

| Cycle A | | 1 Time Travel | 2 Planet Earth | 3 Heroes and Villains | 4 What's in the News? | 5 Food for Thought | 6 Incredible Humans |
|---------|-----|--|--|--|---|--|--|
| | EY | <p>Being Me in My World</p> <ol style="list-style-type: none"> Who... Me?! How am I feeling today? Being at Nursery/Pre-school Gentle Hands Our rights Our responsibilities | <p>Celebrating Difference</p> <ol style="list-style-type: none"> What I am good at I'm special, I'm me! Families Houses and homes Making Friends Standing up for yourself | <p>Dreams and Goals</p> <ol style="list-style-type: none"> Challenge Never giving up Setting a goal Obstacles and support Flight to the future Award Ceremony | <p>Healthy Me</p> <ol style="list-style-type: none"> Everybody's body We like to move it, move it! Food, glorious food Sweet Dreams Keeping clean Stranger Danger | <p>Relationships</p> <ol style="list-style-type: none"> My family and Me! Make friends, make friends, never ever break friends (Part 1) As above (Part 2) Falling out and bullying (Part 1) As above (Part 2) Being the best friend we can be | <p>Changing Me</p> <ol style="list-style-type: none"> My body Respecting my body Growing up Growth and change (F1) Fun and Fears (F2) Fun and fears Celebration |
| | 1/2 | <p>Being Me in My World (Y1 Unit) Unit</p> <ol style="list-style-type: none"> Special and Safe My class Rights and responsibilities Rewards and Feeling proud Consequences Owning our Learning charter | <p>Celebrating Difference (Y1 Unit)</p> <ol style="list-style-type: none"> The same as... Different from... What is 'bullying'? What do I do about bullying? Making new friends Celebrating difference; Celebrating me. | <p>Dreams and Goals (Y1 Unit)</p> <ol style="list-style-type: none"> My Treasure chest of success Steps to Goals Achieving together Stretchy Learning Overcoming obstacles Celebrating my success | <p>Healthy Me (Y1 Unit)</p> <ol style="list-style-type: none"> Being Healthy Healthy Choices Clean and Healthy Medicine Safety Road Safety Happy, healthy Me | <p>Relationships (Y1 Unit)</p> <ol style="list-style-type: none"> Families Making friends Greetings People who help us Being my own best friend Celebrating my special relationships | <p>Changing Me (Y1 Unit)</p> <ol style="list-style-type: none"> Lifecycles Changing me My changing body Boys' and girls' bodies Learning and growing Coping with changes <p>Changing Me (Y2 Unit)</p> <ol style="list-style-type: none"> Life cycles in nature Growing from young to old The changing me Boys' and girls' bodies Assertiveness Looking ahead |
| | 3/4 | <p>Being Me in My World (Y3 Unit)</p> <ol style="list-style-type: none"> Getting to know each other Our nightmare school Our dream school Rewards and consequences Our learning charter Owning our Learning charter | <p>Celebrating Difference (Y3 Unit)</p> <ol style="list-style-type: none"> Families Family conflict Witness and feelings Witness and solutions Words that harm Celebrating difference – compliments | <p>Dreams and Goals (Y3 Unit)</p> <ol style="list-style-type: none"> Dreams and goals My dreams and ambitions A new challenge Our new challenge Our new challenge – overcoming obstacles Celebrating my learning | <p>Healthy Me (Y3 Unit)</p> <ol style="list-style-type: none"> Being fit and healthy Being fit and healthy What do I know about drugs? Being safe Being safe at home My amazing body | <p>Relationships (Y3 Unit)</p> <ol style="list-style-type: none"> Family roles and responsibilities Friendship Keeping myself safe Being a Global Citizen 1 Being a Global Citizen 2 Celebrating my web of relationships | <p>Changing Me (Y3 Unit)</p> <ol style="list-style-type: none"> How babies grow Babies Outside body changes Inside body changes Family stereotypes Looking ahead <p>Changing Me (Y4 Unit)</p> <ol style="list-style-type: none"> Unique me Having a baby Girls and puberty Circles of change Accepting change Looking ahead |
| | | <p>Being Me in My World (Y5 Unit)</p> <ol style="list-style-type: none"> My Year Ahead Being Me In Britain (Y5 Unit) Responsibilities Rewards and Consequences Our Learning Charter Owning Our Learning Charter | <p>Celebrating Difference (Y5 Unit)</p> <ol style="list-style-type: none"> Different Cultures Racism Rumours and Name Calling Types of Bullying Does Money Matter? Celebrating Difference Across the World | <p>Dreams and Goals (Y5 Unit)</p> <ol style="list-style-type: none"> When I Grow Up Investigate Jobs and Careers My Dream Job, Why I want it and the steps to get there Dreams and Goals for Young People in Other Cultures How Can We Support Each Other? Rallying Support | <p>Healthy Me (Y5 Unit)</p> <ol style="list-style-type: none"> Smoking Alcohol Emergency Aid Body Image My Relationship with Food Healthy Me | <p>Relationships (Y5 Unit)</p> <ol style="list-style-type: none"> Recognising Me Getting on and Falling Out Girlfriends and Boyfriends Girlfriends and Boyfriends Relationships and Technology Relationships and Technology | <p>Changing Me (Y5 Unit)</p> <ol style="list-style-type: none"> Self and Body Image Puberty for Girls Puberty for Boys Conception Looking Ahead <p>Changing Me (Y6 Unit and School Nurse Visit)</p> <ol style="list-style-type: none"> My Self Image Puberty Girl Talk/Boy Talk Babies - Conception to Birth Attraction Transition to Secondary School |

