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| **Progression of Skills in: Physical Education KS1** |

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| **Skills** | **Year 1** | **Year 2** |
| **Gymnastics** |  |  |
| **Dance** |  |  |
| **Attack, Defend, Shoot** |  |  |
| **Send and Return** |  |  |
| **Hit, Catch, Run** |  |  |
| **Run, Jump, Throw** |  |  |