

18th September 2026

Dear Parents and Carers,

As we move into the fourth week of the school year, it has been wonderful to see our pupils settling into their routines, building relationships and engaging in rich and meaningful learning experiences. It has also been great to see our off-site learning programme and personal development opportunities for secondary pupils getting underway. We hope our secondary parents and carers found the recent therapist meetings useful and informative, and that our primary families enjoyed the 'Meet the Class' sessions. It was a pleasure to see so many of you and to share some of the important work taking place in our classrooms.

Thank you to everyone who attended our Starting School sessions. It was really valuable to have the opportunity to sit down together and talk about the expectations, opportunities and challenges that come with starting a new school and moving into a new phase in your child's life. We appreciate the questions and experiences that families shared, which helped to make these sessions positive and meaningful.

If you were unable to attend this week's session, we will be running the session again on **Thursday, 1st October**. We would be very pleased to see you if you are able to join us.

Looking ahead, we have a number of opportunities for parents and carers to engage with the school and our wider community. We warmly encourage you to join us whenever you are able. Please see the upcoming dates below.



Highlights from the Week

National Fitness Day

On Wednesday, Spa Camberwell embraced National Fitness Day, with pupils taking part in a range of fun and engaging fitness activities.

We know that regular physical activity offers wide-ranging benefits for our pupils. Alongside supporting physical health and fitness, exercise can contribute to communication, emotional regulation, attention, learning, independence and social development. For our pupils, physical activity can also provide valuable opportunities to develop confidence, try new experiences and enjoy being active together.

It was wonderful to see so many pupils enthusiastically participating, challenging themselves and enjoying the activities. Thank you to all the staff who helped make the day such a positive experience.



Upcoming Events

The next few weeks are busy with plenty of opportunities to connect with the Spa Camberwell community. Please add these dates to your diary:

Monday 21st September

9:15 am – Key Stage 3: Meet the Class

Tuesday 22nd September

9:30 am – Groundworks Coffee Morning

Tuesday 29th September

9:30 am – Meet the therapists: Belair, Neptune, Mint, Warwick

Wednesday, 30th September

School Photographer

Thursday, 1st October

- 9:10 am – Autism and Starting Secondary School
- 2:00 pm – Autism and Starting Primary School

Groundworks Coffee Morning

As part of our work towards the Wellbeing Award for Schools, we warmly invite all parents and carers to join us for a relaxed coffee morning on Tuesday, 22nd September, from 9:30 am, with Groundwork London's Educational Wellbeing Team.



This will be an opportunity to take some time for yourself, enjoy a cup of tea and a biscuit, meet and chat with other parents and carers, and share ideas about wellbeing within the Spa Camberwell community.
We hope you will be able to join us. We look forward to welcoming you and spending some time together.

Online Safety

Find the Fake

How good are you and your children at spotting misinformation?

Internet Matters' free Find the Fake activity is designed for families to try together. It's a simple way to start conversations about whether something online can be trusted and what children can do before believing or sharing it.

Why not try it together and see who gets the highest score?

Link: [Find the Fake – Internet Matters](#)

Flu Vaccination

If your child was unable to receive their flu vaccination during the previous session, there will be another opportunity on **Monday, 2nd November**.

If you would like your child to receive the vaccination, please follow the link below to complete the electronic consent form. Please ensure that the form is completed in advance of the vaccination session.

Thank you for your support in helping us to keep our pupils and wider school community healthy.

<http://cypcis.kingstonandrichmond.nhs.uk/flu/2026/southwark>

We wish you and your family a restful and enjoyable weekend.

Warm regards,

A handwritten signature in black ink, appearing to read 'Rian Ehlers'.

Rian Ehlers
Head of School

Support and activities for families

BFI London Film Festival – Free Tickets to Gala screenings – Bookings start today!



The 70th BFI London Film Festival returns from 7-18 October and **we've got a special code for you to attend films in the Gala programme for free!**

Galas are exciting public premieres of some of the most highly anticipated films of the year: think big crowds, red carpets, and a chance to see the filmmakers and actors themselves!

