





<p>Create your own personal fitness challenge. Choose 3 different things to do each day for a minute. Can you beat your scores for each activity? Create a table and keep a log.</p> <p>Date completed:</p>	<p style="text-align: center;">Y5/6 Homework Menu</p>  <p style="text-align: center;">Summer 2022 - Olympic Legacies What did the Greeks do for us?</p>	<p>Measure your family's resting heart rates before putting them through their paces. Ask them to hop, skip, jump and run, measuring their heart rates after each activity. Fill in a table or spreadsheet with everyone's results before looking for patterns in the data. Who has the slowest heart rate? Which exercise caused the biggest increase in heart rate?</p> <p>Date completed:</p>
<p>Who was Pythagoras? How is he linked to maths? What is Pythagoras' theory? Present your findings - use diagrams to explain what you have learnt.</p> <p>Date completed:</p>	<p>Be kind to your heart! Research information and plan ideas for a weekly menu of food that your heart would love. Spinach, porridge, blueberries, salmon and soy protein are all heart-healthy.</p> <p>Date completed:</p>	<p>Find out about the size and structure of a human heart and compare it to the size, structure and number of hearts in other animals - worms have five!</p> <p>Date completed:</p>
<p>Write an advert persuading people to visit the ancient Olympic Games.</p>  <p>Date completed:</p>	<p>What does the phrase 'blood is thicker than water' mean? Write a short story using this as a title</p> <p>Date completed:</p>	<p>Who is Steven Brown? Find some of his famous paintings and create a collage or try to recreate his artwork.</p>  <p>Date completed:</p>
<p>Design and make your own Labyrinth. It could be made of straws, string or wood.</p>  <p>Date completed:</p>	<p>Create a picture of an imaginary Greek monster. Make sure your poster is eye-catching and full of facts and information. Try to think of a symbol for your monster.</p> <p>Date completed:</p>	<p>Find out what life was like for children in Ancient Greece. How does it compare to children living today? Present your information in a different way.</p> <p>Date completed:</p>