

Year Group	Nursery and Reception	
Term 1	<b><u>Locomotion (Agility)</u></b>	
	<b><u>Skills to be taught:</u></b>	
	Walking	Movement at different
	Running	Jumping
	Skipping	
	Dodging	
	Finding space	
Term 2	<b><u>Stability (Balance)</u></b>	
	<b><u>Skills to be taught:</u></b>	
	Jumping	
	Hopping	
	Skipping	
	Static balance	
	Landing	
Term 3	<b><u>Manipulation (Cordination)</u></b>	
	<b><u>Skills to be taught:</u></b>	
	Throwing	
	Catching	
	Kicking	
Term 4	<b><u>Dance</u></b>	
	<b><u>Skills to be taught:</u></b>	
	Responding to music	Movement at different
	Apply agility and balance movements	Finding the beat
	Follow instructions	
	Copy and demonstrate movements	
	Recognise speed of music	
Work individually, with partners or groups		
Term 5	<b><u>Recap of ABC's</u></b>	
	<b><u>Skills to be recap:</u></b>	
	Throwing	Jumping
	Catching	Hopping
	Kicking	Skipping
		Static balance
	Landing	
Term 6	<b><u>Athletics</u></b>	
	<b><u>Incorporate skills previously taught:</u></b>	
	Running	
	Jumping	
	Landing	
	Throwing	

	Year 1/2	
	<b><u>Locomotion (Agility)</u></b>	
	<b><u>Skills to be taught:</u></b>	
ent levels	Walking	Hopping
	Running	
	Skipping	
	Dodging	
	Jumping	
	<b><u>Stability (Balance)</u></b>	
	<b><u>Skills to be taught:</u></b>	
	Jumping	Landing
	Hopping	Roation
	Skipping	
	Static balance	
	Dynamic balance	
	<b><u>Manipulation (Cordination)</u></b>	
	<b><u>Skills to be taught:</u></b>	
	Throwing	
	Catching	
	Kicking	
	<b><u>Invasion Games</u></b>	
	<b><u>Skills to be taught:</u></b>	
ent levels	Attacking	
	Defending	
	Team Games	
	Teamwork	
	<b><u>Striking (with implement)</u></b>	
	<b><u>Skills to be taught:</u></b>	
Walking	Striking with hands	Catching
Running	Striking with bat	
Skipping	Striking with racket	
Dodging	Kicking	
Finding space	Throwing	
	<b><u>Athletics</u></b>	
	<b><u>Incorporate skills previously taught:</u></b>	
	Running	
	Jumping	
	Landing	
	Throwing	

Year 3/4

**Orienteering/Problem Solving**

**Skills to be taught:**

Following a map	Obstacle courses
Making a map	Treasure hunts
Setting up routes and following routes	Physical puzzles
Trust activities	
Team work	

**Invasion Games**

**Skills to be taught through games:**

**Apply skills from KS1 In combination through games:**

Running	<b><u>Sporting links:</u></b>
Dogding	Football
Jumping	Tag rugby
Throwing	Basketball
Catching	Netball
Kicking	Handball
Attacking	Hockey
Defending	
Striking with implement	
Team work	
Tactics/Strategies/Roles	
Individual analysis	

**Net and Wall**

**Skills to be taught through games:**

Striking with body parts	<b><u>Sporting links:</u></b>
Striking with implement (Racket based)	Badminton
Tactics/Strategies/Roles	Tennis
Individual analysis	Volleyball
	Seated volleyball
	Squash

**Striking and Fielding**

**Skills to be taught through games:**

Throwing	<b><u>Sporting links:</u></b>
Catching	Cricket
Striking with implement	Rounders
Tactics/Strategies/Roles	Softball
Individual analysis	

**Athletics**

**Incorporate skills previously taught:**

Apply ABC into individual events:	Individual analysis (My personal best)
Sprinting-short distance/Relay	
Running- longer distance	
Throwing for length	
Jumping for length/height	

