

13<sup>th</sup> February 2026

Dear Parents and Carers,

This week, we were proud to celebrate **Children's Mental Health Week** with the theme "*This is My Place.*" At Spa Camberwell, we understand how important it is for every child and young person to feel that they belong — as individuals, within their friendships, in school, and in the wider community. A strong sense of belonging plays a vital role in supporting mental health and wellbeing. When pupils feel safe, valued and understood, it has a powerful and lasting impact on many areas of their lives, including their learning, relationships, physical health and emotional development. Helping our pupils to recognise their place in the world — and to feel proud of it — empowers them to reach their full potential. It enables them to access, contribute to and enjoy their local and wider community, and prepares them for their next steps and life beyond Spa Camberwell.

Throughout the week, our staff planned a range of engaging and creative activities that celebrated Spa Camberwell as an inclusive, nurturing environment where every pupil knows "*This is My Place.*"



## Highlights from the Week

### A Visit from Ranger Stu

On Tuesday, we were excited to welcome Ranger Stu to Spa Camberwell. Pupils from Reception through to Key Stage 4 were fascinated as they learned about — and bravely handled — a variety of exotic animals. Highlights included a three-banded armadillo, a pancake tortoise, a boa constrictor and a Chilean rose tarantula.



### Table Cricket Success at The Oval

On Wednesday, 3H took part in a table cricket competition at The Oval. The pupils demonstrated independence by travelling on public transport and showed great teamwork and determination throughout the competition against other London schools. We are proud to share that they won three of their matches — a wonderful achievement!

### Student Voice in Action

We concluded the week on Friday with our Student Council addressing staff during the morning meeting. They spoke confidently about the things adults in school do that make them feel happy, supported and valued. The experience helped to further develop their confidence,

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leadership skills and communication abilities. It was an important reminder of the importance of listening to pupil voice.



## Online safety

### Google Family Link

For children with Android devices, Google Family Link is a great way for parents and carers to set restrictions. Internet Matters released a brand new YouTube video showing how to set up Google Family Link to customise content and screen time restrictions. Click to [Set Up Google Family Link](#)

## Support and activities for families

### Southwark Saturday Club

Fun, inclusive, group-based activities for children with SEND. Scroll to the end of the newsletter for contact details and information on how to book a place for your child.

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### **Millwall Community Trust Holiday Camps**

Millwall Community Trust offers a range of February Half-Term Holiday Camps across South East London, giving children the opportunity to stay active, build confidence, and have fun in a safe and supportive environment. The camps are open to children aged 5–13 years and are led by qualified, experienced coaches and staff.

#### **Holiday Camp (Multi-Sports & Arts)**

Venue: The Lions Centre, Bolina Road, SE16 3LD

Dates: Monday 16th February – Friday 20th February

Time: 10:00am – 3:00pm

Cost: £12 per day or £50 for five days

Register here: <https://tinyurl.com/3uz98zrh>

Contact: [Epoole@millwallcommunity.org.uk](mailto:Epoole@millwallcommunity.org.uk) | ☎ 07958 026876

#### **Football Holiday Camp**

Venue: St Paul's Sports Ground, Rotherhithe, SE16 5EF

Dates: Tuesday 17th February – Friday 20th February

Time: 10:00am – 3:00pm

Cost: £12 per day or £40 for four days

Register here: <https://tinyurl.com/4zapb3en>

Contact: [Nfarrell@millwallcommunity.org.uk](mailto:Nfarrell@millwallcommunity.org.uk) | ☎ 07932 877303

#### **Holiday Camp – St Matthew Academy**

Venue: St Josephs Vale, London, SE3 0XX

Dates: Monday 16th February – Friday 20th February

Time: 10:00am – 3:00pm

Cost: £12 per day or £50 for five days

Register here: <https://tinyurl.com/5f9hipw7>

Contact: [Nfarrell@millwallcommunity.org.uk](mailto:Nfarrell@millwallcommunity.org.uk) | ☎ 07932 877303

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**SEND Inclusive Creative Dance Taster Session (children and young people aged 8-16 years)**

Venue: The Green, Nunhead Community Centre, SE15 3QQ

Date and time: Friday 20<sup>th</sup> February - 14.00 - 15.00

Sign up here: <https://tinyurl.com/DandelionSEnDDanceSouthwark>

**Spectrum Socials (for autistic and neurodivergent children aged 4-18 years)**

Spectrum Socials runs therapist-led social events for autistic children and their families, focused on building friendships, connections and social skills.

- Children are placed in small, well-matched groups, based on age and communication level, to ensure social compatibility.
- We offer therapeutic girls groups for adolescents that are struggling with social anxiety, involving a combination of online and in person sessions.
- Subsidised places are provided for lower-income families to make our activities accessible to all.
- We support parents and carers by fostering community, connection, and peer support at events and through online platforms.

**Where:** Events are all around London

**When:** During school holidays and weekends

**Website:** <https://spectrumsocials.co.uk/>

**Register here:** <https://forms.gle/Qsi17G2dpAWXRq7H9>

**Girls Group:** <https://spectrumsocials.co.uk/girls-group>

**Instagram:** [www.instagram.com/spectrumsocials.cic](https://www.instagram.com/spectrumsocials.cic)

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Cost of Living

Please be reminded that the first day of school for pupils is **Tuesday, 24<sup>th</sup> February 2026**

We wish all our families a calm, happy and restful holiday. Should you need any support, please do not hesitate to get in touch — we are always here to help.

*Steph Lea*

Steph Lea  
Executive Headteacher

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**NHS**  
South London Children and  
Young People's Community  
Immunisation Service

**Did you miss your teenage  
vaccines at school?**

**Visit a catch-up clinic to make sure  
you are fully protected**

**Monday 16 February**  
10:00 - 14:00  
Rye Oak Children & Family Hub, SE15 3PD

**Wednesday 18 February**  
10:00 - 14:00  
IRMO Centre, Warwick House, SW9 7JP

**Friday 20 February**  
10:00 - 14:00  
Hitherfield Children's Centre, SW16 2LW

**All our clinics are walk-in, so no  
appointment is necessary.  
Call 020 8614 5496 for more information**

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# SOUTHWARK SATURDAY CLUB

Fun, inclusive, group-based activities for children with SEND

**Location:** St George's Church of England Primary School, London

**Time:** Ages 5-9, 9:30am-12:30pm,  
Ages 10-14, 1pm-4:30pm

## What's Included?

- ✓ Sport
- ✓ Playground games
- ✓ Team building exercises
- ✓ Arts and crafts



**Staff Ratios 1:4**  
limited 1:1 tickets available for children who require a higher level of need or additional support with personal care.

**Book your Child's Place Today!**

<https://eequ.org/sportworks>

For more information, please contact  
**faye.jordan@sportworksltd.co.uk**