

November 10th 2023

Dear Parents and Carers,

It was good to see so many of you at the parent teacher meetings yesterday. If you couldn't make it your child's class teacher or one of the assistant heads will make a time to give you a call.

Next week's family training session: Introduction to Makaton with Jenny: Tuesday November 14th at 2.30pm. Please call the office to book a space.

Just a reminder we have the following sessions coming up:

- Using schedules
- Tea and Talk
- Meet the SALT team
- Autism and Puberty
- KS4 transitions

Antibullying week



Next week we will be focusing on friendship and antibullying. Everyone is welcome to wear odd socks on Monday.

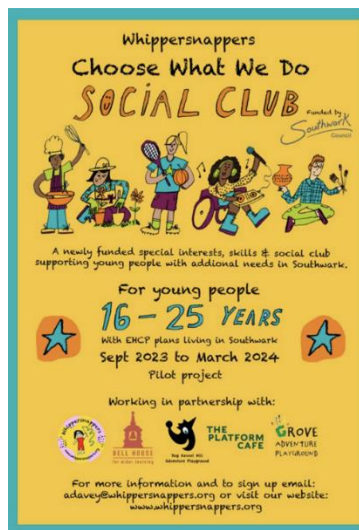
Childline: The new website is now live. Childline is run by the NSPCC and is the UK's free 24-hour service for children and young people. Childline gives children and young people up to the age of 19 confidential support with whatever is worrying them. Find out about Childline's unique offer on [NSPCC Learning](#).

Children in Need

We are hoping for a visit from Pudsey next Friday as we celebrate this year's Children in Need event. Pupils are welcome to wear yellow, their own clothes or of course their uniform.



Whippersnappers Do share the information below with any friends and family who may find it useful.



National Sleep Helpline



Up to 80% of people with a SEND have difficulties with their sleep. The helpline is run by trained sleep advisors, many of whom are specialists in working with SEND. They offer free advice to families and are available Monday, Tuesday, Thursday evenings 7-9pm, and Monday, Wednesday mornings 9-11am. You can read more here: <https://thesleepcharity.org.uk/national-sleep-helpline/>

Best wishes,

Steph Lea

Steph Lea
Executive Headteacher