



18th September 2020

Dear parents and carers,

Once again we have had another successful week at Spa Camberwell. The pupils have enjoyed our beautiful outside spaces in the wonderful sunshine we have had.

This week classes took part in their first Special Yoga session on Wednesday. Daniela is our Special Yoga therapist and will be with on Wednesdays each week as part of our mindfulness curriculum. Each class has a mindfulness session every day as we know this can help develop relaxation techniques that increase focus and manage any worries or anxieties.

Key Stage 3 classes will start Karate with Sensei Kevin next Monday. Sensei Kevin uses a special teaching technique specifically designed for young people with autism and there is no contact made between pupils.

Finally we are looking forward to our school photographer visiting on Tuesday 22nd September. All pupils will be encouraged to have their photo taken for our school noticeboard in the lobby. We will send a set of photographs home to you free of charge once they are delivered.

Do enjoy the weekend.

Best wishes

A handwritten signature in black ink that reads "Steph Lea".

Steph Lea
Headteacher