



Southchurch High School

Friday 18 September 2026

The Southchurch Way

A community of opportunity, learning and aspirations

Issue number: 03

Message from the Headteacher

Celebrating Miss Goodine's C2C Ultra Marathon Success

Many of you may already know that Miss Goodine, our Head of Year 9, is a keen and very committed runner. Last weekend, she took on her biggest challenge yet by competing in the **C2C Ultra Marathon**, an incredible 50-mile race from Upminster to Shoeburyness.

This was Miss Goodine's **first ever Ultra Marathon**, making her achievement even more remarkable. Not only did she complete the race, but she **won it**, doing herself and our school community incredibly proud.

 **1st Female Finisher** – finishing an incredible **two hours ahead of the second-placed female runner**

 **3rd Finisher Overall** – across the entire field of runners

Winning a 50-mile Ultra Marathon at the first attempt is a phenomenal achievement. It demonstrates an extraordinary level of **determination, resilience, commitment and perseverance** – qualities that we encourage in all of our students.

Miss Goodine's achievement is a wonderful example to our students of what can be achieved when you set yourself a challenging goal and are prepared to work hard to achieve it.

A huge congratulations to Miss Goodine on this outstanding accomplishment!

Lockdown Siren Test

Following the installation of our new lockdown siren over the summer holidays, we carried out a test on Monday. This gave students and staff the opportunity to hear the siren and become familiar with the sound should there ever be a need to alert the whole school to a lockdown situation.

At some point during this term, we will also carry out a whole-school **invacuation exercise**, so that students and staff can practise the procedures and understand what is expected of them should a lockdown ever be necessary. Students and staff will be informed in advance of the exercise.

These practices are an important part of ensuring that everyone in our school community understands how to respond calmly and safely in an emergency.

Fire Evacuation Drill

At the end of the school day on Tuesday, we held a whole-school fire evacuation drill. I was particularly pleased with the way our students conducted themselves. **Students behaved impeccably throughout the drill**, following instructions calmly and efficiently.

These regular exercises are important in ensuring that our emergency procedures are well understood and that everyone knows what to do should we ever need to evacuate the building.

Hosting BTSA for Initial Teacher Trainees

We were delighted to welcome trainee teachers from across the local area to Southchurch High School this week as we hosted **BTSA**.

Our visitors were given a tour of the school before taking part in training delivered by **Mrs Hawkins, Assistant Headteacher**. It was a pleasure to welcome future teachers into our school and to play our part in supporting the development of the next generation of teachers.

Word of the Week

Our **Word of the Week** for next week is **"belonging"**.

Belonging (noun) – the feeling of being accepted, valued and part of a group or community.

Example: *At Southchurch High School, we want our students to feel a strong sense of belonging and know that they are valued members of our community.*

Students who successfully use our Word of the Week in conversation or in their lessons will be rewarded with a Class Charts point.

Open Evening – Thursday 24 September

A gentle reminder that we are hosting our **Open Evening for prospective parents and carers on Thursday 24 September**.

Students will be dismissed from school at **2.00 pm on Thursday** to allow us to prepare for the evening.

Students will then have a **late start on Friday 25 September** and should arrive at school at **11.00 am**.

Please remind your child/children that they **will not be able to access the school site before 11.00 am on Friday**. They should therefore not arrive at school any earlier than this time, as the school site will not be open to students.

We are very much looking forward to welcoming prospective families to Southchurch High School next Thursday and showcasing our wonderful students, staff and the opportunities available to our young people.

As always, thank you for your continued support of the school.

Mrs Airoll
Headteacher

Menu

SWAN'S RESTAURANT

WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	BBQ Pulled Pork Served with Boiled Rice & Lentil Crisps	Homemade Steak Pie Served with Mashed Potatoes, Peas & Gravy	Roasted Halal Chicken Thighs Served with Roast Potatoes, Vegetables & Gravy	Macaroni Cheese Served with Garlic Bread	Halal Chicken Burger In a Bun Served with Potato Wedges & Coleslaw
Vegetarian Meal	Korma Vegetable Curry Served with Boiled Rice & Naan Bread	Cheese & Onion Slice Served with Mashed Potatoes & Peas or Baked Beans	Vegan Cottage Pie Served with Vegetables & Gravy	Potato Skins with Peppers, Red Onion & Cheese Served with Salad	Vegan Spicy Bean Burger In a Bun Served with Potato Wedges & Coleslaw
Jacket Potato with Cheese, Baked Beans or Tuna Mayonnaise Available Monday – Thursday Small Pasta & Sauce Available Monday - Thursday					

Key Dates

24 September	Students finish school at 2.00pm Open Evening 5.30pm – 8.00pm
25 September	Students start school at 11.00am
02 October and 09 October	Flu Vaccinations



MCAS – Dinner Money

We would like to remind you that our payment system changed during the summer holidays.

iPayimpact was deactivated on 17 July, and the new Dinner Money module is now available in your MCAS app. Any money already paid towards trips will automatically transfer to the new system, so you don't need to take any action.

