

# Spa Bermondsey KS3 Home

Welcome to your KS3 newsletter for this week. We will be mailing you links this week so that you can access reading sessions, SoCo lessons or shared attention sessions. All sessions will be held via Teams. To make the most of the sessions, you will need to download Teams—but it isn't essential. Keep an eye on your inbox this week!

This week is also Children's Mental Health Week. We've added some resources to encourage conversations at home. We'll be using them in school in our PSHE sessions.

**Teachers will continue to send home English and Maths work along with pupils next steps. Do let us know if there is anything specific your child is interested in. Teachers will continue to call to discuss your child's progress.**

## PSHE

Download the rainforest TACPAC PowerPoint from the webpage for a relaxing sensory communication session

## Music

Log onto Charanga, using the attached letter for your class. Lessons have been assigned by our Music Teacher Lauren.

## Science

Try these fun experiments at home to learn about pollution and how to look after our planet <https://thinkearth.org/thinkearthathome/4-5>

## Humanities

The National Geographic Kids magazine have an excellent website full of interesting articles, games and quizzes to help children learn about the world around them :<https://www.natgeokids.com/uk/>

## Art

This week we are learning about shadows. Click on this link for lots of fun ideas how you can create art work from shadows at home <https://kidsactivitiesblog.com/137133/how-to-make-shadow-art-with-kids/>

## Social Communication

This week for our SoCo challenges pupils will be learning about being independent in the kitchen and celebrating their achievements. Download the challenges from the webpage.

## Cooking

This week we are making cheese straws. You can download the recipe from the web page and watch this helpful video teaching you how to roll pastry [https://www.bbc.co.uk/food/techniques/rolling\\_pastry](https://www.bbc.co.uk/food/techniques/rolling_pastry)

## Computing

Learn how to make your own algorithm in this interactive sorting game <https://barefootgames.org/sorting>

## Dance

Step Into Dance, the company who provide our street dance lessons are offering free online dance lessons here: There is no sign up required, students will be able to access the classes by simply following the link on our website or can be found on [RAD Youtube account](#) or [Step into Dance Facebook](#)

Tips from the therapists:

### Speech and Language Therapy top tip:

Our OTs are Shannen (shannen.valdes@londonchildrenspractice.com) and Megan (megan.finch@londonchildrenspractice.com).

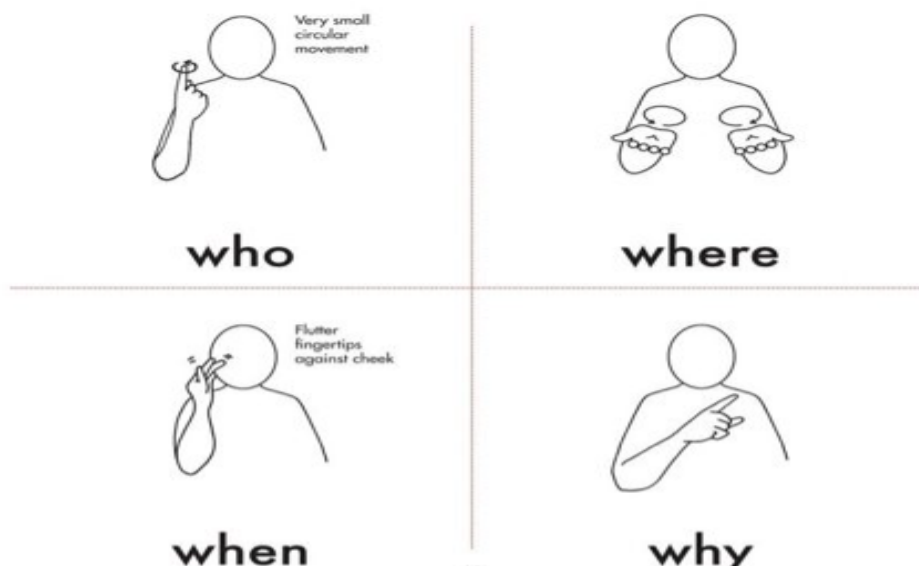
Our occupational therapists have created two activities for you to do at home . There is one for fine motor skills and one for gross motor skills.

During this lockdown period, it's really important to get out into nature once a day, if you can. Things like the Big Garden Birdwatch from the RSPB are a great way to turn an ordinary walk into an adventure.

<https://www.rspb.org.uk/get-involved/activities/birdwatch/everything-you-need-to-know-about-big-gar>

Even though the reporting day has passed, the resources can still be used to help you know what you can see and hear.

### Makaton



Spa School Bermondsey



Address: Monnow Road, SE1 5RN  
Phone: 020 7237 3714

Email: office@spa-education.org  
Website: spa-education.org