Booking for free tickets opens **this Friday 18th September at 10am**. Your special booking code is **TSDHLFF26** - entitling you to **4 free tickets** across all the Gala screenings. Book quickly to secure your spots!

[Guide to booking free Gala tickets](#)

[See all Gala screenings here](#)

Please note that **all Gala films are for persons 15 and over** - with the exception of **Wildwood**, which is rated 12A.

A number of screenings are offered with access provisions including:

- Descriptive subtitles: On-screen subtitles that include descriptions of non-dialogue audio.
- Closed Captions: Descriptive subtitles that include descriptions of non-dialogue audio via WatchWord smart glasses.

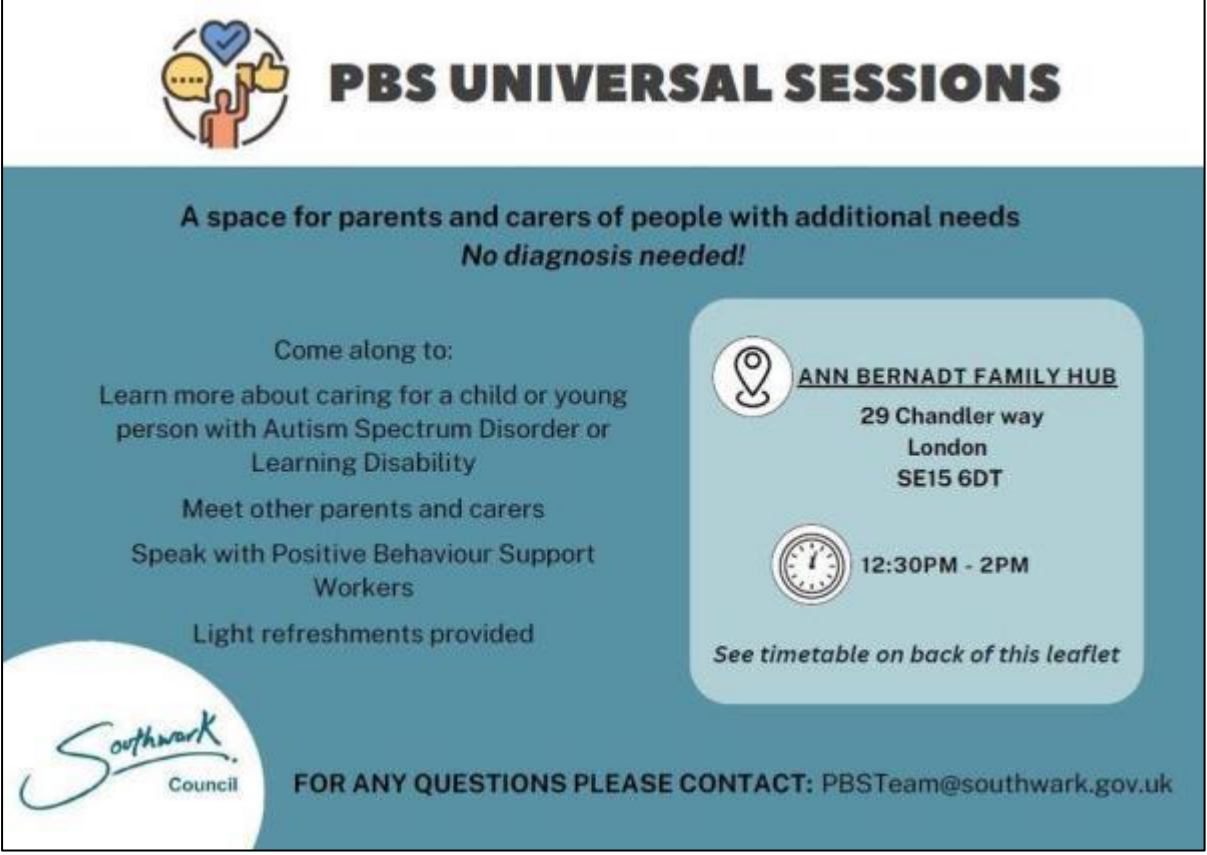
- Audio description: Audio narration including descriptions of key visual elements of the film.
- Relaxed screenings: Relaxed screenings with house lights on a lower level and reduced volume.
- Specific seating requirements: These are often designated for wheelchair users, restricted mobility and sight view.

