

SS John & Monica Catholic Primary School

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Dear Parents,

History theme day - Friday 14th January
a chance to celebrate our history and heritage, communities and heroes.

Friday 14th January will be a non-uniform day for the whole school with a twist!

As we have done in previous years, children are encouraged to come dressed as a character from history. This could be from a particular period in history eg Roman, Egyptian, Viking, knight, evacuees or a famous character eg a King / a Queen/ an explorer/a sports star/a pop star or someone else (and not necessarily someone who is dead!).

Please don't spend money on special costumes but use something they might have already eg PE/ football kits could be a famous sports character, school uniform could be an evacuee, Disney dressing up costumes could be a princess. They could also use recycled materials such as bin bags or old pillowcases for their costumes. Examples are shown below adapted from the London History day website: https://www.london.gov.uk/sites/default/files/lhd_2020_london_heroes_family_guide_0.pdf which has many other suggestions.

Certificates will be given to children who can explain about the history of their character or time period.

We look forward to seeing what the children come up with!

Yours sincerely,

Mrs K. Litchfield (History Lead)



ROMANS
(1ST CENTURY BC – 5TH CENTURY AD)

Who were they?
Roman Londoners included soldiers, merchants, sailors, slaves, administrators, shopkeepers and craft workers.

Get the look

Roman boys: knee length tunic made out of an old pillowcase, or an oversized plain T-shirt. Cord or narrow belt tied around the waist (**see Activities**). Flat sandals or ankle boots worn without socks.

Roman girls: ankle length plain dress tied with a cord or narrow belt under the armpits (**see Activities**). Flat sandals or ankle boots worn without socks.

Soldier: add a shield and/or helmet



CHRISTINE OHURUOGU
(BORN 1984)

Who is she?
An Olympic and World Champion athlete who has won gold, silver and bronze medals at three successive Olympic Games.

Get the look

Trainers and tracksuit bottoms or running shorts. Red, white or blue vest or T-shirt. Pin fabric cut outs of the letters 'G' and 'B' to the vest or T-shirt. Add a tracksuit jacket. Make an Olympic Medal out of a jar lid wrapped in gold or silver foil with the ends of a length of ribbon taped to the back.



EVACUEES
(1939 – 45)

Who were they?
Children who were sent to the countryside to protect them from air raids during World War II.

Get the look

Girls: knee length dress or skirt and top. Cardigan. Ankle socks and school shoes or plimsolls. Add hair ribbons and a woolly hat or beret.

Boys: long shorts and plain shirt. V-necked jumper, with or without sleeves. Long socks and school shoes or plimsolls. Add a woolly hat or cap.

All: carry a small case and a favourite toy. Tie a label with name, address and school name onto clothing.



MICHAEL FARADAY
(1791 – 1867)

Who was he?
Influential scientist, his discoveries included developing the first electric dynamo.

Get the look

Long grey or brown trousers, white shirt, plain dark coloured waistcoat and black jacket. Black shoes. Turn up the collar of the shirt and tie a narrow length of dark coloured fabric, or a folded silk scarf, around your neck as a large bow tie.