

## Fine Motor Marble Maze

In this activity, you will create a marble maze to promote fine motor skills

### Targets:

- Fine Motor control
- Finger isolation
- Bilateral hand use
- Visual tracking
- Visual motor coordination skills

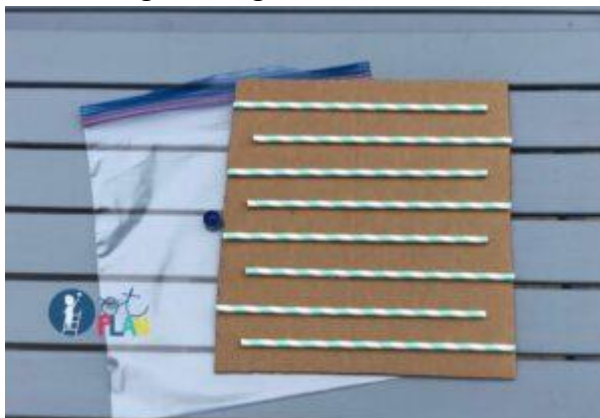
### Materials:

- Cardboard
- Glue
- Marbles
- Scissors
- Straws
- Ziplock bag



### Instructions:

1. Instruct your child to cut a piece of cardboard that will fit inside a ziplock bag you have at home. If this may be too difficult for them, you can have the cardboard cut and prepared for the next steps.
2. Instruct your child to glue straws on a piece of cardboard. Glue the 1<sup>st</sup> straw aligned to the left edge of the cardboard.
3. Glue the next straw aligned to the right side of the cardboard and continue gluing straws all the way to the bottom of the cardboard. Ensure that there is space for the marble to go through between the straws.

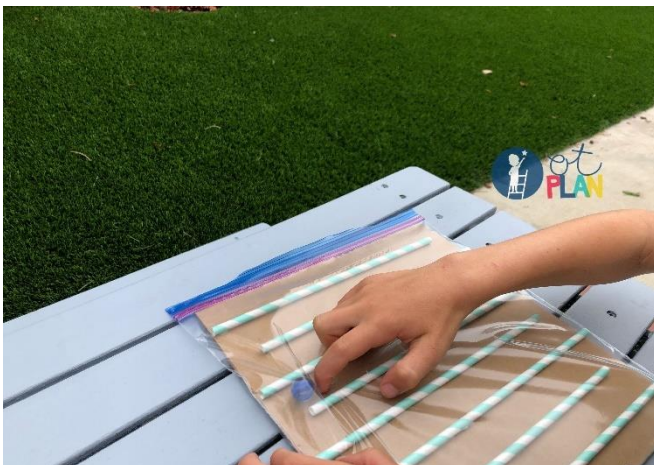


4. Let the glue dry.

5. At the bottom edge of the zip lock bag, cut a small slit. Make sure you cut it on the side the marble will come out from.



6. Once the glue is dry and the straws are secured, insert the cardboard into the ziplock bag.
7. Close the ziplock bag almost all the way, leaving a small opening for the marble to fit in.
8. Put the marble through the opening and start moving it with your finger through the maze until it comes out at the bottom.
9. You can instruct your child to alternate their fingers they use to move the marble, or they can use both hands to hold the cardboard and move it from side to side, letting the marble slide out.



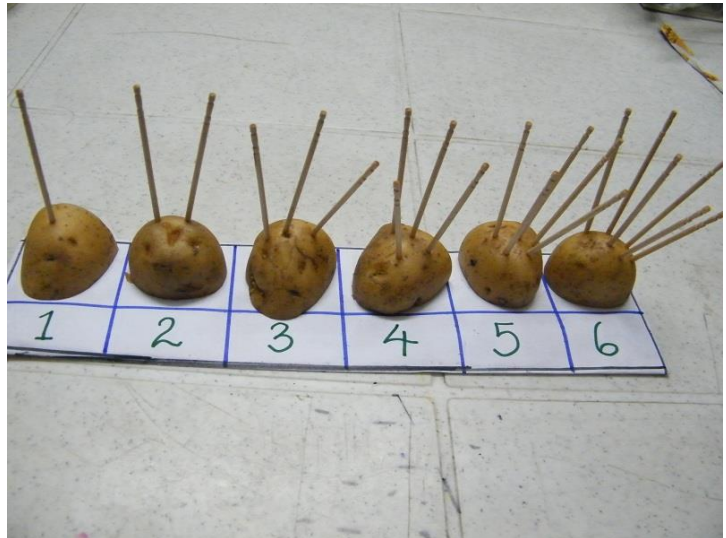
## Potato Counter

Targets:

- Finger Strength
- Fine motor control
- Crossing the midline
- Tripod grasp
- Visual perception
- Eye-hand coordination

Materials:

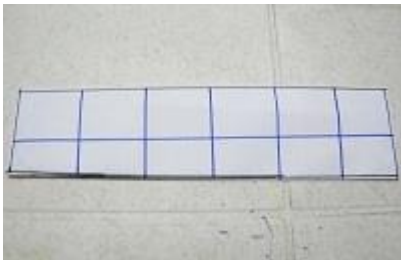
- Cardboard
- Fruit or vegetable e.g. Apples, potatoes, carrots
- Knife
- Pen
- Toothpicks



Instructions:

For this activity you could use different types of fruit and vegetables. If the child has difficulty completing the activity with potatoes, you can use a softer fruit like bananas.

1. Instruct your child to cover a strip of thick cardboard or card, and draw boxes like those shown in the picture.



2. Cut small potatoes into halves and quarters so that they can stand without rocking or tipping.



3. Ask your child to place one potato wedge on every box and number each box.



4. Now your child can stick in the right number of toothpicks into each potato.



\*To make this activity a little more challenging, use random numbers instead of numbers in a sequence.