

## Summer 1 (Cycle A): Food for Thought – Healthy Living

Subject	EY link	Declarative knowledge	Procedural knowledge
<b>Communication &amp; Language</b>	<b>LA:</b> 30-50, 40-60+, ELG <b>U:</b> 30-50, 40-60+, ELG <b>S:</b> 30-50, 40-60+, ELG	<u>Listening and Attention</u> <ul style="list-style-type: none"> <li>I know how to pay attention and listen to stories attentively.</li> </ul> <u>Understanding</u> <ul style="list-style-type: none"> <li>I know how to use prepositional language.</li> <li>I know how to respond to simple instructions.</li> <li>I know how to use more complex sentences to link my thoughts.</li> <li>I know how to question why things happen.</li> <li>I know how to respond to instructions using a two-part sequence.</li> </ul> <u>Speaking</u> <ul style="list-style-type: none"> <li>I know how to extend my vocabulary by grouping and naming and exploring new words.</li> <li>I know how to use talk to organise my thoughts.</li> </ul>	<ul style="list-style-type: none"> <li>I can pay attention and listen to both fiction and non-fiction stories about food.</li> <li>I can talk about how food is presented and packaged.</li> <li>I can follow a recipe.</li> <li>I can extend my sentences to include language I have learnt about food.</li> <li>I can talk about different food processes and observe changes that happen in food.</li> <li>I can discuss the different food groups and talk about what I have learnt.</li> </ul>
<b>PSED</b>	<b>MR:</b> 30-50, 40-60+, ELG <b>SCSA:</b> 30-50, 40-60+, ELG <b>MFB:</b> 30-50, 40-60+, ELG	<u>Making Relationships</u> <ul style="list-style-type: none"> <li>I know how to play in a group and have my own ideas.</li> <li>I know how to select the toys I want to play with</li> </ul> <u>Managing Feelings and Behaviour</u> <ul style="list-style-type: none"> <li>I know how to ask for help when I need it.</li> <li>I know how to share and take turns.</li> <li>I know how to tell other people what I am interested in. I know how to play cooperatively with others and follow rules.</li> </ul>	<ul style="list-style-type: none"> <li>I can pretend to be a shopkeeper in the role play area.</li> <li>I can choose my own learning.</li> <li>I can be confident and ask for help with my learning.</li> <li>I can play games with other children and wait for my turn.</li> <li>I can wait my turn in baking and tasting activities.</li> <li>I can talk about my favourite food and why I like it.</li> <li>I can tell a grown up what I have made and how I made it.</li> </ul>
<b>Physical</b>	<b>MH:</b> 30-50, 40-60+, ELG <b>HSC:</b> 30-50, 40-60+, ELG	<u>Moving and Handling</u> <ul style="list-style-type: none"> <li>I know how to hold a pencil and copy some letters.</li> </ul> <u>Health and Self Care</u> <ul style="list-style-type: none"> <li>I know why I need to wash my hands.</li> <li>I know what happens to my body when I exercise.</li> <li>I know how to use equipment and tools safely and effectively.</li> <li>I know why it is important to have a healthy diet.</li> </ul>	<ul style="list-style-type: none"> <li>I can draw and label pictures of food.</li> <li>I can wash my hands before eating, after using the toilet and when preparing food.</li> <li>I can talk about the effects of exercise and diet on my body.</li> <li>I can use spoons, mashers, knives, bowls, forks and one handed cooking equipment safely.</li> <li>I can talk about healthy and unhealthy food.</li> </ul>
<b>Maths</b>	<b>N:</b> 30-50, 40-60+, ELG <b>SSM:</b> 30-50, 40-60+, ELG	<u>Number</u> <ul style="list-style-type: none"> <li>I know how to count reliably with numbers 1-20.</li> <li>I know how to add and subtract two single digit numbers.</li> <li>I know how to solve mathematical problems.</li> </ul> <u>Shape, Space and Measure</u> <ul style="list-style-type: none"> <li>I know how to use language related to money and weight.</li> </ul>	<ul style="list-style-type: none"> <li>I can count 20 pieces of fruit.</li> <li>I can play in the fruit shop and add together the prices of two pieces of fruit to make a total.</li> <li>I know how to use scales to weigh fruit and vegetables.</li> <li>I can talk about the shapes of everyday food objects.</li> </ul>
<b>Literacy</b>	<b>R:</b> 30-50, 40-60+, ELG <b>W:</b> 30-50, 40-60+, ELG	<u>Reading</u> <ul style="list-style-type: none"> <li>I know how to listen to a story attentively.</li> <li>I know how to recognise familiar words and signs.</li> <li>I know how to use a book and computer to find information.</li> <li>I know how to use new words I have learnt in the correct context.</li> </ul> <u>Writing</u> <ul style="list-style-type: none"> <li>I know how to apply my phonic knowledge in different contexts.</li> </ul>	<ul style="list-style-type: none"> <li>I can talk about what happens in a story I have heard.</li> <li>I can recognise food labels and shop logos in my local environment.</li> <li>I can find out facts about where food comes from and the different food groups. I can talk about the different types of food and which food group they belong to.</li> <li>I can label pictures and write sentences about food and food groups.</li> </ul>
<b>Understanding the World</b>	<b>PC:</b> 30-50, 40-60+, ELG <b>W:</b> 30-50, 40-60+, ELG	<u>People and Communities</u> <ul style="list-style-type: none"> <li>I know that people have different occupations and ways of life.</li> <li>I know what makes me and my family special.</li> <li>I know how to talk about what happens in my own life.</li> </ul> <u>The World</u> <ul style="list-style-type: none"> <li>I know how food grows and changes over time.</li> <li>I know how to look after things that grow.</li> </ul> <u>Technology</u> <ul style="list-style-type: none"> <li>I know how to make toys work by pressing buttons.</li> </ul>	<ul style="list-style-type: none"> <li>I can talk about jobs that people have involving food.</li> <li>I can talk about the food that I like and dislike.</li> <li>I can talk about food from other cultures.</li> <li>I can plant a seed and watch it grow.</li> <li>I can take care of a living thing.</li> <li>I can role-play using cooking utensils and electronic kitchen accessories.</li> <li>I can talk about where different foods come from in different parts of the world.</li> <li>I can make a fruit salad.</li> </ul>

<p style="text-align: center;"><b>Creative</b></p>	<p><b>EUMM:</b> 30-50, 40-60+, ELG <b>BI:</b> 30-50, 40-60+, ELG</p>	<p><u>Exploring Using Media and Materials</u></p> <ul style="list-style-type: none"> <li>• I know how colours and textures can be changed.</li> <li>• I know how to use tools for a purpose.</li> <li>• I know how to combine media to create new effects.</li> </ul> <p><u>Being Imaginative</u></p> <ul style="list-style-type: none"> <li>• I know how to construct with a purpose in mind.</li> </ul>	<ul style="list-style-type: none"> <li>• I can use resources around me to create props to support role play in relation to food and food products.</li> <li>• I can play alongside other children in the role play area and pretend to be a farmer or a chef.</li> <li>• I can have my own ideas and use resources to show what I have learnt using different medias and movement.</li> </ul>
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