

24th October 2025

Dear Parents and Carers,

As we reach the end of our Autumn 1 term, it's wonderful to reflect on how much our pupils have achieved over these past eight weeks. The term has been full of learning, creativity, and joyful moments. We are incredibly proud of every pupil's progress, and we are grateful for the continued support of our families and wider school community.

Highlights from this week

Victoria & Albert Museum Workshop

This week, our students enjoyed a visit to the V&A Museum. Building on their onsite learning last week, they continued exploring Japanese art and culture through a range of rich sensory experiences. The group was fully engaged and curious throughout the day — one member of the group even described it as *"the best educational visit we've ever been on!"*



Bikeability

Cycle Confident training is fast becoming a much-enjoyed highlight of the Spa Camberwell calendar. Despite the weather, Key Stage 3 students took part in daily workshops, developing their confidence and cycling skills. Some students improved their existing skills, while others learned to ride a bike for the very first time.

Here's what some of our students said about the experience:

"I loved it!"

"It gives me exercise and more confidence, and I think I did well at making progress in riding and I think we all tried our best"



Online safety

Understanding the Impact of News on Children's Wellbeing

Research shows that young people increasingly get their news from social media rather than traditional sources. Unfortunately, distressing news, misinformation, and AI-generated content can have a significant effect on wellbeing — often leading to anxiety, confusion, or mistrust. Over a quarter of children have believed a fake AI-generated story, and another 41% think they might have. The way online algorithms promote negative or distressing news can heighten these feelings.

Learn more about how to support your child's digital wellbeing [HERE](#).

Support for families

Supporting children at home can be challenging. Southwark's **Parenting Service** is offering parent training to help families develop and implement effective strategies. Find more information and sign up for individual parenting programmes [HERE](#)

Free Forest School Holiday Club at **Surrey Docks Farm**.

When: Friday 31st October, 10am–3pm.

For: Young people aged 8–13 with SEND

Children will explore the wildlife garden, make natural crafts, and spend time with the farm animals. Book a place at [SURREY DOCKS FARM](#) or by scanning the QR code at the bottom of the newsletter.

Resources for Autism is hosting a Coffee Morning for parents/carers of autistic young people living in Southwark or Lewisham. The session will focus on nutrition and exercise for self-regulation.

When: Monday, 3rd of November, 10.30 am to 12.30 pm

Where: Lewisham Music, Second floor, The Fellowship Inn, SE6 3BT

Book: Email nazia@resourcesforautism.org.uk

Refreshments will be provided



The **V&A South Kensington** are offering SEND Friendly family activities:

- Sensory Friendly Space this October half term – Monday 27 – Friday 31 October, free and drop in – [more info here](#)

Looking Ahead

- **Monday, 3rd November** - School resumes and flu Vaccinations
- **Monday, 10th November** – Parent teacher meetings
- **Friday, 21st November** – KS2 family Assembly (Burgess & Rye) at 10am
- **Friday, 28th November** – KS2 family Assembly (Brenchley & Mint) at 10am

Flu Vaccinations

The school nursing team will be visiting on Monday, 3rd November to offer flu vaccinations for pupils whose families have completed the online consent form. The vaccine is a quick nasal spray (not an injection). You can find the online form here:

<https://cypcis.kingstonandrichmond.nhs.uk/flu/2025/southwark>

Celebrating Success – Autism Accreditation Advanced Status

This week we are proud to share extracts from the Autism Accreditation summary report recognising our excellent work in supporting our students.

- *This award recognises not only the school's exemplary neuro-inclusive provision, but its deep and ongoing commitment to the dignity, autonomy, and emotional wellbeing of every autistic student.*
- *The school's approach consistently exceeds expectations across all areas.*
- *Communication and social interaction are supported through a Total Communication Approach that enables pupils to express themselves using methods that suit their needs. This is complemented by staff, real-time documentation, and neuro-affirmative pedagogy that foster authentic engagement in lessons, peer interactions, and wider community life.*
- *Sensory regulation and emotional literacy are embedded into daily routines, with thoughtfully designed low-arousal spaces and staff-led co-regulation practices. Structured sensory circuits, the Zones of Regulation, and bespoke resources enable students to explore, understand, and manage their emotional states with increasing independence.*

- *The curriculum is carefully structured to build functional skills from the earliest stages of learning. Clear routines, tailored resources, and opportunities for pupil leadership allow students to thrive academically and personally.*
- *Staff model trust and empathy, creating relationships where pupils feel safe, relaxed, and able to access support naturally. Peer groups are inclusive and strengths-based, reinforcing mutual respect and collaboration.*
- *Parents described their children as happier, more communicative, and increasingly independent.*
- *Students at Spa Camberwell reported feeling understood by staff and said adults actively support their goals and preferences. Comments like “school is fun” and “I feel happy” highlight a sense of safety, support, and emotional wellbeing.*
- *The Committee commends Spa Camberwell not only for maintaining high standards, but for further refining and evolving its provision. Congratulations!*



As always, please don't hesitate to contact us if there's anything we can help with.

Wishing you all a restful and enjoyable weekend and half-term break.

A handwritten signature in black ink that reads "Steph Lea".

Steph Lea
Executive Headteacher

The poster has a green background with white line drawings of leaves and branches. At the top center is a circular logo for Surrey Docks Farm, featuring a goat's head and the text "SURREY DOCKS FARM".

FOREST SCHOOL ON THE FARM

FREE HOLIDAY CLUB ON
FRIDAY 31ST OCTOBER FROM 10AM-3PM
AT SURREY DOCKS FARM, SE16

TAKE PART IN NATURE BASED ACTIVITIES
AND MEET THE FARM ANIMALS UP CLOSE!

ELIGIBLE CHILDREN ARE 8-13 YEAR OLDS
WITH SEND WHO HAVE AN EHCP
AND LIVE IN SOUTHWARK

FUNDED THROUGH SOUTHWARK COUNCIL'S
SEND SHORT BREAK GRANTS

The Southwark Council logo consists of the word "Southwark" in a stylized script font, with the word "Council" in a smaller, plain font underneath.A standard black and white QR code is located at the bottom center of the poster.