



8<sup>th</sup> October 2021

Dear Parents and Carers,

Thanks to all of you who joined our meetings this week. A reminder about meetings for parents and carers is below.

### **Meet the Speech Therapists**

**Key Stage 2: Monday 11th October – 9.45am** Families from KS1 who were unable to attend last week are welcome to join.

**KS3: Monday 18th October – 9.15am**

### **Online Safety**

Next week is Digital Online Parenting Week. Rian will be running two workshops for families to share advice and information about how to keep children and young people safe online. Do come along to ask questions and get practical support.

**Primary Online Safety Workshop: Thursday October 14<sup>th</sup> at 2.15pm**

**KS3 Online Safety Workshop: Friday October 15<sup>th</sup> at 2.30pm**

### **A parent's guide to location settings' and 'Supporting children's wellbeing online' by the NSPCC**

Many apps and games have the option of sharing the user's location, with settings to allow the user to choose whether they share the details. Parents/carers may not be aware of the risks to their children if they share their location. NSPCC's parents' guide to location settings aims to help parents/carers talk with their children to review the settings on their favourite apps and games and talk to them about what they are sharing online. The guide is available via <https://www.net-aware.org.uk/news/a-parents-guide-to-location-settings/>

For some children spending time online can bring about new pressures or worries. It can sometimes feel like there's an endless cycle of worrying news or pressure to keep up with friends and followers on social media and games. NSPCC have some tips and a list of resources to help parents/carers support their children's wellbeing online, which is available via <https://www.net-aware.org.uk/news/supporting-your-childs-wellbeing-online/>

**Fathers' Group - Thursday October 15<sup>th</sup> from 9.15am**

## Useful Information

**Heart and Soul** - They will be running a Do Your Own Thing Youngstars **(10-16)** session this **Saturday 9th October 2021 from 1- 4pm** - at The Albany in Deptford. There will be space for parents and carers to be together while the young people get creative. Follow the link on the webpage <https://www.heartnsoul.co.uk/dyot> which has a simple contact form for parents and carers to register.

**Free Ballet for Boys** As part of their drive to encourage more boys into dance, Central School of ballet are offering boys aged **8-10 years** an opportunity to take part in a programme of 4 ballet classes which take place every **Friday evening from 4.30-5.30pm**.

The classes take place in their purpose built, state of the art studios at the **Countess of Wessex Studios, 21-22 Hatfields, SE1 8DJ**.

The classes commence on **Friday 8 October to Friday 22 October 4.30-5.30pm and are free of charge**. [Free Ballet for Boys - Central School of Ballet | Southwark Schools](#)

## Parenting Smart from Place2Be

Place2Be have developed Parenting Smart to help parents and carers support their children, and manage their behaviour. It's completely free to use and access. Developed by Place2Be's parenting experts, the site is full of tips and advice on a range of topics.

Learn more at [Place2Be: Parenting Smart: Articles](#)

Open this letter on our website to access all the links.

We hope you enjoy the photo from the school photographer.

Best wishes,

Yours sincerely



Steph Lea  
Headteacher