



YOUTH SPORT TRUST

The Youth Sport Trust have taken the step to deliver a free virtual after school club as part of a national response to the second lockdown. The 30-minute club will take place at 5pm each weekday and be led by a different member of the YST's athlete mentor network. The After School Sport Club will run for five weeks starting on Monday 16th November until December 18 and children and young people can take part live by visiting our YouTube channel –

<http://www.youtube.com/user/YouthSportTrust>

Aimed mainly at primary-aged children, a different theme has been assigned for each day of the club - Adventure Monday, Tuesday Play, Wild Wednesday, Thinking Thursday and Fun Friday. The YST hope that this will provide support, capacity and inspiration to sit alongside the other great work and offers that are available for schools and children and young people to engage in.