

RSHE OVERVIEW 2026–27

Yellow = additional Life to the Full Plus content (shown in blue in the 2026 programme).

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Safety Focus	Prevent	Road Safety	Dog Safety	NSPCC	Fire Safety	Water Safety
British Value	Overview of all	Democracy	Mutual Respect	Tolerance	Rule of Law	Individual Liberty
RSHE	Module 1: Created and Loved by God		Module 2: Created to Love Others		Module 3: Created to Live in Community	
Topic	Unit 1 Religious Understanding Unit 2 Me, My Body, My Health Unit 3 Emotional Well-Being Unit 4 Life Cycles		Unit 1 Religious Understanding Unit 2 Personal Relationships Unit 3 Life Online Unit 4 Keeping Safe		Unit 1 Religious Understanding Unit 2 Living in the Wider World	
Year R	Module 1, Unit 1: Story sessions Module 1, Unit 2: Sessions 1–3	Module 1, Unit 3: Sessions 1–3 Module 1, Unit 4: Session 1 Session 2	Module 2, Unit 1: Session 1 Module 2, Unit 2: Sessions 1–3	Module 2, Unit 3: Sessions 1 & 2† Module 2, Unit 4: Sessions 1–4	Module 3, Unit 1: Sessions 1 & 2	Module 3, Unit 2: Session 1 Sessions 2 & 3
Year 1	British Values; class charter and responsibilities	Module 1, Unit 1: Story sessions Module 2, Unit 1: Session 1	Module 2, Unit 2: Sessions 1–3	Module 2, Unit 4: Sessions 1–5	Module 3, Unit 1: Sessions 1 & 2	Module 3, Unit 2: Session 1 Session 2
Year 2	British Values; class charter and responsibilities	Module 1, Unit 1: Story sessions	Module 1, Unit 2: Sessions 1–3†	Module 1, Unit 3: Sessions 1–3	Module 1, Unit 4: Sessions 1 & 2 Session 3 Module 2, Unit 3: Sessions 1 & 2	Module 3, Unit 1: Sessions 1 & 2 Module 3, Unit 2: Session 1 Session 3

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Safety Focus	Prevent	Road Safety	Dog Safety	NSPCC	Fire Safety	Water Safety
British Value	Overview of all	Democracy	Mutual Respect	Tolerance	Rule of Law	Individual Liberty
Year 3	British Values; class charter and responsibilities	Module 1, Unit 1: Story sessions; Session 2 Module 2, Unit 1: Story sessions	Module 2, Unit 2: Sessions 1 & 2 Session 3†	Module 2, Unit 3: Sessions 1 & 2 Module 2, Unit 4: Sessions 1–3 Session 5	Module 3, Unit 1: Sessions 1 & 2 Module 2, Unit 4: Session 4† First aid: bites and stings	Module 3, Unit 2: Session 1 Session 2
Year 4	British Values; class charter and responsibilities	Module 1, Unit 1: Story sessions	Module 1, Unit 2: Sessions 1–4; Session 5 optional	Module 1, Unit 3: Sessions 1–3	Module 1, Unit 4: Session 1; Session 2† First aid: asthma	Module 3, Unit 1: Sessions 1 & 2 Module 3, Unit 2: Session 1 Session 3 Module 1, Unit 4: Session 3
Year 5	British Values; class charter and responsibilities	Module 1, Unit 1: Story sessions Module 2, Unit 1: Session 1	Module 2, Unit 2: Sessions 1–3 Module 1, Unit 2: Sessions 2 & 3	Module 2, Unit 3: Sessions 1 & 2 Module 2, Unit 4: Sessions 1–4	Module 3, Unit 1: Sessions 1 & 2 First aid: bleeding	Module 3, Unit 2: Session 1 Session 2
Year 6	British Values; class charter and responsibilities	Module 1, Unit 1: Story sessions Module 1, Unit 2: Sessions 1–4	Module 1, Unit 3: Sessions 1–4	Module 1, Unit 4: Sessions 1–4	Module 2, Unit 2: Session 4; Session 5† First aid: choking and basic life support	Module 3, Unit 1: Sessions 1 & 2 Module 3, Unit 2: Session 1 Session 3 Module 1, Unit 4: Session 5

Teaching and recording

Ten Ten Life to the Full Plus is our main scheme. This overview retains the previous year-group allocations and half-term timings wherever possible. Modules and topics in the table header are a reference key; the year-group cells show when to teach each session.

Yellow identifies the additional Plus content shown in blue in the 2026 programme. Existing content is not highlighted simply because it has moved or has been added to fill a gap in the old overview.

Changes to the previous overview

RSHE online safety stays in its original half terms: Y2 Summer 1; Y3 and Y5 Spring 2; Y6 Spring 1. It reinforces knowledge throughout the year. Computing online-safety units remain in autumn and are planned separately.

† Reference corrections and coverage additions from the 2026 programme: Reception keeps its safety teaching in Spring 2, with Keeping Safe correctly labelled Module 2 Unit 4 and Life Online (Unit 3) explicitly included alongside it. Y2 Module 1 Unit 2 now lists Sessions 1–3, as the new overview has no Session 4. Y3 adds Module 2 Unit 2 Session 3 (Balancing Needs) and Module 2 Unit 4 Session 4 (First Aid Heroes). Y4 adds Module 1 Unit 4 Session 2 (A Time for Everything). Y6 adds Module 2 Unit 2 Session 5 (Build Others Up). These are not marked as Plus additions in the supplied programme. Y4 Module 1 Unit 2 Session 5 remains listed but is marked optional, as in the new programme.

Puberty, menstruation and repeated religious understanding sessions remain in their original year groups and half terms. Teach sensitive content in line with the school's agreed RSHE policy and parent communication arrangements; respond earlier where pupils need support.

All Ten Ten lessons taught must be evidenced in children's individual pink exercise books. Keep recording proportionate and accessible.

Use unit prayers and assessment activities alongside teaching. Follow the Classroom Shorts format where indicated. A numbered session is not necessarily a full lesson. The safety and British Values focuses in the table continue each half term.

Summer 2: recap the Childline number, asking for help and safety during the summer holiday.

First aid remains in the summer term using St John Ambulance resources: Y3 bites and stings; Y4 asthma; Y5 bleeding; Y6 choking and basic life support. Link with Ten Ten first-aid sessions where objectives overlap.

Before teaching, check any content already completed this year and adjust only where needed. Use Ten Ten Life to the Full Plus as the main resource, with Twinkl and St John Ambulance resources where appropriate.