

## Summer 2 (Cycle B): Survival of the Fittest – Healthy Bodies, Healthy Minds

Subject	EYFSp link	Declarative knowledge	Procedural knowledge
<b>Communication &amp; Language</b>	<b>LA:</b> 30-50, 40-60+, ELG <b>U:</b> 30-50, 40-60+, ELG <b>S:</b> 30-50, 40-60+, ELG	<u>Listening and Attention</u> <ul style="list-style-type: none"> <li>I know how to respond to simple instructions.</li> </ul> <u>Speaking</u> <ul style="list-style-type: none"> <li>I know how to speak in complex sentences.</li> <li>I know how to respond to instructions using a two-part sequence.</li> <li>I know how to extend my vocabulary by grouping and naming and exploring new words.</li> <li>I know how to use talk to organise my thoughts.</li> </ul>	<ul style="list-style-type: none"> <li>I can pay attention and listen to both fiction and non-fiction books about healthy living.</li> <li>I can extend my sentences to include language I have learnt about exercise.</li> <li>I can link spoken statements with 'and' or 'because'</li> <li>I can talk about different food processes and observe changes that happen in food.</li> <li>I can talk about different organs in the body and what they do</li> </ul>
<b>PSED</b>	<b>MR:</b> 30-50, 40-60+, ELG <b>SCSA:</b> 30-50, 40-60+, ELG <b>MFB:</b> 30-50, 40-60+, ELG	<u>Making Relationships</u> <ul style="list-style-type: none"> <li>I know how to play in a group and have my own ideas.</li> <li>I know how to select the toys I want to play with.</li> </ul> <u>Managing Feelings and Behaviour</u> <ul style="list-style-type: none"> <li>I know how to ask for help when I need it.</li> <li>I know how to share and take turns.</li> <li>I know how to tell other people what I am interested in.</li> <li>I know how to play cooperatively with others and follow rules.</li> </ul>	<ul style="list-style-type: none"> <li>I can pretend to be a fitness instructor in the role-play area.</li> <li>I can choose my own learning.</li> <li>I can be confident and ask for help with my learning.</li> <li>I can play games with other children and wait for my turn.</li> <li>I can wait my turn in baking and tasting activities.</li> <li>I can talk about my favourite food and why I like it.</li> <li>I can tell a grown up what I have made and how I made it.</li> </ul>
<b>Physical</b>	<b>MH:</b> 30-50, 40-60+, ELG <b>HSC:</b> 30-50, 40-60+, ELG	<u>Moving and Handling</u> <ul style="list-style-type: none"> <li>I know how to hold a pencil and copy some letters.</li> </ul> <u>Health and Self Care</u> <ul style="list-style-type: none"> <li>I know why I need to wash my hands.</li> <li>I know what happens to my body when I exercise.</li> <li>I know how to use equipment and tools safely and effectively.</li> <li>I know why it is important to have a healthy diet.</li> </ul>	<ul style="list-style-type: none"> <li>I can draw and label parts of the body.</li> <li>I can wash my hands before eating, after using the toilet and when preparing food.</li> <li>I can talk about the effects of exercise and diet on my body.</li> <li>I can use spoons, mashers, knives, bowls, forks and one handed cooking equipment safely.</li> <li>I can talk about healthy and unhealthy food.</li> </ul>
<b>Maths</b>	<b>N:</b> 30-50, 40-60+, ELG <b>SSM:</b> 30-50, 40-60+, ELG	<u>Number</u> <ul style="list-style-type: none"> <li>I know my multiples of 10</li> <li>I know my Learn-Its</li> <li>I know how to add and subtract single-digit numbers</li> <li>I know how to compare quantities</li> </ul> <u>Shape, Space and Measures</u> <ul style="list-style-type: none"> <li>I know how to record running times of sprinters</li> </ul>	<ul style="list-style-type: none"> <li>I can count in tens</li> <li>I can say how many to make a given multiple of ten</li> <li>I can write my multiples of ten in order</li> <li>I can recall my Learn-It's from memory</li> <li>I can show my Learn-It's on my fingers</li> <li>I can count on and back on a number track</li> <li>I can add using Numicon</li> <li>I can use heavier/lighter, longer/shorter, further/nearer to describe things</li> <li>I can measure in seconds</li> <li>I can record the number of seconds in a chart</li> <li>I can say who sprinted the fastest</li> </ul>
<b>Literacy</b>	<b>R:</b> 30-50, 40-60+, ELG <b>W:</b> 30-50, 40-60+, ELG	<u>Reading</u> <ul style="list-style-type: none"> <li>I know how to listen to a story attentively.</li> <li>I know how to recognise familiar words and signs.</li> <li>I know how to use a book and computer to find information.</li> <li>I know how to use new words I have learnt in the correct context.</li> <li>I know how to read a simple non-fiction book.</li> </ul> <u>Writing</u> <ul style="list-style-type: none"> <li>I know how to write sentences.</li> </ul>	<ul style="list-style-type: none"> <li>I can talk about what happens in a story I have heard.</li> <li>I can recognise food labels and shop logos in my local environment.</li> <li>I can find out facts about where food comes from in information books</li> <li>I can talk about the different types of food and which food group they belong to.</li> <li>I can label pictures and write sentences about the body.</li> <li>I can write sentences using full stops, capital letters, finger spaces.</li> <li>I can write sentences with words I segmented using my Fred-Fingers.</li> </ul>
<b>Understanding the World</b>	<b>PC:</b> 30-50, 40-60+, ELG <b>W:</b> 30-50, 40-60+, ELG	<u>People and Communities</u> <ul style="list-style-type: none"> <li>I know about differences between grown-ups and babies.</li> <li>I know what different parts of the body are for.</li> <li>I know what happens when we exercise.</li> </ul> <u>The World</u> <ul style="list-style-type: none"> <li>I know how to look after things that grow.</li> <li>I know how food affects our bodies</li> </ul>	<ul style="list-style-type: none"> <li>I can find out what we learn to do with our bodies as we grow up.</li> <li>I can talk about the things I do now that I couldn't when I was younger.</li> <li>I can talk about what different organs do: skeleton, muscles, lungs and heart</li> <li>I can talk about what we use eyes, noses, ears, arms, legs and hands for</li> <li>I can talk about my heartbeat and breathing after I exercise.</li> <li>I can plant a radish seed and give it water to grow</li> <li>I can describe how a plant changes as it grows.</li> <li>I can talk about places I can keep fit near my home.</li> <li>I can programme a beebot.</li> </ul>

<b>Creative</b>	<b>EUMM:</b> 30-50, 40-60+, ELG <b>BI:</b> 30-50, 40-60+, ELG	<u>Exploring Using Media and Materials</u> <ul style="list-style-type: none"><li>• I know how colours and textures can be changed.</li><li>• I know how to use tools for a purpose.</li><li>• I know how to combine media to create new effects.</li><li>• I know how to construct with a purpose in mind.</li></ul>	<ul style="list-style-type: none"><li>• I can use resources around me to create props to support role-play in relation to exercise and healthy living.</li><li>• I can play alongside other children in the role-play area and pretend to be a fitness instructor.</li><li>• I can have my own ideas and use resources to show what I have learnt using different medias and movement.</li></ul>
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