[See all Gala films with access provision here](#)



[CLICK HERE TO COMPLETE THE SURVEY](#)

Positive Behaviour Support Sessions – Ann Bernadt Family Hub



The leaflet features a header with a logo of a person with a heart and thumbs up, followed by the title 'PBS UNIVERSAL SESSIONS'. Below this, a blue banner contains the text 'A space for parents and carers of people with additional needs' and 'No diagnosis needed!'. The main body lists activities: 'Come along to:', 'Learn more about caring for a child or young person with Autism Spectrum Disorder or Learning Disability', 'Meet other parents and carers', 'Speak with Positive Behaviour Support Workers', and 'Light refreshments provided'. A light blue box on the right provides the venue 'ANN BERNADT FAMILY HUB' at '29 Chandler way, London, SE15 6DT' and the time '12:30PM - 2PM'. It also includes a clock icon and the text 'See timetable on back of this leaflet'. The bottom left shows the 'Southwark Council' logo, and the bottom right provides the contact email 'PBSTeam@southwark.gov.uk'.

PBS UNIVERSAL SESSIONS

A space for parents and carers of people with additional needs
No diagnosis needed!

Come along to:

- Learn more about caring for a child or young person with Autism Spectrum Disorder or Learning Disability
- Meet other parents and carers
- Speak with Positive Behaviour Support Workers
- Light refreshments provided

ANN BERNADT FAMILY HUB
29 Chandler way
London
SE15 6DT

12:30PM - 2PM

See timetable on back of this leaflet

Southwark Council

FOR ANY QUESTIONS PLEASE CONTACT: PBSTeam@southwark.gov.uk

These sessions are open to parents and carers of children and young people with additional needs, and no diagnosis is required to attend. Whether you are looking for practical strategies, a chance to connect with other families, or support with behaviours that may be causing concern, we would love to welcome you.

- Learn more about supporting a child or young person with Autism Spectrum Disorder and/or a Learning Disability
- Gain practical strategies to support wellbeing and positive behaviour
- Meet and connect with other parents and carers
- Speak directly with Positive Behaviour Support practitioners
- Enjoy light refreshments in a relaxed and supportive environment

Time: 12:30pm to 2:00pm

Venue: Ann Bernadt Family Hub, 29 Chandler Way, London SE15 6DT

Contact: If you have any questions, please contact the Positive Behaviour Support Team at PBSTeam@southwark.gov.uk.

Tuesday 22 September - Parent & Carer Support Group

Connect with other parents and carers, share experiences, and feel supported.

Tuesday 6 October - Emotional Regulation Workshop

Learn more about emotional regulation, recognising signs of dysregulation, and practical strategies to support young people's wellbeing and reduce escalation.

Tuesday 13 October - Drop-in Support Session

Advice, guidance and practical resources from the PBS team.

Tuesday 20 October - Parent & Carer Support Group

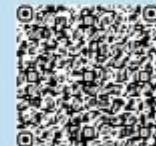
A welcoming space to connect, share and gain support from others with similar experiences.

[SEE TIMETABLE HERE](#)



PARENT/CARER VIRTUAL WORKSHOPS

Resources for Autism are delivering workshops for parent/carers of autistic people in Lewisham, Southwark and Barnet

Tuesday 25th August 6-7pm Autism and Puberty	
Tuesday 29th September 6-7pm Managing Relationship with School	
Tuesday 27th October 6-7pm Understanding My Child's Autism	
Tuesday 24th November 6-7pm Autism and Mental Health	
Monday 30th November 6-7pm: Autism and ADHD	
Tuesday 15th December 6-7pm Sleep	

REGISTER NOW!

resources for
autism

Resources for Autism are running virtual monthly workshops for parent/carers in Barnet, Lewisham and Southwark, presenting on topics around autism, related conditions and strategies to help autistic people to thrive.

Times: On the last Tuesday of every month, 6-7pm

Price: Free

The next workshop on **Managing Relationships with School** will be on the 29th September from 6-7pm - sign up below.