| | 1 Kings and Queens | 2 A Drop in the Ocean | 3 A Stitch in Time | 4 A Helping Hand | 5 Battle of the Authors | 6 Survival of the Fittest |
|------------|---|--|--|--|--|--|
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| 1/2 | <p>Being Me in My World (Y2 Unit)</p> <ol style="list-style-type: none"> Hopes and fears for the year Rights and responsibilities Rewards and consequences Rewards and consequences Our Learning charter Owning our learning charter | <p>Celebrating Difference (Y2 Unit)</p> <ol style="list-style-type: none"> Boys and girls Boys and girls Why does bullying happen? Standing up for myself and others Making a new friend Celebrating difference and still being friends | <p>Dreams and Goals (Y2 Unit)</p> <ol style="list-style-type: none"> Goals to success My learning strengths Learning with others A group challenge Continuing our group challenge Celebrating our achievement | <p>Healthy Me (Y2 Unit)</p> <ol style="list-style-type: none"> Being healthy Being relaxed Medicine safety Healthy eating Healthy eating The healthy me café | <p>Relationships (Y2 Unit)</p> <ol style="list-style-type: none"> Families Keeping safe – exploring physical contact Friends and conflict Secrets Trust and appreciation Celebrating my special relationships | <p>Changing Me (Y1 Unit)</p> <ol style="list-style-type: none"> Lifecycles Changing me My changing body Boys' and girls' bodies Learning and growing Coping with changes <p>Changing Me (Y2 Unit)</p> <ol style="list-style-type: none"> Life cycles in nature Growing from young to old The changing me Boys' and girls' bodies Assertiveness Looking ahead |
| 3/4 | <p>Being Me in My World (Y4 Unit)</p> <ol style="list-style-type: none"> Becoming a class 'Team' Being a school citizen Rights, responsibilities and democracy Rewards and consequences Our Learning charter Owning our learning charter | <p>Celebrating Difference (Y4 Unit)</p> <ol style="list-style-type: none"> Judging by appearances Understanding influences Understanding bullying Problem solving Special me Celebrating difference – How we look | <p>Dreams and Goals (Y4 Unit)</p> <ol style="list-style-type: none"> Hopes and dreams Broken dreams Overcoming disappointment Creating new dreams Achieving new goals We did it! | <p>Healthy Me (Y4 Unit)</p> <ol style="list-style-type: none"> My friends and me Group dynamics Smoking Alcohol Healthy Friendships Celebrating my inner strength and assertiveness | <p>Relationships (Y4 Unit)</p> <ol style="list-style-type: none"> Relationship web Love and loss Memories Are animals special? Special Pets Celebrating my relationships with people and animals | <p>Changing Me (Y3 Unit)</p> <ol style="list-style-type: none"> How babies grow Babies Outside body changes Inside body changes Family stereotypes Looking ahead <p>Changing Me (Y4 Unit)</p> <ol style="list-style-type: none"> Unique me Having a baby Girls and puberty Circles of change Accepting change Looking ahead |
| 5/6 | <p>Being Me in My World (Y6 Unit)</p> <ol style="list-style-type: none"> My Year Ahead Being a Global Citizen 1 Being a Global Citizen 2 The Learning Charter Our Learning Charter Owning Our Learning Charter | <p>Celebrating Difference (Y6 Unit)</p> <ol style="list-style-type: none"> Am I normal? Understanding Disability Power Struggles Why Bully? Celebrating Difference | <p>Dreams and Goals (Y6 Unit)</p> <ol style="list-style-type: none"> Personal Learning Goals Steps to Success My Dreams for the World Helping to Make a Difference Recognising Our Achievements | <p>Healthy Me (Y6 Unit)</p> <ol style="list-style-type: none"> Food Drugs Alcohol Emergency Aid Emotional and Mental Health Managing Stress | <p>Relationships (Y6 Unit)</p> <ol style="list-style-type: none"> My Relationship Web Love and Loss 1 Love and Loss 2 Power and Control Being Safe with Technology 1 Being Safe with Technology 2 | <p>Changing Me (Y5 Unit)</p> <ol style="list-style-type: none"> Self and Body Image Puberty for Girls Puberty for Boys Conception Looking Ahead <p>Changing Me (Y6 Unit including School Nurse Visit)</p> <ol style="list-style-type: none"> My Self Image Puberty Girl Talk/Boy Talk Babies - Conception to Birth Attraction Transition to Secondary School |