

Spa Camberwell, Southampton Way, SE5 7EW  
A special school for autistic pupils



6<sup>th</sup> February 2026

Dear Parents and Carers,

We are pleased to share that we have recently begun working towards achieving the *Wellbeing Award for Schools*. This is a nationally recognised framework that supports schools to embed mental health and emotional wellbeing at the heart of their culture.

We have signed up for this award to further develop our work in promoting positive wellbeing and mental health across our whole school community, and to gain accreditation for the ongoing work we already do to support pupil, staff, and parent mental health.

Achieving the award is a whole-school effort and involves staff, pupils, parents and carers, governors, and external partners. As part of this process, we invite parents and carers to complete a short evaluation form about how well the school supports mental health.

Please support us by completing the survey using the link [HERE](#)

Thank you for taking the time to share your views.

### **Highlights from this week**

#### **Orchard Hill College Careers Fair**

A group of Key Stage 4 students attended the Orchard Hill College Careers Fair on Wednesday. This was a valuable opportunity for students to explore further education options and engage meaningfully with a range of employers, helping them build confidence and understanding of future pathways.



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### Southwark Independent Travel Training Bus

This week, students in 3A took part in a session on the Southwark Independent Travel Training Bus. Through practical, on-board scenarios, students practised important skills such as boarding and getting off safely, using Oyster cards, speaking to the driver, and learning about road safety and bus routes. These experiences support independence and real-life learning.



### The NSPCC's Number Day

On Friday, Spa Camberwell proudly supported the NSPCC's Number Day. Students enjoyed taking part in fun maths games, quizzes, and trails while helping to raise awareness for this important cause.



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## **Parent/Carer Training: Autism & Behaviour**

Thank you to all parents and carers who attended the Autism and Behaviour training on Thursday. It was wonderful to work together to strengthen our shared understanding of behaviour as communication, and to highlight the importance of consistency between home and school. We really value your engagement and feedback. Do contact if you need any resources or support at any time.

## **Online safety**

### **Parental Control Videos**

Internet Matters has created three short, helpful videos to support families with setting up parental controls on popular platforms. These resources may help you support your child's online safety at home.

- [YouTube parental controls top features.](#)
- [The top 3 parental controls to use on Roblox.](#)
- [The top 3 parental controls to use on TikTok.](#)

## **Looking Ahead**

- **Children's Mental Health Week** - Monday, 9<sup>th</sup> February 2026
- **Ranger Stu** – Tuesday, 10<sup>th</sup> February 2026
- **Last day of school Spring 1** – Friday, 13<sup>th</sup> February 2026
- **First day of school Spring 2** – Tuesday, 24<sup>th</sup> February 2026

## **Support and activities for families**

### **Inclusive Martial Arts**

Access Sport is launching inclusive SEND Martial Arts sessions for young people aged 5–15 years in Southwark, delivered by Easy Step UK. These sessions aim to create a welcoming and supportive space for children and families to be active, learn new skills, and make friends.

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- **Start date:** Saturday 14th February
- **Location:** Harris Academy Bermondsey, 55 Southwark Park Road, London, SE16 3TZ
- All abilities are welcome!

**Inclusive Community Martial Arts Sessions  
for Children & Young People (SEND)**

Fun, beginner-friendly sessions.  
Inclusive of disabled and neurodivergent children.

Saturdays | 11:45am – 12:30pm  
Starting 14 February

Harris Academy Bermondsey,  
55 Southwark Park Road,  
London, SE16 3TZ



Free to attend  
Advance booking via Eventbrite (QR code)



Delivered by EasyStep UK  
Supported by Access Sport



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Cost of Living

As always, please do not hesitate to contact us if there is anything we can support you with.  
We wish you and your families a calm, happy, and restful weekend.

*Steph Lea*

Steph Lea  
Executive Headteacher