



4th November 2022

Dear Parents and Carers,

Welcome Back

Our Autumn 2 term has started well - we hope you enjoyed half term. To find out what the pupils are learning, do take a look at our Learning Gallery and Curriculum Overviews on the website.

Parent/Carer and teacher meetings

All our teachers are looking forward to their meetings with you on Monday November 7th.

Harriet, Beth, Rian, Rachel, Erin and I are all available if you would like to speak with any of us too.

Sandra and Ade are offering a tasting menu so you can try school lunches. Do head along to the ground floor hall to see what's on offer.

Thanks to all of you who donated uniform your child has grown out of. This uniform will be available to buy at bargain prices. All proceeds will be allocated back to our uniform budget so we can continue to provide free uniform to all pupils when they join us or anyone else that needs it.

Meet the SALT

Parents / carers of pupils in Rye, Brenchley and Mint classes are invited to come along to meet Zain, one of our speech therapists on Monday November 7th at 10.30 am. There will be sessions each week for other classes.

Coffee Morning

Families of pupils in KS3 classes are invited to join Harriet for a coffee morning on Wednesday November 9th at 10.30am. There is no agenda or topic - it's just a chance for you to spend some time with each other.

Relationships and Sex Education

We are always making sure we help students prepare for the future. The RSE curriculum is part of this preparation and matched carefully to pupils' age, needs and development. Please take a look at our policy which you can find on our website here: <https://spa-education.org/spa-school-camberwell/information/school-policies-and-further-information>

Please email your views on the policy to: officecamberwell@spa-education.org

We will be inviting you to meetings to discuss how we teach this and give you another opportunity to share your views.

Spa Camberwell, Southampton Way, SE5 7EW
A special school for pupils with autism



Sleep well

At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Sleep problems can leave people feeling isolated and lonely. Sleep is essential to brain function, by helping children to sleep better, we can help them to succeed in school.

The National Sleep Helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

An advertisement for the National Sleep Helpline. It features a photograph of a woman and a child sitting at a table, looking at a book. The text on the right side of the image reads: "the national sleep helpline", "Does your child suffer with sleep issues?", "Do you struggle with your child's bedtime?", "Will your child not sleep in their own bed?", "WE CAN HELP", "03303 530 541", "Sunday - Tuesday & Thursday 7pm - 9pm", "Wednesday 9am - 11am".

the national sleep helpline

Does your child suffer with sleep issues?

Do you struggle with your child's bedtime?

Will your child not sleep in their own bed?

WE CAN HELP

03303 530 541

Sunday - Tuesday & Thursday 7pm - 9pm
Wednesday 9am - 11am

Enjoy the weekend.

Yours sincerely,

Steph Lea

Steph Lea
Executive Headteacher