

# SS John & Monica Catholic Primary School

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Thursday 27<sup>th</sup> May 2021

## Relationship and Sex Education (RSE)

Dear Parents/Guardians,

I am writing to inform you that next half-term, pupils in Y5 and Y6 will be following the Diocesan Department of Religious Education Programme, focusing on their personal, social and spiritual education. The lessons will take place from **Friday 11<sup>th</sup> June 2021**. Both year 5 and 6 will be split into two groups (boys and girls) when the lessons are delivered. If you wish to see the information we will be sharing with the children, please see the school website where the PPT presentations and worksheets which your child will complete are available.

The programme aims to develop pupils ability through the following objectives:

- To identify and celebrate the ways I have changed since birth
- To recognise and discuss the physical and emotional changes that happen to both boys and girls during puberty
- To understand that the purpose of the menstrual cycle is to prepare the female body for reproduction
- To be self-confident in a range of situations, such as seeking new friends
- To recognise their own self-worth and identify positive things about themselves

If you have any questions regarding the teaching or coverage of this programme, please speak to me or your child's class teacher and we will be more than happy to outline the programme in more detail. As well as the individual lessons, the SRE policy can be found on the new school website.

Thank you for your continued support.

Yours Faithfully

Miss McEvoy

Year 5 Teacher