Please see the MCAS Guide and the Dinner Money letter for more information.



MCAS | Southchurch High School

Open Evening

Southchurch High School

OPEN EVENING

Thursday 24 September

5.30 – 8pm

All welcome, no appointment necessary

"the school is a safe, very calm and purposeful place for pupils to learn"

Ofsted 2026

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"Pupils treat each other and staff with respect"

"The school is notably calm. Low-level disruption is rare."

"The curriculum is taught well"

"Leaders at all levels have high ambitions for pupils."

"Pupils receive precise support from pastoral and specialist staff."

2026 – Celebrating our BEST EVER GCSE results!

congratulations

He's done it again! Max is the student winner for the most Word of the Week point with BIASSED last week - a massive 57 points in 5 days!

Congratulations, Max! Let's see if anyone can defeat him next week with their use of JUSTIFY this week - stay tuned to find out!



Congratulations to Mrs Gibson, who awarded the most ClassChart points for the correct use of the 'Word of the Week' again!

Who will be the staff winner next week?



congratulations

Very special congratulations must go to Miss Goodine who took part in her first Ultra Marathon (50 Miles) and **WON!**

What an amazing achievement!



SPORTS NEWS

PLAYERS WANTED FOR U13 GIRLS

Yrs 7 & 8



JOIN THE U13 SWIFTS!

Training Saturday mornings 10.30 - 12pm at Southchurch High School, SS2 4XA
For more information and to register, email Keith at office@southendwanderersfc.co.uk
or tel 07474 765481
or visit www.southendwanderersfc.co.uk

Clubs

As all clubs start this week, students received a pack to encourage them to join clubs and try out something new!

They have a 'Pledge' sticker to try 2 new clubs, a 'Bring A Friend' pass to gain ClassChart points and a loyalty card where they can receive treats once they hit several club visits.

We hope everyone enjoys the clubs this week!



TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BEFORE SCHOOL 7:30AM - 8:15AM	Running Club, Mr Blows	PE Coursework Mr Lockwood	Badminton Miss Waite	Dodgeball Miss Atkinson	
BREAKTIME 11:00AM - 11:30AM	Library Club All Years	Library Club All Years	Library Club All Years	Library Club All Years	Library Club All Years
LUNCH 1:30PM - 2:00PM	Formula 1 Miss House, A130 Library Club All Years Y7 Football (MUGA)	KS3 Art Mrs Derbyshire, A020 Y8 Football (MUGA) Basketball Mr Blows	Code Miss Gibbons, C002 KS3 Maths, MAAT Science Mr Druce, A116 GCSE Art Mrs Wallace, A020 Finding Your Voice - Poetry Performance Miss Ginglell, Drama Library Club All Years Y9 Football (MUGA) GCSE PE Revision Miss Waite	GCSE Art Mrs Wallace, A020 Library Club All Years Y10 Football (MUGA) Table Tennis Miss James	Games Miss Reddish, C001 Just Dance Miss Alexander, A135 GCSE Art Mrs Wallace, A020 Karaoke Mr Summers, Drama Library Club All Years Y11 Football (MUGA)
AFTER SCHOOL 3:10PM - 4:10PM	Library Club All Years	Library Club All Years Basketball All Years Mr Winyard Y7/8 Rugby Mr Blows Y9 Sports Leaders Miss Waite	Y11 DT Catch Up Miss Reddish, C004 Fashion & Textiles Mrs Derbyshire, C004 Library Club All Years All Years Cricket Mr Winyard Y7-9 Netball Miss Townley & Miss Waite PE Coursework Mr Blows	DofE Mrs Langdon, A137 School Musical (Cast) Miss Ginglell, Drama Library Club All Years Cheerleading Southend Elite All Years Football (boys & girls) Mr Blows, Mr Lockwood, Mr Winyard PE Coursework Miss Waite	School Musical (Cast) Miss Ginglell Drama All Years Hockey Miss Waite

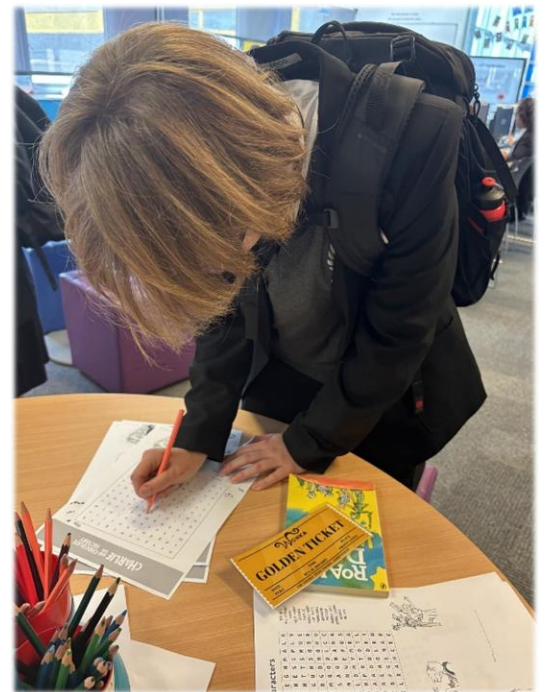
Breakfast Club is everyday from 7am-8:15am with FREE food available!