[Sign up for Managing Relationships with School - 29 September](#)

[See full timetable here](#)

Study Pro – Coding and Digital Skills for Young People with SEND age 7+

CODING CLUB
FOR YOUNG PEOPLE WITH SEND
SCAN THE QR CODE TO REGISTER
IN-PERSON SOUTHWARK & LAMBETH

DIGITAL SKILLS FOR EMPLOYMENT
FOR YOUNG PEOPLE WITH SEND
SCAN THE QR CODE TO REGISTER
IN-PERSON SOUTHWARK & LAMBETH

HTML
CODE

WWW.STUDYPRO.UK | INFO@STUDYPRO.UK | 07785715258

Coding Clubs

Step into the world of technology with Study Pro's welcoming and inclusive Coding Clubs - two sessions designed specifically for SEND young people aged 7-15, and 16+. Whether you're completely new to coding or have tried it before, this club offers a supportive and relaxed space to explore digital skills at your own pace. Participants work on hands-on activities using Python programming, interactive websites, and HTML and CSS to build simple websites and games.

- Build simple games step by step
- Create and personalise your own web pages
- Learn problem-solving skills through real-world projects
- Work with others and celebrate your progress together

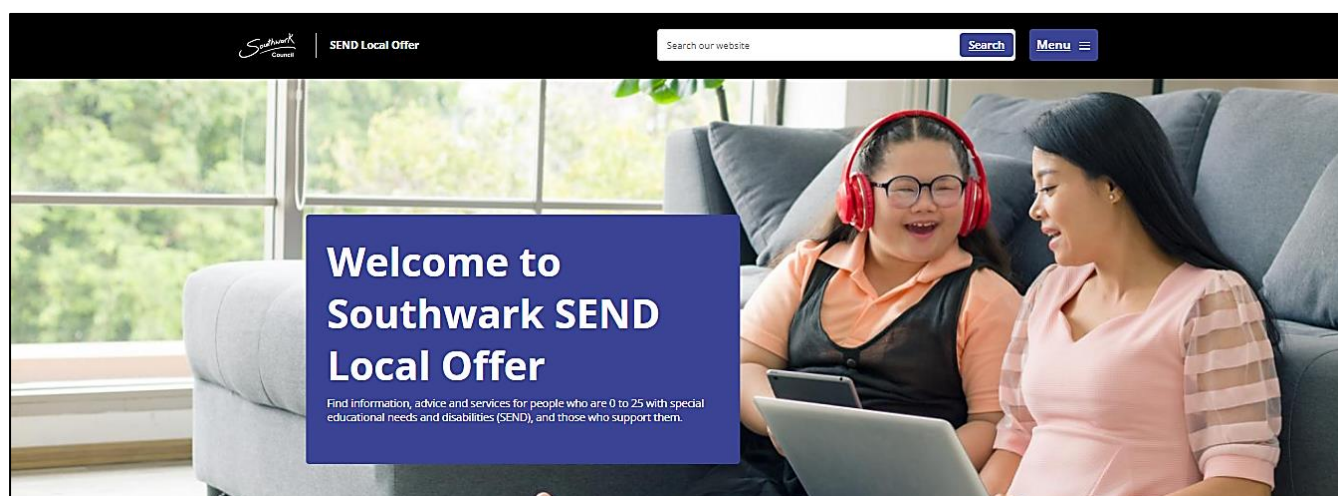
Ages: 7 - 15 / 16+

Location: The Southwark Resource Centre, 10 Bradenham Close, SE17 2QB

Times: Mondays, 4:00-5:00pm for ages 7 - 15. Mondays, 5:00-7:00pm for ages 16+

Price: £3 per session

[Sign up for Digital Skills Club](#)



Southwark have redesigned the website to make it easier for you to find clear, up-to-date information about special educational needs and disabilities (SEND). The new site features improved navigation and accessibility, creating a one-stop-shop to learn more about:

- education
- clubs and activities
- skills and employment
- Preparing for adulthood
- advice services
- peer support.

Access Southwark SEND Local Offer [HERE](#)