

# SS John & Monica Catholic Primary School

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Dear Parents/Carers,

## **Re: Coronavirus – Learning At Home**

In the event of children/families having to self-isolate as a precautionary measure, we have put together a selection of tips and advice to aid your child's learning at home.

**Make a routine** - Our children are used to following a schedule, so devising a daily routine will help you to map out the day and let the children know what they will be doing whilst at home. Stick to your normal schedule with regards to wake up time, plan out snack, lunch and playtimes during the day and then pencil in learning and activities in between.

**Plan time to read** - Plan time to allow your child to enjoy reading. Again, this will work best if you have time in your day set aside for reading. Perhaps mix this up with reading purely for pleasure and reading with an adult to aid comprehension. There are a selection of activities in the 'Free Zone' for your child to complete regarding reading on readingeggs or readingexpress. Your child's login details can be found in their reading diaries. This website/app also has a selection of other age appropriate reading materials. Although you may not have access to a library due to closures, there is a wealth of reading materials available online. For instance, check out the free ebooks for children if you have access to the kindle app.

**Limit screen time** - We do appreciate that children enjoy playing on devices and there are certainly benefits to doing this during their time off school. However, try to make this part of your schedule, so that children know when and for how long they can play on their different devices. Supplement use of screen time for games and watching TV/movies, with screen time which has more of a purpose regarding learning using some of the online learning platforms we use as a school.

**Go outside** - Plan time in your day for your child to spend some time outside. If you have a garden, then plan outdoor play within your schedule. Alternatively, go for walks in your local park. This website has a selection of activities aimed at keeping children active at home.

<https://tagtiv8.com/move-learn-home/>

**Additional Activities** - Remember to visit the websites listed below for additional activities:

[readingeggs.co.uk/](http://readingeggs.co.uk/)

<https://medium.com/pobble/simple-and-fun-non-screen-activities-that-children-can-do-at-home-115543cb3b9c> - simple non screen activities for children to complete at home

<https://tagtiv8.com/move-learn-home/> - how to move and learn at home

<https://classroommagazines.scholastic.com/support/learnathome.html> - day by day activities to help children think and grow (US based)  
[play.trockstars.com/](https://play.trockstars.com/)  
[play.numbots.com/#/intro](https://play.numbots.com/#/intro) use trockstars login details (KS1/Reception)  
[www.mathletics.com](https://www.mathletics.com)  
<https://code.org/>

We appreciate that this is a difficult time for us all and thank you for your continued support.

Yours sincerely,

Mr. A. Ullah

(Assistant Head Teacher)