



20<sup>th</sup> January 2023

Dear Parents and Carers,

### **Parent / Carer workshops**

Thanks for those of you who joined Rachel last week - we hope you found the session useful. Here's a reminder of the rest of the sessions we are offering. Do let the office know if you are coming along.

**Thursday 26<sup>th</sup> January 9.45 - Using Communication Boards with Beth**

**Tuesday 31<sup>st</sup> January 2pm - Zones of Regulation with Erin**

**Thursday 9<sup>th</sup> February 9.45 - Internet Safety with Rian**

If these times don't work for you or you need support with anything else do speak to one of us and we will be happy to help.

### **Parentzone**

Parentzone offer really useful advice on how to keep children and young people safe online. It's really important to supervise any internet access. You must be 18+ to make a YouTube account but you don't need an account to watch content making it risky for our pupils. The Parentzone guide for parents outlines the risks children face accessing YouTube and explains the settings available to make things safer. You can find the link on our website. <https://spa-education.org/spa-school-camberwell/parents-c/online-safety>

Please speak to us if you need any help.

### **Chinese New Year**

Pupils will be celebrating the Year of the Rabbit next Monday with a special lunch. Our regular school dinners will also be available for those who would like them.

Best wishes,

A handwritten signature in black ink that reads "Steph Lea".

Steph Lea  
Executive Headteacher