Spa Camberwell, Southampton Way, SE5 7EW
A special school for autistic pupils

6th November 2026

Dear Parents and Carers,

Arriving at school on time is important in helping your child feel settled, safe and ready to learn. For our pupils, having a consistent and predictable start to the day can make a significant difference to their wellbeing and ability to engage in learning. Being on time allows children to follow their familiar morning routines, take part in registration and planned activities, and begin the day alongside their classmates. Late arrivals can sometimes cause anxiety or disrupt established routines, making the transition into the school day more challenging. We therefore ask all parents and carers to make every effort to ensure that their child arrives at school on time each day, unless alternative arrangements have been agreed with the school. Your support in establishing this routine makes a valuable difference to your child's school experience.
The school day starts at 9:00 am for secondary students and 9:30 am for primary pupils.

Highlights from this week
Preparing for Adulthood Transition Event
The transition from children's to adult healthcare services can be challenging for young people and their families. On Thursday, our Year 11 students attended a Preparing for Adulthood Transition Event, which brought together a range of services from across Lambeth and Southwark. Students took part in accessible and interactive activities focusing on emotional regulation, consent, healthcare rights and reasonable adjustments. The event provided a valuable opportunity for students to develop their understanding of adult healthcare services and the support available to them as they prepare for adulthood.



3F Visit to Benhill Nature Garden

On Friday, 3F enjoyed a visit to Benhill Nature Garden as part of the humanities curriculum. Students had the opportunity to explore their local environment, discover more about their community and engage with the world around them. The visit also provided a lovely opportunity to reflect on their experiences and develop their understanding of the local community beyond the classroom.



Looking Ahead

- **Monday, 16 November** - Parent Zone LEGO Build and Talk online safety workshop for parents and carers, 2nd session (1.45 pm – 2.45 pm)
- **Monday, 16th November –** Parent teacher meetings
- **Tuesday, 17th November –** Parent/carer training (2 pm – 2:45 pm)
- **Friday, 20th November –** Children in Need at Spa Camberwell
- **Monday, 23rd November –** Parent/carer training (2 pm – 2:45 pm)
- **Friday, 27th November –** KS2 family Assembly (10 am)
- **Wednesday, 2nd December –** Secondary Coffee Afternoon (2:15 pm – 3:00 pm)
- **Thursday, 3rd December –** Key Stage 1 Coffee Morning (9:30 am – 10:15 am)
- **Friday, 4th December –** Key Stage 2 Coffee Morning (9:30 am – 10:15 am)

- **Thursday, 10th December –** Secondary Family Disco (5:30 pm – 7:00 pm)
- **Tuesday, 15th December –** EYFS & KS1 Christmas Crafts (2:15 pm – 3:00 pm)
- **Thursday, 17th December –** KS2 Family Disco (2:00 pm – 2:45 pm)
- **Friday, 18th December –** Christmas Dinner for pupils & Party Clothes Day
- **Friday, 18th December –** Last Day of School
- **Tuesday, 5th January –** Start of Spring Term for pupils

Online Safety
Talking About AI With Children
Artificial intelligence is becoming an increasingly familiar part of children's lives, whether that's through chatbots, games or the apps they use every day.
As AI becomes more common, it's important that children understand both what it can do and where its limitations lie.
Internet Matters has produced a useful Talking About AI guide for families, with age-appropriate conversation starters and activities to help parents explore AI with their children. The guide encourages families to talk about how AI works, question the information it produces, consider privacy and develop healthy habits when using AI tools.
It's a practical resource for parents who may not feel particularly confident about AI themselves but want to help their children use it safely and responsibly.
Link: Internet Matters – Talking About AI: A Guide for Families

As always, please don't hesitate to get in touch if you have any questions.
Wishing you all a restful weekend.



Rian Ehlers
Head of School

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Support and activities for families



IFB Gaming has launched The Gaming Guide, a free, interactive online resource for Southwark parents and guardians on supporting children through gaming safely, inclusively, and in a way that promotes holistic wellbeing.

A dedicated section on accessible gaming addresses the estimated one in five gamers who experience a disability, whether physical, sensory, or cognitive. It covers built-in accessibility settings across PlayStation, Xbox, and Nintendo Switch, adaptive controllers including the PS5 Access Controller and Xbox Adaptive Controller, and specialist support organisations that provide free custom accessible gaming setups for disabled children.

The guide also addresses neurodiversity and emotional wellbeing, explaining how games are designed to be hard to stop, how to recognise the difference between healthy engagement and patterns worth a closer look, and how to help a child regulate their emotions around gaming rather than treating frustration as simple misbehaviour.

Click on the link to access the guide:
The Gaming Guide — IFB Gaming

BEST START IN LIFE

EPEC BEING A PARENT

For parents of children aged 2 – 11 years

This 9 week course helps parents learn practical skills for everyday life.

