

5th December 2025

Dear Parents and Carers,

The Christmas period can be an exciting but also overwhelming time for many autistic children and young people. Changes in routine, increased social interaction and festive expectations can all add pressure. The National Autistic Society has put together a helpful set of resources to support families during the festive season and help make it as calm and enjoyable as possible. Click [HERE](#) and [HERE](#) to access the information.

Our New School Website

We are delighted to share that our brand new school website is now live! While it may take a little time before it appears reliably in Google searches, you can visit it directly at spa-camberwell.org. Please take a look—we hope you enjoy exploring it as much as we do.



Highlights from this week

Key Stage Coffee Mornings

Thank you to everyone who joined us for our Key Stage coffee mornings. It was lovely to pause together and enjoy a warm drink (and a biscuit or two!). Hearing families support one another reminded us just how strong and caring our school community is. Please keep an eye out for more opportunities later in the year.

Special Interests & The Happiness Project

Every Friday afternoon, Key Stage 3 and 4 students take part in Special Interests Clubs, while our primary pupils enjoy The Happiness Project Clubs. Activities include sewing, tennis, yoga, arts and crafts, singing and more. These sessions help pupils explore their interests, try new experiences and engage with peers in supportive, structured environments—a positive and relaxing end to the week.



Food Bank Support

Thank you for your generous donations to the City Hope Church and Trussell Trust food bank. Your contributions truly make a difference. The food bank will remain open until Friday, 12 December, so please continue to give if you are able.



Support for families

Southwark Parenting Team

The Southwark Parenting Team offers friendly, evidence-based programmes for families across the borough. These sessions give parents and carers the chance to learn new strategies, meet others and strengthen family relationships. Their free online *Tap-In* sessions cover topics such as autism, ADHD and parental wellbeing. You can find further details in the brochure at the bottom of this newsletter, or follow this [LINK](#) to request a place.

Confidential health text messaging advice line

The Evelina School Nursing team provide confidential health [text messaging advice services for parents \(ParentLine\)](#) and [young people \(11-19\) \(ChatHealth\)](#) to help improve everyday healthcare for young people.

Winter Food and Fun Programme (22 December – 2 January)

Children aged 4–16 who receive benefits-related free school meals can attend Southwark's *Food and Fun* winter programme free of charge. The scheme offers healthy meals and enjoyable physical activities (excluding bank holidays). Follow this [LINK](#) to check availability and book a space.

Looking Ahead

- **Monday, 8th December** – Parent Training Workshop (autism and behaviour): 9:15 - 10:00
- **Thursday, 11th December** – Key Stage 3 & 4 Family Disco: 5:30–7:00 pm
- **Friday, 12th December** – Christmas Jumper Day
- **Tuesday, 16th December** – EYFS and KS1 Christmas Crafts: 2:15 – 3:00 pm
- **Thursday, 18th December** – Key Stage 2 family disco: 2:00 – 2:45 pm
- **Friday, 19 December** – Christmas Dinner (own clothes day)
 - **Last day of school Autumn 2** – Friday, 19 December 2025
 - **First day of school Spring 1** – Tuesday, 6th January 2026
 - **Last day of school Spring 1** – Friday, 13th February 2026
 - **First day of school Spring 2** – Tuesday, 24 February 2026


Spa Camberwell, Southampton Way, SE5 7EW
A special school for pupils with autism



As always, please get in touch if there is anything we can help with.
Wishing you all a calm, happy and restful weekend.

Steph Lea

Steph Lea
Executive Headteacher

The logo for Thinking About Parenting shows a hand with a lightbulb above it, with the text "Thinking About PARENTING" below.

TAP – IN SESSIONS

Free and stand alone information sessions for parents and carers on a range of topics.
Join us with Thinking About Parenting and TAP in to.....

Monday 19th January 10am - 12 MS Teams Parenting and Autism	Thursday 29th January 10am - 12 MS Teams Parenting and ADHD	w/c 9th Feb 10am - 11.30 MS Teams Ages and Stages
w/c 23rd Feb 10am - 11.30 MS Teams Parenting Foundations	w/c 2nd March 10am - 11.30 MS Teams Parental Emotional Wellbeing	w/c 9th March 10am - 11.30 MS Teams Bullying Awareness
w/c 16th March 10am - 11.30 MS Teams Emotional-Based School Avoidance	w/c 23rd March 10am - 11.30 MS Teams Digital Safety	Tuesday 24th March 10am MS Teams Parenting and ADHD
Thursday 19th March 10am MS Teams Parenting and Autism		All sessions held online - link will be sent out 1-2 days before session via email

A circular inset photo showing a smiling woman and a young child with curly hair.

**TO REGISTER FOR A PLACE
[CLICK HERE](#) OR CONTACT**

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