

## Wellbeing Award for Schools

We are working towards the Wellbeing Award for Schools. This award ensures that wellbeing and mental health are at the centre of our work. The award will celebrate what we already do and support us to further develop our work in this area. The award focusses on supporting our students, families and staff to ensure we are all working together and supporting each other to promote wellbeing and positive mental health.

### **Commit to wellbeing**

Demonstrate your school's commitment to promoting and protecting the emotional wellbeing and mental health of all.

### **Strengthen wellbeing culture**

Strengthen your school's culture by unifying staff and pupils around a shared vision of creating a mentally healthy school.

### **Whole-school approach**

Align your wellbeing efforts with the school's broader educational mission, helping pupils to thrive academically and emotionally.

### **Supportive networks**

Identify and maintain links with other schools, agencies and specialist services to support different types of emotional and mental health needs.

### **Professional development**

Prioritise continuous staff development and a comprehensive CPD program which equips staff with the tools and knowledge to better support pupils.

### **Clear vision and strategy**

Benefit from developing and communicating a clear, strategic approach to emotional wellbeing and mental health, ensuring everyone is aligned with this priority.