

Y1 PSHE / Jigsaw Half-Termly Overview:

Being Me in My World, Autumn 1, 2022



In this unit, the children are introduced to their class Jigsaw Charter. As part of this they discuss rights and responsibilities, choices and consequences. The children talk about being special and how to make everyone feel safe in their class as well as recognising their own safety.

Knowledge	Social and Emotional Skills	Questions for family learning
<ul style="list-style-type: none"> • Understand the rights and responsibilities of a member of a class • Understand that their views are important • Understand that their choices have consequences • Understand their own rights and responsibilities with their classroom 	<ul style="list-style-type: none"> • Understanding that they are special • Understand that they are safe in their class • Identifying helpful behaviours to make the class a safe place • Identify what it's like to feel proud of an achievement • Recognise feelings associated with positive and negative consequences • Understand that they have choices 	<ul style="list-style-type: none"> • What do you do in class to help other children? • What do you do to help your teacher? • What does it feel like to be safe? • Can you tell me something you were really proud of? How did it make you feel 'inside'? • What sort of things does your teacher say or do when they are pleased? • What choices can you make to be helpful and kind in school and at home? • What are the Jigsaw Friends in your class called? • How are the Jigsaw Friends used in your Jigsaw lessons? • Can you tell me about Calm Me time?

Key Vocabulary:



safe, special, calm, belonging, rights, responsibilities, learning charter, rewards, proud, consequences, upset, disappointed, illustration