

Primary Home Learning Newsletter

DEAR PRIMARY FAMILIES

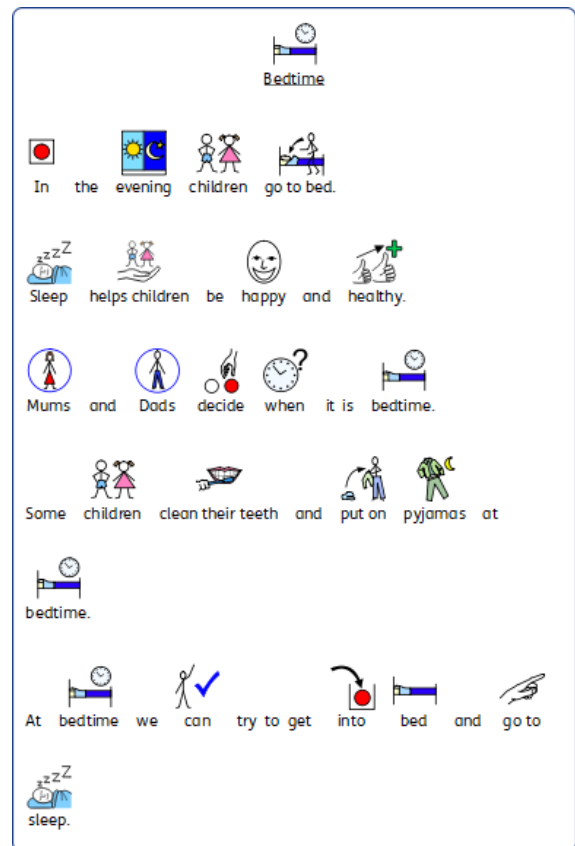
I hope your week has gone well. This week we have a social story about bedtime. Social stories are a great teaching tool. They also help our children feel good about things they can do well. If your child already has a smooth bed time, do read them the social story to give them a feeling of success. There is also a link to Oily Cart Theatre Company. If you fill out the form in the online link they will send you packages that you can open at home and explore and enjoy as a family. – Tennille

Story Time



Watch Tennille read "Lost and Found"
<https://youtu.be/Hpth5EneDvI>

Social Story



Bedtime

In the evening children go to bed.

Sleep helps children be happy and healthy.

Mums and Dads decide when it is bedtime.

Some children clean their teeth and put on pyjamas at bedtime.

At bedtime we can try to get into bed and go to sleep.

Outdoor Play



Tell a story by collecting natural props when you are out on a walk.

<https://www.ltl.org.uk/resources/story-stick/>

Theatre



Once upon a time, there was you and me...

Oily Cart's *Space to Be* is a sensory show that will be sent to your home. It's been created for and with disabled young people (aged 0-18) who experience the world in a sensory way, and their families.

You will unwrap the show over a week through a series of packages, bringing moments of wonder for you to enjoy individually, and together.

Space to Be explores each family's unique story: our individual differences and how we are all connected like a constellation in the universe.

Fill in the form (the link is below) to register for this fantastic experience.

<https://docs.google.com/forms/d/e/1FAIpQLScJmvTb3N7OkUMNgYQjg4MWQekIQ65Aw4txrnwOUz6IEmaEbg/viewform>

Humanities



Ranger Stu came to visit us at Spa Camberwell last year. Watch him and his animals at the Natural History Museum.

<https://www.nhm.ac.uk/events/dawosaurs.html>

Mindfulness



Breathing is a great way to help you feel calm. We do breathing exercises during our mindfulness lessons at school.

<https://youtu.be/m2L2NNzSjy8>

Shared Attention

What is inside Vivian's bucket?



<https://youtu.be/5vaoCw6aeW0>

SoCo

Challenge of the week

Complete an activity that helps you feel calm at home.

Music

Southwark
Education
Learning and
Achievement



Activity video

<https://www.bbc.co.uk/teach/ten-pieces/KS2-3/zkthsrd>
Another piece of music that has a strong pulse is 'A Short Ride in a Fast Machine' by John Adams. This page from the BBC Ten Pieces website has an animated video as well as a performance video to watch - see if you can find the steady beat and play or tap along while you watch!
<https://www.bbc.co.uk/programmes/p01c9j51>



11.00: Sensory Yoga with Viera

Link to register:

<https://us02web.zoom.us/join/register/tZMuf-igqzkoGNKOSuYr5Yx-iMDDShJXE-IB>

Tuesday 26th January

13.45: Autism Movement Therapy® Based Session with Hilary

Link to register:

<https://us02web.zoom.us/join/register/tZ0kd-6trzapHtK9ZGYIS1XmN-iwYsOPgPPH>

Wednesday 27th January

11.00: Rhythm & Rhyme with Sharon

Link to register:

<https://us02web.zoom.us/join/register/tZEpfu6qgzovHtQk83kJ6ldZSQn9hcPzxSIK>

Thursday 28th January

11.00: Mindful Motor Session with Nicole

Link to register:

https://us02web.zoom.us/join/register/tZYqde6tpzIqG9a_r-ExW_hLBDpjKQibqYNK

Friday 29th January

9.45: Developmental Dance Movement® Based Session with Hilary

Link to register:

<https://us02web.zoom.us/join/register/tZwkf-ivqDwpGdZw-71jybhNY3ixkrwa-n6Q>

11.00: Laughter Yoga with Hilary

Link to register:

<https://us02web.zoom.us/join/register/tZMld-CsQDqvEtVpiNb5JNOoTYYnB86qqNXo>