COVID-19 Household Isolation Protect your family and friends

If you have tested positive for COVID-19 all other people in your household must selfisolate. They must not leave the house for 10 full days following the day you first showed symptoms, or if you have no symptoms from the day you had the test.

If they then display symptoms, they must start a new 10-day isolation period from the day they first appear. People in the household who remain well after 10 days are unlikely to be infectious.

What happens if someone in your family gets sick?

Day 01	Mum	Child 1	Child 2	Dad			
02	Gets sick						
03	triggering	Gets sick and					
04	10-day isolation	starts 10-day					
05	for herself and 10 days for her	count					
06	family						
07							
08							
09							
10			No symptoms,				
11	Isolation ends		isolation ends				
12		Isolation ends					
13		Gets sick and					
14_		starts 10-day					
15		count					
16	Anyone with symp						
17	2m away from oth						
18	-						
19	If you still have a t						
20	continue to self-isolate, but can go out again if, by						
21	then, you only have a cough or loss of taste or smell.						
22							



