

23rd January 2026

Dear Parents and Carers,

Social Communication lessons are a key part of our curriculum. These lessons teach key concepts such as belonging, understanding others, and recognising and respecting different perspectives. Pupils develop essential life skills that help them build positive relationships, work cooperatively as part of a team, follow social rules and routines, and become safe and considerate members of the wider community.

Key Stage 2 have been learning how to accept and join in with their friends' ideas during play and shared activities. They have been practising following instructions through stop-and-go activities, taking part in group games, and working alongside their peers to complete shared tasks.



PwC's Cinderella

Every year, PricewaterhouseCoopers kindly invite us to attend their pantomime

performance by offering a limited number of tickets. The performance offers a fun way to experience a professional theatre production.

Each year, the pantomime also supports a different charity, and this year Mental Health UK was chosen. It was a great evening for our secondary students and their families. We are already looking forward to next year's performance!



at Spa Camberwell next week so we can help make

sure they are able to continue their training programmes. Careful plans have been made so there will be minimal impact on the KS3 and 4 timetables. Do speak with me if you have any questions. You can find out more about the college here: www.theparkcollege.org

Looking Ahead

- **Primary Family Training - Communication** - Monday, 26th January 2026 at 09:45
- **Secondary Family Training - Communication** - Thursday, 29th January 2026 at 14:15
- **Secondary Family Training - Behaviour** – Thursday, 5th February 2026 at 09:15
- **Children's Mental Health Week** - Monday, 9th February 2026
- **Ranger Stu** – Tuesday, 10th February 2026



- **Last day of school Spring 1** – Friday, 13th February 2026
- **First day of school Spring 2** – Tuesday, 24th February 2026

Support for families and community activities

ArtPlay Pavilion at Dulwich Picture Gallery – Drop-in for free!

This is a free, creative space where community groups can access free, artist-led sessions designed for children and families. These sessions take place on weekends and during school holidays, focusing on playful, hands-on activities inspired by the Gallery's collection. Find out more here: [ArtPlay Pavilion — Dulwich Picture Gallery](#)

New Positive Behaviour Support Sessions at SEND Hub Ann Bernadt

Positive Behaviour Support (PBS) sessions are now running at **Ann Bernadt Best**

Start SEND Family Hub, providing a welcoming space for parents and carers of children and young people with additional needs. These sessions are open to parents and carers of children with Autism Spectrum Disorder and/or Learning disabilities, and no diagnosis is required. Sessions will be held Tuesdays 12:30pm – 2:00pm at Ann Bernadt Family Hub, 29 Chandler Way, SE15 6DT. **See the leaflet below for dates and topics.**

What is PBS?

PBS is a person-centred approach that helps families understand behaviour and identify supportive, practical ways to meet a child or young person's needs, focusing on wellbeing rather than punishment.

Navigating puberty and sexual development: Resources for parents and carers of children and young people who have a learning disability

NSPCC Learning has updated its resources on navigating puberty and sexual development for children and young people who have a learning disability. The resources include a guide for parents on navigating puberty, and a series of symbolised booklets exploring bodies and behaviours. Parents and carers can access the resources [HERE](#).



Please let the school know if you would like printed copies—we would be happy to help.

As always, please do not hesitate to contact us if there is anything we can support you with. We wish you and your families a calm, happy, and restful weekend.

Steph Lea

Steph Lea
Executive Headteacher

The booklet cover for 'Positive Behaviour Support (PBS) Universal Offer' from Southwark Council. It features the Southwark Council logo, a title section with 'Positive Behaviour Support' and 'Universal Offer', and a 'Information for Families' section with an illustration of a family sitting together. The main content area is titled 'What is Positive Behaviour Support (PBS)?' and includes several sections: 'Positive Behaviour Support (PBS) is a person-centred approach to supporting people who display behaviours of concern.', 'PBS aims to understand what behaviours of concern are telling us so that the person's needs can be met in better ways.', 'PBS involves supporting the person to have a better life, treating them with dignity and respect.', 'We recommend strategies and tools based on the strengths, needs and interests of your family.', 'Overall, the aim is to improve the quality of life of the individual and their whole support network.' To the right, there is a 'PBS Core Values' section with four entries: 'Values Led', 'Promoting Quality of Life', 'Understanding Behaviour and Meeting Needs', and 'Making Systems Worker for the Person'.

What is Positive Behaviour Support (PBS)?

Positive Behaviour Support (PBS) is a person-centred approach to supporting people who display behaviours of concern.

PBS aims to understand what behaviours of concern are telling us so that the person's needs can be met in better ways.

PBS involves supporting the person to have a better life, treating them with dignity and respect.

We recommend strategies and tools based on the strengths, needs and interests of your family.

Overall, the aim is to improve the quality of life of the individual and their whole support network.

PBS Core Values

Values Led - We promote respect, dignity, inclusion and working in partnership. We do not support punishment, unnecessary restriction or other harmful methods.

Promoting Quality of Life - We aim to give the right support at the right time so that life is meaningful for the person and their family.

Understanding Behaviour and Meeting Needs - We use different methods to work out what people's behaviour means, and improve the support a person needs.

Making Systems Worker for the Person - Giving the right support may mean changing the way a person is supported and training carers and staff. This makes sure that support will work well for the person.



What do we offer?

 **Drop in sessions**

We speak to parents and carers who want help with general or specific concerns about a young person's behaviours. We can offer advice to professionals about undertaking direct work.

We give recommendations for things to try and offer resources that might help.

 **Bite-size Workshops**

We offer short workshops to parents, carers and professionals. This provides an opportunity to learn about topics in more detail while the young person is not present.

 **Parent & Carer groups**

We will be offering short workshops to parents and carers. This gives parents and carers an opportunity to learn about topics in more detail while their child is not present.

When and where can you find us?

The AAD PBS Team host sessions at the Ann Bernadt Family Hub.

The sessions run from 12:30pm-2pm on Tuesdays.

Ask a member of staff for a timetable to find out when the next session is or email us at PBSTeam@southwark.gov.uk



NEW PBS SESSIONS



**A space for parents and carers of people with additional needs
No diagnosis needed!**

Come along to:

Learn more about caring for a child or young person with Autism Spectrum Disorder or Learning Disability

Meet other parents and carers

Speak with Positive Behaviour Support Workers

Light refreshments provided

 **ANN BERNADT FAMILY HUB**
29 Chandler way
London
SE15 6DT

 12:30PM - 2PM

See timetable on back of this leaflet

 **FOR ANY QUESTIONS PLEASE CONTACT:** PBSTeam@southwark.gov.uk

Topic	Date	More Info
Meet the Positive Behaviour Support Team	Tuesday 6 th January 2026	An opportunity to meet the PBS team who will be running sessions. You can also join online here
Understanding Behaviour <u>ONLINE</u> Workshop	Tuesday 13 th January 2026	Focus on understanding behaviours of concern and exploring practical support strategies. Click here to register
Drop-in Support Session	Tuesday 20 th January 2026	The team offers advice and support for behaviours of concern, providing practical guidance and helpful resources.
Parent Carer Support Group	Tuesday 27 th January 2026	Come along to our parent/carer group to connect, share and feel supported.
Supporting Communication Workshop	Tuesday 3 rd February 2026	A practical session exploring communication and capable environment approaches.
Drop-in Support Session	Tuesday 10 th February 2026	The team offers advice and support for behaviours of concern, providing practical guidance and helpful resources.
Parent Carer Support Group	Tuesday 24 th February 2026	Come along to our parent/carer group to connect, share and feel supported.