- Looking after yourself as a parent
- Recognise and manage your children's emotions
- Learn positive parenting strategies
- Support your children's resilience

JOIN NOW

Contact: Claire Gager

Email: Claire.gager@southwark.gov.uk

Call: 07547 659 646



WHEN IS IT ON?

WEDNESDAYS

STARTING 30TH SEPTEMBER 2026

CRAWFORD CENTRE
5 CRAWFORD RD, LONDON
SE5 9NF

THURSDAYS

STARTING 1ST OCTOBER 2026

RYE OAK CHILDREN & FAMILY CENTRE
WHORLTON ROAD, PECKHAM, SE15 3PD

What time?
10am-12pm


BEST START IN LIFE
STRENGTHENING FAMILIES STRENGTHENING COMMUNITIES
For parents of children aged 8 – 18 years
This 12 week course helps parents and carers to
• Build positive family relationships
• Manage anger and stress
• Implement effective discipline strategies
• Understand your child's development
• Recognise and value your family and cultural traditions
• Develop effective communication
• Meet others and share ideas
(online groups also available)
JOIN NOW
Who to contact: Rebecca or Jamal
Email: rebecca.arinze@southwark.gov.uk or Jamal.Jones-Thomas@southwark.gov.uk
Call: 07939635458
WHEN IS IT ON?
Starting Tuesday 22nd Sept 2026
Ann Bernadt Family Hub, 29 Chandler Way SE15 6dt
Face to Face English
Online/Face to Face - Spanish
Starting Wed 23rd Sept 2026
Face to Face - Arabic
What time?
10am-1pm

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PBS UNIVERSAL SESSIONS

A space for parents and carers of people with additional needs
No diagnosis needed!

Come along to:

Learn more about caring for a child or young person with Autism Spectrum Disorder or Learning Disability

Meet other parents and carers

Speak with Positive Behaviour Support Workers

Light refreshments provided

ANN BERNADT FAMILY HUB
29 Chandler way
London
SE15 6DT

12:30PM - 2PM

See timetable on back of this leaflet

Southwark Council

FOR ANY QUESTIONS PLEASE CONTACT: PBSTeam@southwark.gov.uk

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Topic	Date	More Info
Understanding Behaviour Workshop	Tuesday 10th November 2026	Understanding behaviours of concern, exploring why they may occur, and developing practical strategies to support children and young people.
Drop-in Support Session	Tuesday 17th November 2026	The team offers advice and support for behaviours of concern, providing practical guidance and helpful resources.
Parent & Carer Support Group	Tuesday 24th November 2026	Come along to our parent/carer group to connect, share and feel supported.
Supporting Communication Workshop	Tuesday 8th December 2026	Exploring how children and young people communicate their needs, understanding the link between communication and behaviour and developing strategies to support effective communication.
Parent & Carer Support Group	Tuesday 15th December 2026	Come along to our parent/carer group to connect, share and feel supported.

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Click on the links below the poster to access the events listed in this poster.



Clubs and Social Networks
Follow the link to find information about different opportunities to join networks, take part in activities, meet other people and have fun.

ACTIVITIES FOR YOUNGER CHILDREN: KESA Sports Sessions from 1 to 8 years old
A new KESA space is now open at the Decathlon (London Surrey Quays), created just for little ones to explore movement and play in a safe indoor environment.
- **Free sessions** for children aged 1–2
- **One free trial** for children aged 2–5

Black British Ballet Dance Workshop - Canada Water Library
The Black British Ballet mixes traditional ballet techniques with contemporary, African, and Caribbean dance movements. No previous dance training required, just come and join in with the fun. Suitable for children aged 3 to 8 years, Parents and Carers.

Playing up!
These free creative play sessions are for children aged 0 to 3 and their parents or carers. Workshops are running on Fridays until May. They can be delivered in Spanish as well as English.

OneHub Youth Activities Directory for Southwark
Southwark Council's website offers a space for local organisers to advertise their youth and play activities for young people. For ages 8-18.

Family events at Southbank Centre

The Southbank Centre is hosting a range of family events this autumn. Pop in to help the Story-collector find everything they need to tell their tales (Search for a Story), or, if you are between 11-15 years old, you could join Southbank Centre's new Weekly Arts Club. Southbank Centre is also looking for music artists under 25 who would like to perform at their open mic event called Wavelengths in October - Sign ups are open now!

Bandits Mixed Netball Club - Open Sessions

Mixed netball club indoor training sessions in Nunhead, taking place bi-weekly on Sundays, 1 pm - 3 pm. Males and females aged 14 and up are welcome!

For more family events, visit https://www.southwark.gov.uk/southwark-presents