



YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Mediterranean and Chip Pea Pasta Bake	Meatballs in herby tomato sauce with Spaghetti	Roast Chicken	Jerk Chicken Rice & Peas	Homemade Margarita Pizza
Marvellous Macaroni Cheese	Jacket Potato served with Cheese	Pork or Quorn sausage served with mashed potatoes	Broccoli and cheese Quiche & Parsley New Potatoes(v)	Tempura Battered Fish and Chunky Chips
Served With Fresh Seasonal Vegetables, potatoes & Salad	Fresh Seasonal Vegetables	Served With Fresh Seasonal Vegetables, roast potatoes & Salad	Fresh Seasonal Vegetables With Wholemeal Rice, Pasta	Served With Fresh Seasonal Vegetables, chunky chips, baked beans & Salad
Fresh Seasonal Salad Bar With Fresh Bread Available Daily A Daily Selection Of Fresh Fruit & Fruit Yoghurts				
Fresh Fruit Salad Or Mousse	Jaffa Chocolate Square served with a cup of milk	Orange Sponge served with custard	Raisin Flapjack and Custard	Assorted Flavoured Ice cream Tubs

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.
For any allergen/dietary requirements please speak to The Catering Supervisor

MADE FRESH



YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Quorn Burger With Homemade Jacket Wedges(v)	Tex – Mex enchiladas with Minced Beef/Quorn	Roasted Chicken Fillet or Drumstick	Chicken Tikka Masala With Wholemeal Rice & Naan	Homemade Margarita Pizza
Cheese & potato pie	Salmon & Courgette Pasta Bake	Quorn Roast	Spanish Omelette & Parsley Potatoes(v)	Fish Fingers and Chunky Chips
Served With seasoned wedges, Fresh Seasonal Vegetables & Salad	Served with Seasonal Vegetables & Salad	Both served with gravy	Served with Fresh Seasonal Vegetables & Salad	Served With Chunky Chips, Fresh Seasonal Vegetables & Salad
<p>Fresh Seasonal Salad Bar With Fresh Bread Available Daily</p> <p>A Daily Selection Of Fresh Fruit & Fruit Yoghurts</p>				
Shortbread Served with Custard	Beetroot & Cocoa Muffins	Sultana Cookie served with a Cup of Milk	Val's Orange Sponge & Custard	Assorted Flavoured Ice cream Tubs

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.
For any allergen/dietary requirements please speak to The Catering Supervisor

MADE FRESH



YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Quorn Bolognaise R00170 with Garlic Infused Homemade Bread Cheese and Onion Pasty 3903	Lamb Burger in a Bap Veggie burger 30507 Both served with Homemade wedges	Traditional Roast Turkey Quorn Roast 57223 Served with Stuffing	Homemade Chicken Curry R00638 Spinach, Chickpea & Sweet Potato Curry R00834	Homemade Margarita Pizza R00594 Bubble Fish 116114 and Chunky Chips
Served with Wholemeal Spaghetti, Fresh Seasonal Vegetables, and salad	Fresh Seasonal Vegetables Served With Homemade Potato Wedges	Fresh Seasonal Vegetables With Roast and Mashed Potatoes	Served With Fresh Seasonal Vegetables, Wholemeal Rice & Salad	Served With Fresh Seasonal Vegetables, Chunky Chips & Salad
<p>Fresh Seasonal Salad Bar With Fresh Bread Available Daily</p> <p>A Daily Selection Of Fresh Fruit & Fruit Yoghurts</p>				
Fresh Fruit Salad or Fruit Jelly	Chocolate Concrete R00032 and Custard	Pear and Chocolate Crumble R00186	Banana Flapjack R00027 and Custard	Assorted Flavoured Ice cream Tubs

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.
For any allergen/dietary requirements please speak to the Catering Supervisor

MADE FRESH