

Spa Bermondsey Newsletter

February may be the shortest month—but we still had lots of exciting events at Spa Bermondsey!

We took a group of KS4 pupils to the Oval to complete in a table cricket competition. Paula, our PE lead, is confident that we will progress to the next round as the group won the majority of their matches. The pupils had a really fun day out. We will keep you posted about our next matches!



Teen Life Parent sessions

This term, we completed our first cohort of our Teen Life Parent Sessions. This six-week programme, designed by the National Autistic Society, was led by our Family Support Worker, Shervinia. The sessions covered a range of topics including understanding autism, stress and anxiety, puberty, education and the transition to adulthood. Parent feedback was overwhelmingly positive.

Spaces for our next cohort will be made available very soon.



The Nest Wellbeing sessions

We have had the Nest in this month to carry out workshops with different class groups. The sessions focus on wellbeing and teach the pupils how to recognise when they need help and where to ask. The Nest work in Southwark and support young people who might need support with their wellbeing. Their waiting list is much shorter than CAMHS and lots of families have found them useful. If you are interested in finding out more information, please let us know.



Internet matters Hub

We encourage parents to support their children in staying safe online and to understand the importance of using parental controls on apps. The link below provides guidance on how to use app-based parental controls to help keep children safe on social media.

<https://www.internetmatters.org/hub/parent-stories/how-i-use-app-parental-controls-to-support-my-children-on-social-media/>

Goodbye

Alan, our head of finance, will be leaving Spa at the beginning of March. Many of you know Alan from his time based at Bermondsey where he supported on the gate each morning and afternoon. As the Trust grew, Alan moved to be based at Spa Camberwell. He has spent the last 20 years making sure pupils at Spa had what they needed and that value for money was always a priority. We are all going to miss Alan very much. Hopefully we will see him at our Summer Fair in June.

Upcoming Dates for your Diary

- Last day of Spring term Friday 27th March 2026
- Easter Holidays Monday 30th March to Friday 10th April 2026
- Summer INSET (school closed for pupils) Monday 13th April 2026
- May Half Term Monday 25th May—Friday 29th May 2026

Local Offer—all activities and more can be found on the Southwark Local offer website

<https://localoffer.southwark.gov.uk/>

CAPA Coding Club for SEND 16+ (Must register through eeu.org)

Step into the world of technology with CAPA's welcoming and inclusive Coding Club designed specifically for SEND young people aged 16 and over. Whether you're completely new to coding or have tried it before, this club offers a supportive and relaxed space to explore digital skills at your own pace.

Runs every Monday from 5:00PM—7:00PM Location: The Southwark Resource Centre, SE17 2QB

SportWorks Saturday Club at St George's

SportWorks Short Breaks sessions are bursting with energy, laughter, and excitement! Designed especially for children and young people aged 5–15 with SEND, these sessions are packed with sports, games, and team activities — from dodgeball and parachute fun to creative challenges and teamwork adventures!

*Ages: 5-15, free to join. Date: **Saturday 7th Feb.** from **9:30am to 12:30pm** at **St George's Church of England Primary School, Coleman Road, London, Greater London, SE5 7TF***

Endorphins Holiday Club Spa Camberwell

At Endorphins we will encourage your child to make friendships and flourish. We offer activities such as painting, colouring, building and have lots of fun together doing this.

*Ages: 8-18, free to join. Date: **Monday 16th Feb.** from **10am—3pm** at **Spa School Camberwell, Southampton Way, London, Greater London, SE5 7EW***

Spa School Bermondsey



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