



European Union European Social Fund

# Train-To-Gain Helping You into Work

The Brandwood Centre is excited to announce that it has secured funding from the European Social Fund to continue to deliver our successful Train-to-Gain programme, helping you gain the experience and the confidence you need to find and stay in work. Our services are free and open to anyone aged 19 or over who is currently unemployed or economically inactive and living in Greater Birmingham or Solihull. By providing these services we aim to raise confidence, skills and knowledge and increase employability prospects. We offer a tried and tested back to work training and support package including...

- Accredited Training
- Maths, English & IT Skills
- CV Support
- Careers Information, Advice & Guidance
- Volunteer Opportunities
- Exclusive access to the fortnightly publication 'Brandwood Bulletin' and 'Jobs Board'
- Access to complimentary services to support you in your journey back
  into work

Our programme is delivered from the award winning Brandwood Centre, a local community centre which prides itself on offering a welcoming and friendly environment for all.

This project is part funded by The European Social Fund

#### Careers Advice, Information and Guidance 1-2-1 Career and Employment Coaching.

Is it time for a career change? Do you need some support with finding work? Our friendly Employment Engagement Officer is here to help! She can offer you bespoke careers guidance, helping you to identify your skills and passions to guide you in the right direction, with the ultimate goal of helping you find your perfect job!



## **Open for Business, Skills for Enterprise**

- Are you highly motivated and strive for success?
- Are you determined?
- Are you a risk taker?
- Do you seek answers for age old problems?
- Do you have a vision of the future?

If you have answered yes to any of the questions above, you may have just what it takes to go it alone. The pandemic has left many of us with questions about our future.

If you've had a great business idea during lockdown, we have just the course to get you started on the road to being your own boss. Our understanding enterprise course is a four-day programme aimed at providing you with some business basics.

Take this opportunity to learn how to:

- Understand the skills you need in the entrepreneurial world.
- Make your business plan stand out from the crowd and attract investment or funding.
- Recognise your competition and check business viability
- Learn the basics of marketing your business
- Understand business structures, and how to get started

#### Brush Up Your Basic Skills

Do you need help to improve your English, Maths, or IT Skills? We offer free online courses that you can complete at your own pace to gain a Level 1 qualification in these skills, which can be essential to securing a job.

#### **CV** Support

When applying for a job, whether it's your first one or a completely new one, your CV is the first chance you have to make a good impression. It's the thing that has to set you apart in the minds of the recruiter, based purely on the words on the page they have in front of them. The importance of a well-written CV cannot be underestimated. We can help you create an up-to-date CV that you can be proud of, making sure you are on the 'interview list' and on the right track to getting that job!



#### Volunteering Opportunities

Are you looking to help others and give back to your community? Or perhaps you'd like to gain some additional experience working for a dynamic, friendly team. The Brandwood Centre offers 12-week volunteering opportunities. Apply for roles such as:

- Marketing and PR Advisor
- Assistant Administrator
- Work Placement Coordinator
- Course Mentor
- Data Inputter
- Assistant Employment Officer
- General Assistant.

For more information, please call 0121 443 3310.

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## **Coming Up** Courses available April – July 2021

#### Level 2 Understanding Mental Health in the Workplace (1 Day)

Wednesday 21st April, 9:30am-4:30pm

The purpose of this qualification is to give learners the skills to support colleagues with mental health problems. These skills will be gained by increasing the learner's knowledge and understanding of mental health conditions and the principles of mental health first aid and how this can be implemented in the workplace. This qualification is suitable for learners who wish to raise awareness of mental health, creating a culture of care and the promotion of positive mental health.

#### **CSCS Card Construction Skills Training (2 Days)**

Monday 19th & Tuesday 20th April, 9:00am-4:00pm

This 2-day course offers appropriate construction related qualifications and training required to work in the construction industry. Complete your training, take your test and receive your CSCS Card, proof that you are ready to work on construction sites and have the appropriate training and qualifications for the job.

Further courses will be run on the following dates: Thursday 22nd & Friday 23rd April, Tuesday 1st & Wednesday 2nd June, Thursday 3rd & Friday 4th June, Monday 14th & Tuesday 15th, Thursday 17th & Friday 18th June

#### Level 1 Customer Service (1 Day)

Wednesday 28th April, 9:30am-2:30pm

This qualification is ideal for those planning to work in a customer service role.

#### Level 1 Wellbeing for Employment (5 Days)

#### Friday 30th April and 7th, 14th, 21st, 28th May, 9:30am-2:30pm

Are you ready to look for work? Our new Wellbeing for Employment programme is the perfect combination of short courses to help focus your mindset on seeking employment. 2020 has been a stressful time for everyone and this course will help you to manage your stress levels and protect your mental health while you focus on making 2021 all about you and your future career goals. Gain two accredited qualifications and some expert advice to help guide you through the recruitment process and back into the world of work.

## Level 3 Emergency First Aid at Work (1 Day) Wednesday 5th May, 9:30am-4:30pm

This one day course is designed for anyone looking to gain employment in any industry sector, covering emergency first aid, enabling you to act as a first aider in the workplace.

#### Level 2 Food Safety for Catering (1 Day)

Wednesday 12th May, 9:30am-2:30pm This one-day course is ideal for anyone working in catering, hospitality, manufacturing, or retail setting where food is prepared, cooked and handled.

#### Level 1 Occupational Health & Safety (1 Day)

Wednesday 19th May, 9:30am-2:30pm

Understanding the principles of health and safety and accident prevention. This qualification is suitable for anyone looking to gain employment in any industry sector and is a great addition to your CV.

## Level 2 Safeguarding Children, Young People and Adults at Risk (1 Day)

Wednesday 26th May, 9:30am-4:30pm

This introduction to Safeguarding course will provide you with a foundation in safeguarding knowledge and skills, helping you feel more confident in recognising the signs of abuse, reporting your concerns. This training is a must for anyone who has regular contact with children/young people and/or vulnerable adults.

### Level 3 Emergency Paediatric First Aid (1 Day)

Wednesday 9th June, 9:30am-4:30pm

This one-day course has been designed for those who are interested in working in childcare settings but will also be useful for anyone with a responsibility for caring for infants and children.

#### Level 1 Make Your Move (5 Days)

Friday 11th, 18th, 25th June and 2nd, 9th July, 9:30am-4:30pm

Are you considering returning to work but not yet sure what job is right for you? Understanding yourself can help you work out what careers you may enjoy working in. This brand new course offers you the chance to explore your skills, motivations and desires to find a job that's perfect for you. This course will provide you with an accredited qualification, a polished CV but most importantly a little bit of 'you time' to consider opportunities available to you in the world of work.

## Open for Business Level 1 Skills for Enterprise (4 Days)

Wednesday 23rd, 30th June and 7th, 14th July, 9:30am-2:30pm The aim of this course is to develop the key skills required to start up and run your own business. Covering topics to help you understand and develop your enterprise skills with the added bonus of advice and support from your very own business mentor.

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