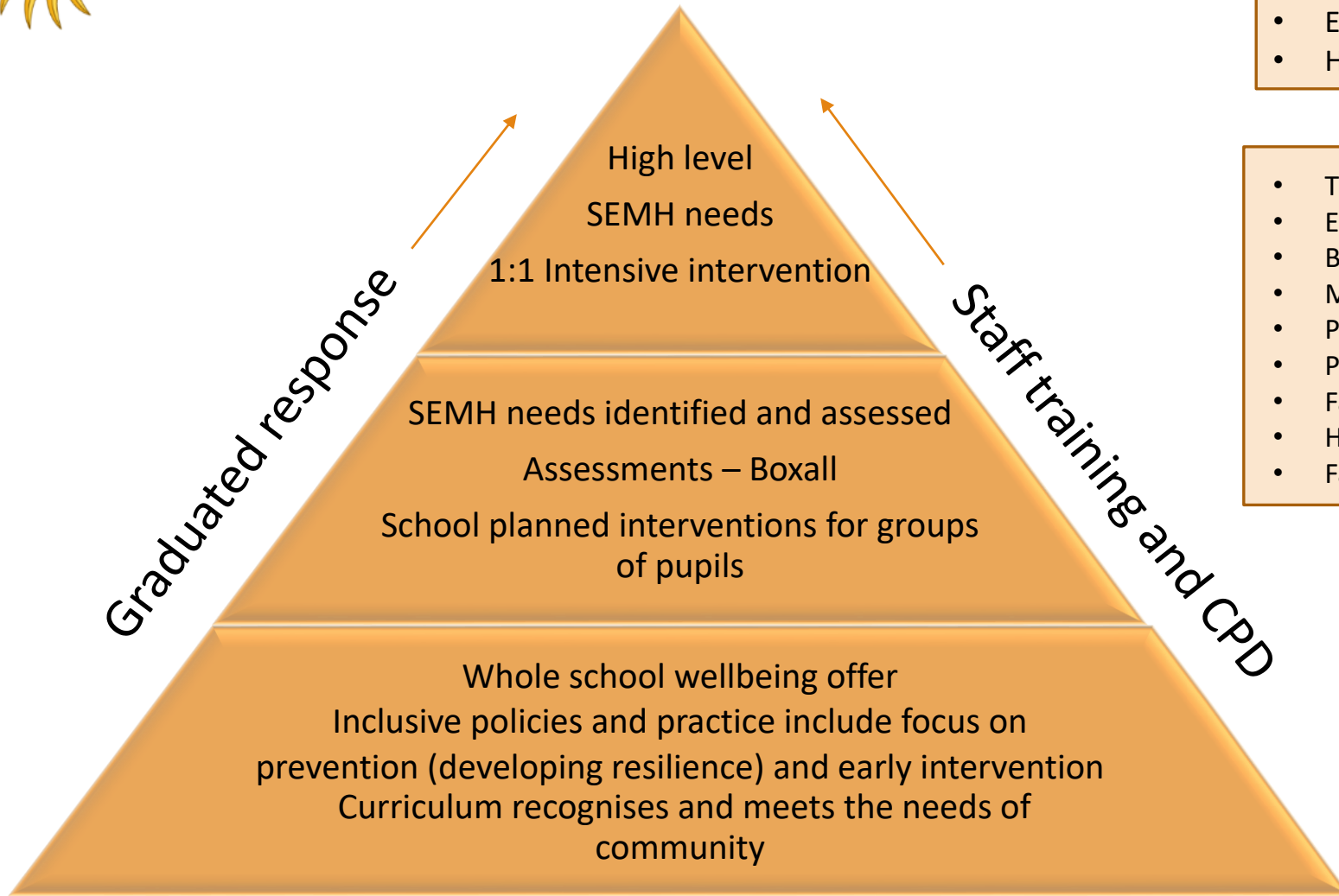


**SEMH provision
3 waves of support – Southwold School Offer**



- ELSA/Learning Mentor
- HSLW

- Time to Talk
- ELSA
- Breakfast Club
- Mindfulness Colouring Club
- Pick & Mix (intervention)
- Play Therapy
- Family SEAL
- HSLW
- Family Links/Jigsaw Families

- Calm Boxes in every classroom
- Worry Monsters in every classroom
- Play Stop (lunch time provision)
- Zones of Regulation
- Rainbow Room (Nurture)
- Learning Mentor employed
- Jigsaw PSHE curriculum
- Values Based Education
- Building Learning Power
- Mindfulness implemented 8.45am in every class, daily