

SS John & Monica Catholic Primary School

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8th March 2024

Dear Parents and Carers,

We are continuing to work through out RHSE lessons on: Me, My Body, My Health. Our next RHSE lesson will be on the specifics of puberty.

In the previous lesson, we looked at the word 'puberty' and learnt how puberty is part of God's plan to help us love others more. In the next lesson, we will look at 'Changing Bodies '. We will use the correct terminology for genitalia relating to the discussion on puberty and explore some of the specific physical and emotional changes that will take place for boys and girls over the coming years.

The entire teaching of RHSE in school is underpinned with a Christian faith understanding that our deepest identity is as a child of God – created, chosen and loved by God. The programme is fully inclusive of all pupils and their families. Details can be found in the Catholic Life section of the school website.

If you wish to access the TenTen units of work and videos for specific Year groups please access via Parent Portal at: <https://www.tentenresources.co.uk/>

Username : ss-john-monica-13

Password: saints-13

Thank you for your support,
Kind regards,
Mrs Catling and Mrs Litchfield