Roald Dahl Competition

Last week the library ran a Roald Dahl competition to "Find the golden ticket" in books in the library.

Due to popularity, the competition was extended and we had 16 winners who chose a free book from the book vending machine and got Class Chart points.

Well done to all who took part!





DofE Award



THE DUKE OF EDINBURGH'S AWARD

BRONZE AWARD

SIGN UP NOW!

YEAR 9 STUDENTS

Take on a new challenge, gain valuable skills and create memories for life!



CHALLENGE YOURSELF
EXPLORE NEW HORIZONS



COLLECT A LETTER FROM
MRS LANGDON



COST
£60



EXPEDITION

Plan, prepare and complete an adventure in the great outdoors.



VOLUNTEERING

Make a difference in your community and support others.



PHYSICAL

Get active and improve your fitness and wellbeing.



SKILLS

Build confidence, learn new skills and grow as an individual.



THE BRONZE AWARD...
More than just an award – it's a journey!

Be part of something bigger!

Christmas Fayre

We now have a date for our Christmas Fayre – 4 December!

It's never too early to mention Christmas!

Could any potential stall holders please message us to book.



SOUTHCHURCH HIGH

Christmas FAYRE

STALLS ★ FOOD ★ CRAFTS ★ GIFTS

4 December 2026 | 5-8PM | Southchurch Blvd

Degree Apprenticeship Webinar



Building a better future

JOIN OUR DEGREE APPRENTICESHIP WEBINAR

East of England



Tuesday 6th October 2026
7pm – 8pm



OUR VACANCIES

Find out about the degree apprenticeship opportunities we have available in the East of England.



HEAR FROM OUR APPRENTICES

Our current apprentices will share what they do, what they've learnt and why they chose Morgan Sindall.



HOW TO APPLY

We'll explain what we look for in an application and the process, so you can represent your best self on your CV.



MEET A PAST APPRENTICE

Find out what happens after the apprenticeship is completed and where your career could take you.



Q & A

Feel free to ask us lots of questions about our opportunities.

Please note that this webinar covers opportunities within the East of England (Norfolk, Suffolk, Essex and Cambridgeshire) only.



We will inform you of what we look for in an application so that you can represent your best self on your CV.

Please complete the form
<https://forms.cloud.microsoft/e/XQCLZxZi5M>
and you will be sent a link by 5pm on the day of the webinar.

Degree Apprenticeship Information Webinar: Tuesday 6th October 2026 7-8pm



Library Corner



Word of the Week:

JUSTIFY

verb

Definition: To give or be a good reason for

This week's theme is: Mental Health

Key date: 19 September

Did you know?

- In the last ten years, young people have overtaken older people as the group most likely to suffer from mental illness.
- Poorer people are more likely to suffer from mental health conditions than richer people
- Poor mental health is linked to physical illnesses and even dementia.

	2		7			5	6	
6				4		7		3
8	5					2		
7	3	5			6	9	1	8
	4			1			5	
				9		4		2
		6	3			1		4
		2						
5		4	1	7		3		

Fill the puzzle so that every row across, every column down and every 9 by 9 box contains the numbers 1-9

Find the word in the puzzle.

Words can go in any direction. Words can share letters as they cross over each other

Emotions
Exercise
Family
Friends
Health
Music
Selfcare
Support
Talk
Trust

S G K V X Y Q S K W D E K
C D T J L U N W K I X L L
G C N I W O O Z Z E K M A
T P M E I L H V R A W I T
Q A S T I B S C I I K W Y
F S O Q S R I L M Y C Y Y
X M E P S S F J V R M V L
E O A L E T S U R T U J A
K J Y Y F A Y J P R S B X
V O J A B C U V I U I B W
H E A L T H A C G I C R W
H D I S O G E R X V B U Q
S U P P O R T T E B W V X

LIBRARY INITIATIVES

Welcome to the Library

Miss Watson and Ms Strover would like to remind you that the library is open everyday during break & lunch and Monday-Thursday after school. The Library is a calm, quiet place to come and sit and read in one of our comfy reading areas or to enjoy boardgames; such as chess and scrabble.

Accelerated Reader

Well done to all our students who have already quizzed on the books they have read over the summer on Accelerated Reader. You will have moved up the ladder in the library and gained Class Chart points.

All points add to your house teams at the end of the year

After School Club: Monday-Thursday

The Library is open to all students after school to enjoy the same activities that we have running at break & lunch.

Students have access to the computers for study or coursework. These activities run until 4.30pm.

Important Information

Accelerated Reader

Remember to quiz each book you finish on Accelerated Reader to add to your word count. There are prizes for all students who climb our ladder and reach the word count goals. See the librarians for your login details.

Teams Page

Remember to check the library teams page for updates and announcements, news articles and Accelerated Reader leader board information.

