

Dear Parents and Carers,

Re: Relationships and Health Education (RHE) Policy Update 2026 consultation.

We are writing to inform you that our Relationships and Health Education (RHE) Policy has been updated in line with the revised statutory guidance for 2026.

As part of this update, the HeartSmart programme that we use to support the teaching of Relationships and Health Education has also refreshed its learning materials to ensure they fully reflect the new statutory requirements.

Our aim is to provide pupils with age-appropriate, high-quality Relationships and Health Education that supports their wellbeing, personal development, and understanding of healthy relationships in accordance with the latest government guidance.

Please find attached the updated RHE Policy and HeartSmart guidance.

If you have any questions about the policy or the curriculum, please do not hesitate to contact us by emailing the school office. We will be happy to answer any queries you may have.

Thank you for your continued support.

Yours sincerely,

Kerry Williams

Assistant Headteacher