

# Domestic Abuse

## Help during the Covid-19 pandemic

Local domestic abuse support services are still offering a full range of support.

If you, or someone you know, is affected by domestic abuse, contact:

**Women's Aid NEL (who support both men and women)**

Tel: **01472 575757**

Email: [support@womensaidnel.org](mailto:support@womensaidnel.org) if it is safe to do so or

**The Blue Door Domestic and Sexual Abuse Service**

Tel: **0800 197 4787**

At a time of immediate danger, call 999 and ask for the police.

If you can't speak, press 55 on your telephone keypad when the operator is on the line to still get help.

For children and **families safeguarding advice** and concerns contact the Multi-Agency Safeguarding Hub **(01472) 326292 Option 2** or report concerns online at [www.nelincs.gov.uk/children-and-families](http://www.nelincs.gov.uk/children-and-families)

For adult safeguarding advice and concerns contact the Single Point of Access (SPA) on **(01472) 256 256**

To report a non-emergency incident contact **Humberside Police on 101**

