## Headteacher: Simon Eccles

February 1st 2021



# Spa Bermondsey KS4 Home

Welcome to your KS4 newsletter for this week. We will be e mailing you links this week so that you can access reading sessions, SoCo lessons or shared attention sessions. All sessions will be held via Teams. To make the most of the sessions, you will need to download Teams—but it isn't essential. Keep an eye on your inbox this week!

This week is also Children's Mental Health Week. We've added some resources to encourage conversations at home. We'll be using them in school in our PSHE sessions.

Teachers will continue to send home English and Maths work along with pupils next steps. Do let us know if there is anything specific your child is interested in. Teachers will continue to call to discuss your child's progress

#### PSHE

A way for families to explore what it means to have a good day or bad day using this book without orders. Click on the link on the webpage to explore

#### Music

Log onto Charanga, using the attached letter for your class. Lessons have been assigned by our Music Teacher Lauren.

### Science

Look at high definition views of the Earth on <a href="https://www.nasa.gov/multimedia/nasatv/iss\_ustream.html">https://www.nasa.gov/multimedia/nasatv/iss\_ustream.html</a>

Grab your coats and look at the night sky. <u>https://www.nationaltrust.org.uk/features/top-tips-for-stargazing</u>

#### Art

Design a colourful kaleidoscope using cardboard and coloured pens .<u>https://www.tate.org.uk/kids/make/cut-paste/make-kaleidoscope</u>

#### **Social Communication**

Can you think of different questions that you might ask a cashier when you go shopping? Use the sheet on the website to help you.

## Cooking

In cooking this week, we are making cheese straws. Have a look on the website for the recipe. You can learn how to roll pastry at <u>https://www.bbc.co.uk/food/techniques/rolling\_pastry</u>

## Computing

Explore these online games for students to explore and apply computational thinking concepts to promote learning while playing. <u>Colourful Kits - Interactive Learning | Barefoot Games</u>

## Dance

Step Into Dance, the company who provide our street dance lessons are offering free online dance lessons here: There is no sign up required, students will be able to access the classes by simply following the link on our website or can be found on <u>RAD Youtube account</u> or <u>Step into Dance Facebook</u>



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#### Tips from the therapists:

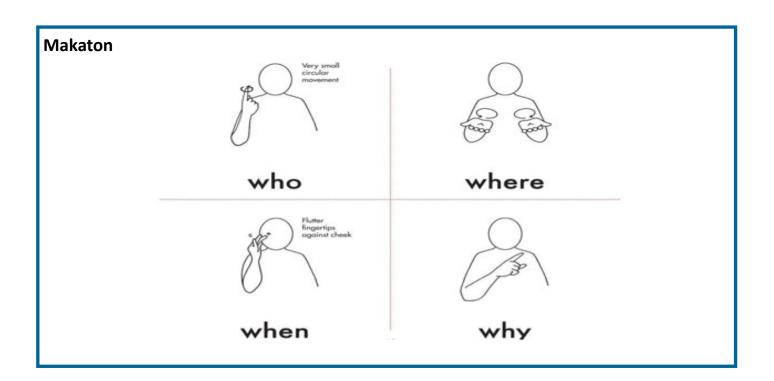
Our Occupational Therapists are Shannen and Megan (mfinch@spa-education.org).

Our occupational therapists have created two activities for you to do at home. There is one for fine motor skills and one for gross motor skills.

During this lockdown period, it's really important to get out into nature once a day, if you can. Things like the Big Garden Birdwatch from the RSPB are a great way to turn an ordinary walk into an adventure.

https://www.rspb.org.uk/get-involved/activities/birdwatch/everything-you-need-toknow-about-big-gar

Even though the reporting day has passed, the resources can still be used to help you know what you can see and hear.



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