

Autumn 1 Time Travel	Autumn 2 Planet Earth	Spring 1 Heroes and Villains	Spring 2 What's in the news?	Summer 1 Food for thought	Summer 2 Incredible Humans
Introduction to all 4 learning muscles	Resilience	Resourcefulness	Reciprocity	Reflectiveness	Review of all 4 learning muscles
	Early Years Managing Distractions	Early Years Reasoning	Early Years Collaboration	Early Years Planning	
	Key Stage One Perseverance	Key Stage One Imagining	Key Stage One Interdependence	Key Stage One Distilling	
	Lower Key Stage Two Absorption	Lower Key Stage Two Capitalising	Lower Key Stage Two Empathy and Listening	Lower Key Stage Two Revising	
	Upper Key Stage Two Noticing	Upper Key Stage Two Making Links	Upper Key Stage Two Imitation	Upper Key Stage Two Meta-learning	
	L	Whole School Focus Questioning		L	1