



## Spa Bermondsey– Spring Menu 2025

Spring 2025	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meal Choice 1</b>	Jacket Potato Cheese & Beans	Sausage, Mash & Gravy	Spaghetti Bolognese	Jollof Rice & Curry	Veggie burger and burger bun, wedges
<b>Meal Choice 2</b>	Stir Fry Noodles	Vegetable Pie, Mash & Gravy	Quinoa & Bean Wrap	Vegetable Frittata	Mac & Cheese
<b>Vegetables</b>	Peas & Diced Carrots	Green Beans & Sweetcorn	White Cabbage & Broccoli	Baby Corn & Baby Carrots	Peas & Beans
<b>Salad Bar</b>	Pepper Sticks Leaves Italian Salad	Cucumber Sticks Tomato & basil Lettuce	Cucumber Beetroot Salad Sweetcorn Salad	Coleslaw Lettuce .Roasted Chickpea & Feta Salad	Grated Carrots Leaves Avocado & Corn Salad
<b>Dessert Choice 1</b>	Peaches	Pineapple	Banana Bread	Mixed Melon	Jelly
<b>Dessert Choice 2</b>	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt	Fruit Yogurt