

Spa Bermondsey Newsletter

Welcome to our November newsletter. Despite all that's been happening in the world and changes to restrictions, we've still had a very busy November at Spa Bermondsey.

We celebrated Children in Need day on Friday 19th November and as a school community raised £220! Children in Need happened in the same week as Anti-Bullying week and pupils created a lovely group projects around the theme "One Kind Word".

Our Mindfulness project has begun and we are offering mindfulness sessions to pupils, staff—and parents—over the next 6 weeks. Look out for a letter inviting you to a parent session soon.

Although we've had to pause our community outings for moment, we are optimistic we'll be able to resume them in December. Pupils have been well supported with social stories to help them manage these changes.

Anti-Bullying Week

This year's theme for anti-bullying week was one kind word. In Social Communication lessons, pupils practiced giving and receiving compliments, identified kind and unkind behaviour and learnt about different types of bullying.

Class 5D did a wonderful assembly on the power of compliments.

Pupils contributed to a school jigsaw, listing kind words which was displayed in the dining room.



Children in Need

We raised £220 on Friday 19th November for Children in Need. Staff and students dressed in yellow. Pudsey visited each class to accept donations. We all had a lot of fun!





Spa School Bermondsey



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Parent and Carer Sessions

Our SaLT session on Preparing for Change was very well attended. Amy and Abbey went through a range of strategies you can use at home to prepare for changes, big and small.

Our OT session had to be postponed—we will reschedule this for the new year— we'll let you know the date in our next issue.

In Spring we will have sessions on RSE and PSHE, Puberty and using PECS and Makaton at home.

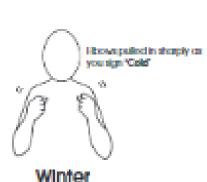
We are having to postpone our Family Karaoke session; you've got a few more weeks to practice your song of choice! We will set new dates for 2022.

Upcoming dates for your diary

- Transition session: Tuesday 14th December 2021
- Last day of Autumn term: Friday 17th December 2021
- First day back for pupils: Thursday 6th January 2022
- Spring half term: Monday 14th February—Friday 18th February 2022

Key signs







Mime putting coat on over shoulders, show oppropriate length

coat

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