



YOUR MENU

Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Tomato & Herb Pasta Quorn Sausages Fish of the day	Chicken Fillets with Gravy Fish of the day Assorted Sandwiches & Baguettes	Lamb Burger Vegetable Burger Fish of the day	Roast Turkey or Quorn Roast with Gravy Cheese Flan Fish of the day	Cheese and Tomato Pizza Fish of the day
Jacket Potatoes Sweetcorn Green Beans	Diced Potatoes Broccoli Carrots	New Potatoes Cauliflower Peas	Roast Potatoes Cabbage Carrot & Swede Batons	Chips Baked Beans Sweetcorn
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yoghurts as alternative to pudding				
Fruit Sponge & Custard	Yoghurts	Cookie	Jelly	Ice Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen or special dietary requirements please speak to a member of the catering team

MADE FRESH

SS John & Monica



YOUR MENU

Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Quorn Pasta Lamb Pasta Fish of the Day	Chicken Curry Fish of the day Assorted Sandwiches & Baguettes	BBQ Chicken Drumsticks Fish of the day Pepper Pasta Twist	Roast Lamb or Quorn Roast with Gravy Fish of the day Cheese Flan	Cheese & Tomato Pizza Fish of the day
Jacket Potatoes Sweetcorn Peas	Diced Potatoes Mixed Vegetables Cauliflower	New Potatoes Green Beans Carrots	Roast Potatoes Carrot & Swede Batons	Chips Rice Sweetcorn Baked Beans
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yoghurts as alternative to pudding				
Chocolate Cracknel	Yoghurt	Carrot Cake	Jelly	Ice Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen or special dietary requirements please speak to a member of the catering team

MADE FRESH

SS John & Monica



YOUR MENU

Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Toad In The Hole Quorn Sausage Fish of the Day	Chicken Fillets in Tomato Sauce Fish of the Day Assorted Sandwiches & Baguettes	Lamb Pie with Gravy Fish of the Day Vegetable Pasta	Roast Chicken or Quorn Roast with Gravy Cheese Flan Fish of the day	Cheese & Tomato Pizza Fish of the Day
Jacket Potatoes Baked Beans Sweetcorn	Diced Potatoes Green Beans Cauliflower	New Potatoes Peas Carrots	Roast Potatoes Carrot & Swede Batons	Chips Peas Baked Beans
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yoghurts as alternative to pudding				
Cookie	Yoghurt	Chocolate Crunch	Jelly	Ice Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen or special dietary requirements please speak to a member of the catering team

MADE FRESH

SS John & Monica



YOUR MENU

Week FOUR

Monday	Tuesday	Wednesday	Thursday	Friday
Meatballs in a Tomato Sauce	Lamb Curry	Chicken Drumsticks	Roast Pork or Quorn Roast with Gravy	Cheese & Tomato Pizza
Vege Balls	Fish of the Day	Fish of the Day	Fish of the Day	Fish of the Day
Fish of the Day	Assorted Sandwiches & Baguettes	Macaroni Cheese	Cheese Flan	
Jacket Potatoes	Diced Potatoes	New Potatoes	Roast Potatoes	Chips
Peas	Green Beans	Mixed Vegetables	Cabbage	Baked Beans
Sweetcorn	Carrots		Carrots	Sweetcorn
Seasonal salad bar & freshly baked bread basket available daily A selection of fresh fruit & yoghurts as alternative to pudding				
Flapjack	Yoghurt	Cheesecake	Jelly	Ice Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

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MADE FRESH

SS John & Monica