Dear 3K and 3L pupils and parents,

Welcome to the first week of March! Did you know that the Anglo-Saxons called the month *Hlyd monath* which means Stormy Month, or *Hraed monath* which means Rugged Month.

This week we are celebrating World Book Day. World Book Day 2021 is on March 4 - celebrating everything to do with books and reading. This is the 24th year that the event has been held. It comes around on the first Thursday of March every year in the UK. The day is also celebrated in over 100 countries across the world. In some countries, World Book Day is on William Shakespeare's birthday - April 23. At Spa Camberwell, we will be dressing up as characters from our favourite books – why don't you do the same at home? You can also watch live World Book Day events on Wednesday, Thursday and Friday – the links are in the boxes below.

This week's music lesson tests your ability to spot the odd one out, and in art, you can make a unicorn puppet. The season is changing; the first day of Spring is on March 20, which is why you will be learning about weather in the UK in humanities. The cricket lesson will help you use your new skills with confidence, and Movement Works have a class for every day of the week (don't forget to register!).

Your Makaton sign of the week is *March,* and you can watch the final episode of the dramatic reading of the Roald Dahl classic, *The Twits*, brought to you by the Unicorn Theatre. Science is taking you to the San Diego zoo, where they have cameras in the animal enclosures – can you spot the hippo?

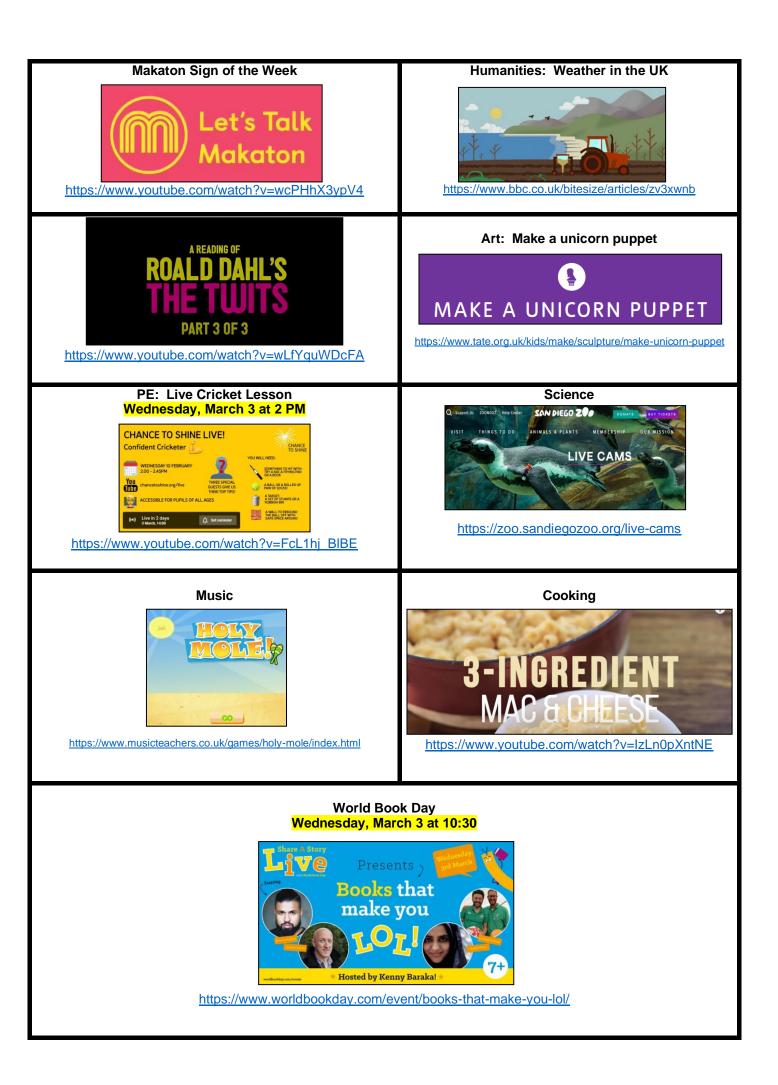
Why don't you use your cooking skills to make delicious mac & cheese for your family? The recipe is below. Don't forget to ask an adult to help you!

