

Spa Bermondsey KS4 Home

We hope you find the websites and activities useful! English and Maths work will continue to be delivered each week. Get in touch if there are specific resources or materials you need.

The links below are for families to work through with their child together. Don't forget to check out the BBC Home Learning programs as well! <https://www.bbc.co.uk/bitesize>

Science

Try this experiment at home—how to make your own rocket!

<https://www.iop.org/explore-physics/at-home/episode-7-rocket-balloon>

For those looking for a challenge, design and build a spacecraft for your crew of mini astronauts!

<https://www.nasa.gov/stem-ed-resources/design-a-crew-module.html>

PSHE

In this bright and friendly picture book, children learn that it's okay to worry about coronavirus. Fun rhyming couplets keep the tone gentle and supportive, and you will find plenty of ideas for dealing with coronavirus in a positive way <https://home.oxfordowl.co.uk/bookshop/jon-burgerman-everybody-worries-free-ebook/>

Or watch it here: [Caroline Chan- Everybody Worries \(YouTube\)](#)

Music

Log onto Charanga, using the attached letter for your class. Lessons have been assigned by our Music Teacher Lauren.

Art

Use this How To guide from the Royal Academy to create shadow puppets

<https://www.royalacademy.org.uk/article/family-how-to-shadow-puppets>

Social Communication

KS4 are learning about manners. Click on the powerpoint below to see this week's lesson

Cooking

Our recipe of the week is attached below.

Take a look at this BBC how to video on how to knead bread: <https://www.bbc.co.uk/food/techniques/kneading>

Computing

Explore the world of binary code: <https://csunplugged.org/en/at-home/binary-challenge/>

Tips from the therapists:





Occupational Therapy Top tips:

Here are some activities that you can do at home that have hidden sensory benefits. You could do these independently or in a circuit. If you are doing these as a circuit, start with the more alerting activities and follow by calming, unless you feel your child is already very alert and needs to calm down – in which case go straight to calming.

<file:///C:/Users/M.isci/AppData/Local/Microsoft/Windows/INetCache/Content.Outlook/L7C2BYE3/OT%20Activity%20for%20the%20week%20-%20key%20stage%204.pdf>

Alerting	Calming
• Wall press ups	- Squeezy hugs
• Star jumps	- Deep breathing
• Movement break videos – YouTube or GoNoodle!	- Wrapping up in a blanket
• Dancing	- Massage
• Workout videos – Joe Wicks on YouTube	- Play-doh
• Eating crunchy foods	- Yoga – Cosmic Kids Yoga on YouTube

Makaton

<p>To Want</p> 	<p>The Best</p>  <p>Dominant thumb tip brushes non-dominant thumb tip sharply forward and up</p>
<p>Smile</p>  <p>Facial expression important</p>	<p>To Show</p> 

Spa School Bermondsey



Address: Monnow Road, SE1 5RN
Phone: 020 7237 3714

Email: office@spa-education.org
Website: spa-education.org