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Care, Collaboration, Challenge

Friday 2<sup>nd</sup> February 2024

## **Safer Internet Day**

Safer Internet Day is celebrated globally on the 6<sup>th</sup> February to promote the safe and positive use of digital technology for children, and to inspire a national conversation about using technology responsibly, respectfully, critically and creatively. We will be taking part in a number of activities throughout the week.

### **Children's Mental Health Week**

Next week is Children's Mental Health Week, as a school we always encourage children to talk about their



feelings and ensure they feel safe at school to go to an adult when they need too. During the year all children cover a number of topics/assemblies that provide them with time, space and opportunities to express themselves. However, we feel this week is a great opportunity to highlight the importance by taking part in a number of class activities and Express Yourself Friday. **On Friday 9**<sup>th</sup> **February all children can come to school in their own clothes and are encouraged to express themselves.** 

# **Cross Country Day**

On Thursday 22<sup>nd</sup> February the whole school will be taking part in a school cross country. We will be encouraging all the children to walk or run and discussing the importance of being active. Some children will be selected from this event to represent the school in a local cross country competition. *All children are to wear their PE kit on this day.* 

### **Compass Go Parent's Workshop**

Don't forget we have Compass Go leading a parent workshop on Monday 5<sup>th</sup> February at 2.15pm about Understanding and Managing Children's Anxiety.

# **Diary Dates**

22 <sup>nd</sup> February	Cross Country Day
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- 4<sup>th –</sup> 6<sup>th</sup> March Year 5 York Residential
- 25<sup>th</sup> March Children's reports go out to parents
- 27<sup>th</sup> March Easter Bingo
- Yours faithfully
- TStorr