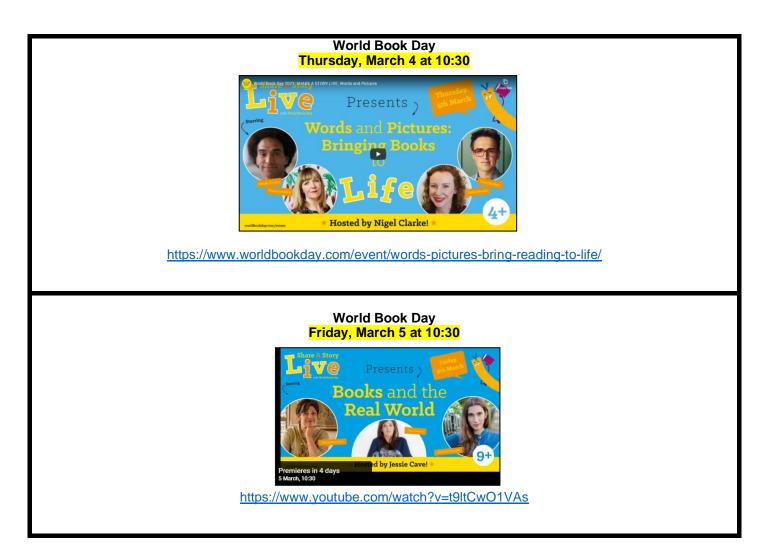
This week's challenge is an easy one: Take someone in your family with you and walk 1 mile every day of the week. Can you spot the new leaves on the trees? Flowers? Bumblebees and butterflies? It's an exciting and beautiful time of year!

Day	Actvity	$\checkmark$
Monday	1 mile	
Tuesday	1 mile	
Wednesday	1 mile	
Thursday	1 mile	
Friday	1 mile	
Saturday	1 mile	
Sunday	1 mile	

Have a great week.

Rían







The full details of all our sessions can be found on our dedicated webpage: <a href="https://www.movementworks.org/movementworks-online-sessions/">https://www.movementworks.org/movementworks-online-sessions/</a>

## Monday March 1

11.00: Sensory Yoga with Viera Link to register:

https://us02web.zoom.us/meeting/register/tZYIc-mhrTkjG9y\_hiHTIaN\_RIIvm3mAVAH2

Tuesday March 2 13.45: Autism Movement Therapy® Based Session with Hilary Link to register: https://us02web.zoom.us/meeting/register/tZckdumgrj8iH9zSxxueXS655\_Os4BsFpGNz

Wednesday March 3 11.30: Rhythm & Rhyme with Tina Link to register: https://us02web.zoom.us/meeting/register/tZMpf-iorzssHtAQmXKnNh994SQzCEgnGUdP

Thursday March 4 11.00: Mindful Motor Session with Nicole Link to register: https://us02web.zoom.us/meeting/register/tZUpf--ppzgtHNO9ZcVKYTIu5rbDX1GQ8Jqp

## Friday March 5

9.45: Developmental Dance Movement® Based Session with Hilary Link to register: https://us02web.zoom.us/meeting/register/tZYrf-CspjstGdKuAnOOziO9nu8O85Rkv3y8

## Please see, below, a brief summary of the important points for joining in our sessions:

- We use Zoom software to deliver our sessions and you are required to register prior to the class in order to receive the link to join.
- On accessing the session you will be placed in the 'waiting room' and when the session is ready to commence, the host will admit you to the live session; the process of registration and placing you in the 'waiting room' has been implemented as an extra layer of security in line with our safeguarding policy, which is available on request.
- Your video is turned on by default so you can interact with the Presenters and they can see you. If you do not wish to be seen on screen during the session please turn off your video in your Zoom controls as you enter the session; this will not affect you joining in or viewing the class,
- Your sound is muted by default as soon as you enter the Zoom session; this is to ensure that any background noise from your location will not deter from other participants enjoyment of the class.
- You should only participate in the activities if you are healthy enough to do so. Anyone with a pre-existing medical condition or pregnant should take advice from their medical practitioner.
- A responsible adult must be in the room at all times during the sessions to ensure the health and safety of any children or vulnerable adults taking part in the classes. You should ensure that you and/or the child/vulnerable adult taking part in the session is in a safe space free of trip hazards and obstructions to allow you/them to move around safely while having a clear view of the screen/device you are using to access the class.