	L	C	E	I	D	E	G	S
Meditate	L	O	Z	E	G	F	C	T	C	L	W	X	C
Music	C	I	J	O	P	M	A	I	S	L	B	D	I
Read	M	B	B	L	X	T	A	L	W	T	H	R	S
Relax	W	U	E	H	E	X	N	F	U	D	F	P	U
Sleep	H	C	N	V	T	H	A	D	O	G	A	H	M
Walk	P	V	D	G	U	N	L	L	N	H	E	Q	Z
	E	J	H	M	A	D	O	N	E	X	K	F	L
	K	L	A	W	A	C	V	J	S	R	S	C	H
	U	J	J	S	C	R	E	A	T	I	V	E	Q

LIBRARY INITIATIVES

Thank you

Ms Stover and Miss Watson would like to say a big thank you to all our students who have spent time enjoying the library space this year, we cannot wait to see you all again in September.

Accelerated Reader Awards

Congratulations to every year group for taking part in the Accelerated Reader quizzes, you have exceeded last years total and have a new reading total of 35,527,255 words read!!

	Total Words Read (since September)
YEAR 7	8,151,411
YEAR 8	2,537,421
YEAR 9	13,496,529
YEAR 10	7,510,905
YEAR 11	3,830,989



Summer Reading

While schools may closed over the summer, public libraries are open. They are free to join and have a huge selection of books to borrow, so make sure you head down to your local library over the holidays to keep up with your reading, and don't forget to take the quizzes on Accelerated Reader!

Important Library News

End of year polite notice !

If you have not been able to return your book back to the library before the end of summer term can you please keep it somewhere safe and return it at the beginning of term in September.



Thank you



Have a great summer.

