

# Forest School Curriculum Overview

*'Forest School is an inspirational process that offers ALL learners regular opportunities to achieve and develop confidence, self-regulation and self-esteem through hands-on learning experiences involving managed risk-taking in a woodland.'*  
 Forest School Association

Year R	Year 1	Year 2	
<ul style="list-style-type: none"> <li>• Craft activities using natural materials (collages, make believe/ role play props using natural Summer materials)</li> <li>• Climbing trees (risk-management/ assessment)</li> <li>• Den-building using simple structures</li> <li>• Habitats discovery</li> <li>• Tool use (shovels, buckets) Hunting for mini-beasts/ digging for worms</li> <li>• Team games- hide and seek</li> </ul>	<ul style="list-style-type: none"> <li>• Craft activities using natural materials (weaving and collages, make believe/ role play props using natural Autumnal/ Spring materials)</li> <li>• Climbing trees (risk-management/ assessment)</li> <li>• Den-building using simple structures</li> <li>• Habitats discovery</li> <li>• Tool use (shovels, buckets) Hunting for mini-beasts/ digging for worms</li> <li>• Team games- hide and seek</li> </ul>	<ul style="list-style-type: none"> <li>• Craft activities using natural materials (Christmas decorations, crowns, dream catchers, decorative hoops, leaf kebabs, making patterns)</li> <li>• Tool making- bows and arrows</li> <li>• Climbing trees (risk-assessment/ management)</li> <li>• Den-building using simple structures</li> <li>• Habitats discovery</li> <li>• Tool use (shovels, buckets) Hunting for mini-beasts/ digging for worms</li> <li>• Team games- hide and seek</li> </ul>	
Year 3	Year 4	Year 5	
<ul style="list-style-type: none"> <li>• Craft activities using natural materials (dream-catchers/ weaving using Spring materials craft using leaves/ petals)</li> <li>• Tool making- bows and arrows</li> <li>• Tool use (shovels, drills, files)</li> <li>• Climbing trees (risk-assessment/ management)</li> <li>• den-building involving specific knots (rope work)</li> <li>• Habitats discovery</li> <li>• Team games- capture the flag and sardines</li> <li>• Fire- safety, set-up</li> <li>• Cooking- S'mores and hot chocolate</li> </ul>	<ul style="list-style-type: none"> <li>• Craft activities using natural materials (Autumnal/ Spring materials craft dream-catchers/ weaving using leaves/ petals)</li> <li>• Tool making- bows and arrows</li> <li>• Tool use (Clippers, shovels, drills, files, saws)</li> <li>• Climbing trees (risk-assessment/ management)</li> <li>• More complex den-building involving specific knots (rope work)</li> <li>• Habitats discovery</li> <li>• Team games- capture the flag and sardines</li> <li>• Fire- safety, set-up</li> <li>• Cooking- S'mores and hot chocolate</li> </ul>	<ul style="list-style-type: none"> <li>• Craft activities using natural materials (Christmas decorations using weaving/ Spring crafts and collages)</li> <li>• Tool making- bows and arrows</li> <li>• Tool use (Clippers, shovels, drills, files, saws)</li> <li>• Climbing trees (risk-assessment/ management)</li> <li>• More complex den-building involving specific knots (rope work)</li> <li>• Habitats discovery</li> <li>• Trading natural resources and creating own currency</li> <li>• Team games- capture the flag and sardines</li> <li>• Fire- safety, set-up</li> <li>• Cooking- S'mores and hot chocolate</li> </ul>	
Year 6	<b>The essence of Forest School...</b>		
<ul style="list-style-type: none"> <li>• Craft activities using natural materials (Christmas decorations using weaving)</li> <li>• Tool making- bows and arrows</li> <li>• Tool use (Clippers, shovels, drills, files, saws)</li> <li>• Climbing trees (risk-assessment/ management)</li> <li>• More complex den-building involving specific knots (rope work)</li> <li>• Trading natural resources and creating own currency</li> <li>• Habitats discovery</li> <li>• Team games- capture the flag and sardines</li> <li>• Fire- safety, set-up</li> <li>• Cooking- S'mores and hot chocolate</li> </ul>	<p>At the heart of Forest-Schools sessions is the development and maintenance of trust. It is down to the individual to leader to decide how they interpret and apply the above; all new series of sessions should begin with low risk, simple activities and build up to more risky or advanced sessions as the trust between the staff and children is established. This may mean that some groups will not experience the same activities as other groups of the same age, dependent on their maturity, engagement and interests, which is in line with the personalised nature of Forest-Schools. Trust should be explicitly and regularly discussed with the children as part of all sessions.</p>		