Year 5/6	
<b><u>Orienteering/Problem Solving</u></b>	
<b><u>Skills to be taught:</u></b>	
Following a map	Obstacle courses
Making a map	Treasure hunts
Setting up routes and following routes	Physical puzzles
Trust activities	Use of a compass
Team work	Analysis performance/Feedback
<b><u>Invasion Games</u></b>	
<b><u>Skills to be taught through games:</u></b>	
<b><u>Apply skills from KS1 In combination through games:</u></b>	
Running	Officiating/Competition running
Dogding	<b><u>Sporting links:</u></b>
Jumping	Football
Throwing	Tag rugby
Catching	Basketball
Kicking	Netball
Attacking	Handball
Defending	Hockey
Striking with implement	
Team work	
Tactics/Strategies/Roles	
Individual analysis/Team analysis	
<b><u>Net and Wall</u></b>	
<b><u>Skills to be taught through games:</u></b>	
Striking with body parts	<b><u>Sporting links:</u></b>
Striking with implement (Racket based)	Badminton
Tactics/Strategies/Roles	Tennis
Individual analysis/Team analysis	Volleyball
Officiating/Competition running	Seated volleyball
	Squash
<b><u>Striking and Fielding</u></b>	
<b><u>Skills to be taught through games:</u></b>	
	Officiating/Competition running
Throwing	<b><u>Sporting links:</u></b>
Catching	Cricket
Striking with implement	Rounders
Tactics/Strategies/Roles	Softball
Individual analysis/Team analysis	
<b><u>Athletics</u></b>	
<b><u>Incorporate skills previously taught:</u></b>	
Apply ABC into individual events:	Individual analysis (My personal best)
Sprinting-short distance/Relay	Officiating/Competition running
Running- longer distance	
Throwing for length	
Jumping for length/height	

Swimming	Competitions- Start 21/22	
Year 3	Intrahouse Football	Set Tra
Year 3	Intrahouse Hockey	Sports Tra
Year 4	Intrahouse Netball	Sports Tra
Year 4	Intrahouse Tennis	Sports Tra
Year 5	Intrahouse Cricket/Rounders	Sports Tra
Year 6	Sports Day	Sports Tra Sp

Other Notes	Clubs
<p>Up Sport Ambassadors</p> <p>Main Sport Ambassadors</p> <p>Physical Champion</p>	<p>Monday- Bootcamp- JM</p> <p>Tuesday- Y5/6 Football- JM</p> <p>Thursday - Reception/Y1/Y2 Multi Skills-JC</p>
<p>S Ambassadors- Lunchtime</p> <p>Main Sport Ambassadors</p> <p>Social Champion</p>	<p>Monday- Bootcamp- JM</p> <p>Tuesday- Y5/6 Football- JM</p> <p>Thursday - Reception/Y1/Y2 Multi Skills-JC</p>
<p>S Ambassadors- Lunchtime</p> <p>Main Sport Ambassadors</p> <p>Plan Sports Week</p> <p>Thinking Champion</p>	<p>Monday- Bootcamp- JM</p> <p>Tuesday- Y5/6 Football- JM</p> <p>Thursday - Reception/Y1/Y2 Multi Skills-JC</p>
<p>S Ambassadors- Lunchtime</p> <p>Main Sport Ambassadors</p> <p>Physical Champion</p>	<p>Monday- Bootcamp- JM</p> <p>Tuesday- Y5/6 Football- JM</p> <p>Thursday - Reception/Y1/Y2 Multi Skills-JC</p>
<p>S Ambassadors- Lunchtime</p> <p>Main Sport Ambassadors</p> <p>Social Champion</p>	<p>Monday- Bootcamp- JM</p> <p>Tuesday- Y5/6 Football- JM</p> <p>Thursday - Reception/Y1/Y2 Multi Skills-JC</p>
<p>S Ambassadors- Lunchtime</p> <p>Main Sport Ambassadors</p> <p>Spors Week</p> <p>Thinking Champion</p> <p>ortsperson of the year</p>	<p>Monday- Athletics- JM</p> <p>Tuesday- Y5/6 Football- JM</p> <p>Thursday - Reception/Y1/Y2 Multi Skills-JC</p>