

Microwave Mug Cake

Serves 2

Ingredients

- 4 tbsp self-raising flour
- 4 tbsp caster sugar
- 2 tbsp cocoa powder
- 1 egg
- 3 tbsp milk
- 3 tbsp oil
- Few drops vanilla essence
- 2 tbsp chocolate chips (optional)



Method

1. Add 4 tbsp self-raising flour, 4 tbsp caster sugar and 2 tbsp cocoa powder to the largest mug you have (to stop it overflowing in the microwave) and mix.
2. Add 1 medium egg and mix in as much as you can, but don't worry if there's still dry mix left.
3. Add the 3 tbsp milk, 3 tbsp of oil and a few drops of vanilla essence and mix until smooth.
4. Add 2 tbsp chocolate chips if using.
5. Centre your mug in the middle of the microwave oven and cook for 1½ -2 mins, or until it has stopped rising and is firm to the touch.