Inspire Jiu Jitsu Assembly

Today the kids watched and took part in an exciting demonstration from Inspire Jiu Jitsu. They have a full time studio just 5mins from the school and have classes from 4years old right up to adults wanting to try something new.

They are taking free trials from now through December so if you're child would like to try more you can reach them with the details below.

Email: Inspirebjjuk@gmail.com

Phone Coach David: 07515 560 201