









Traditional Prayers




Reception

	Type of Prayer/ Name	Meaning & Purpose
	Grace before Meals Grace after Meals	These prayers are said before and after every meal. In them we give praise and thanks to God for providing us with what we need to sustain us. We also give thanks to him for those people who have prepared the meal. These prayers can be said either in the classroom or in the dining room.
	Hail Mary	This prayer is based on the words of the angel Gabriel at the Annunciation and Elizabeth, Mary's cousin at the Visitation. Gabriel greets Mary and shares God's plan for her. Elizabeth is the first to acknowledge Mary's role in God's plan. In this prayer we ask Mary to pray for us/intercede for us both in the present moment and at the moment of our death. This is a prayer that should be used very regularly. Note that it forms the basis of other Marian prayers : The Rosary and the Angelus. Some of the phrases in this Marian prayer are associated with the Solemnity of the Immaculate Conception. These are 'full of grace', 'the Lord is with you', 'Blessed are you among women.' The phrase 'Holy Mary Mother of God' emphasises our belief in Mary's place in the Church. Sung versions can also be used.
	Morning Offering Prayer at the End of the Day	The Church prays at particular times of the day (known as the Liturgy of the Hours) including the start and end of the day. This habit of prayer is reflected in the school day. At the start of the day we give thanks to God for the gift of life and a new day to share with others and we offer all we do to him. At the end of the day we reflect on how the day has been: the ways in which we have followed God as well as the times we have failed.
	Our Father	This prayer is also known as the Lord's prayer as the words were used by Jesus when his disciples asked how they should pray. In this prayer we ask for God's kingdom to come, not to be put to the test in case we fail and we also ask for forgiveness. This prayer should form part of prayer on a regular and frequent basis. Sung versions can also be used.
	Sign of the Cross	This prayer is most often used to enter in to prayer and to demarcate the end of prayer. In both the words and actions we acknowledge God in three persons of the Trinity. Foundation teachers may need to mirror the actions in order to help the children make it correctly.


Year 1

	Type of Prayer/ Name	Meaning & Purpose
	To know all prayers from previous years plus the following:	
	Hail Mary	<p>This prayer is based on the words of the angel Gabriel at the Annunciation and Elizabeth, Mary's cousin at the Visitation. Gabriel greets Mary and shares God's plan for her. Elizabeth is the first to acknowledge Mary's role in God's plan. In this prayer we ask Mary to pray for us/intercede for us both in the present moment and at the moment of our death. This is a prayer that should be used very regularly. Note that it forms the basis of other Marian prayers : The Rosary and the Angelus.</p> <p>Some of the phrases in this Marian prayer are associated with the Solemnity of the Immaculate Conception. These are 'full of grace', 'the Lord is with you', 'Blessed are you among women.'</p> <p>The phrase 'Holy Mary Mother of God' emphasises our belief in Mary's place in the Church.</p> <p>Sung versions can also be used.</p>
	Act of Faith, Hope and Love	This prayer is an expression of the virtues of Faith, Hope and Love which are gifts received through the Holy Spirit at the Sacrament of Baptism. In this prayer our belief, hope and love for Jesus is expressed.
	Glory Be	Like the Sign of the Cross this prayer acknowledges the Blessed Trinity. It is a prayer of praise acknowledging God's timeless presence from before the beginning of time and into all eternity. It is also a form of doxology (a short, formulaic prayer giving praise to God) like that used by the priest at the end of the Eucharistic Prayer.
	Prayer to the Guardian Angel	It is part of our belief that part of the role of angels is to watch over us. The feast of the Guardian Angels is on October 2.
	<p>Mass Responses & Prayers: P: The Lord be with you R: And with your Spirit</p> <p>Lord have Mercy</p> <p>Sign of Peace</p>	<p>This greeting occurs at four key moments within the Mass. The wording is a means of acknowledging that we are more than just flesh and bones: we are acknowledging the very being of each individual present. This phrase is used repeatedly by St Paul. The spirit is "that part in us which is closest to God and the part which is most open and receptive to the gifts of God" (The Rev. Mgr. Bruce Harbert: commentary on the Introductory Rite BOBOSC).</p> <p>This is part of the Penitential Act where we ask for mercy to be shown to us. This can be said or sung.</p> <p>Before Communion is distributed members of the congregation offer this greeting to one another as they shake hands. The Sign of Peace is "an acknowledgement that Christ whom we receive in the Sacrament is already present in our neighbour" (CTM).</p>





Year 2

	Type of Prayer/ Name	Meaning & Purpose
	To know all prayers from previous years plus the following:	
	Glory Be	Like the Sign of the Cross this prayer acknowledges the Blessed Trinity. It is a prayer of praise acknowledging God's timeless presence from before the beginning of time and into all eternity. It is also a form of doxology (a short, formulaic prayer giving praise to God) like that used by the priest at the end of the Eucharistic Prayer.
	Prayer to the Guardian Angel	It is part of our belief that part of the role of angels is to watch over us. The feast of the Guardian Angels is on October 2.
	Act of Faith Act of Hope	These prayers are an expression of the virtues of Faith, Hope and Love which are gifts received through the Holy Spirit at the Sacrament of Baptism. In these prayers our belief, hope and love for God is expressed and is accompanied by a recognition of awe and wonder for God.
	Eternal Rest	This prayer is for those who have died. We are asking that the dead will be with God for all eternity. It can be said on the occasion of a person's death. It is used throughout the month of November, the month of the Holy Souls, when we remember all who have died including friends and family and those who have no one to pray for them.
	The Prayer of St. Francis of Assisi	Make me a Channel of Your Peace is a popular prayer attributed to St. Francis of Assisi. In this prayer we ask God to help us to be peacemakers.
	The Rosary	The Rosary is a devotional prayer made up of four Mysteries. The word mystery means 'the telling' and through praying the Rosary we recall the Joyful, Sorrowful and Glorious events in the life of Jesus and Our Lady. Pope John Paul II added a fourth mystery known as the Luminous Mysteries (Mysteries of Light). The prayer centres upon the recitation of the Hail Mary. Each Mystery is made up of five decades. Each decade includes 10 repetitions of the Hail Mary. Rosary beads are used to help count off each prayer. If praying it aloud it is usual for one person to say the first part of each prayer and the others to respond with the second half.
	Mass Responses & Prayers: Words & Actions for the Gospel Reading Response to the Prayer of the Faithful Holy, Holy	<p>The words and actions used following the Gospel Acclamation are used as a sign of desire that the Word of God be in our minds, on our lips and in our hearts.</p> <p>The Prayer of the Faithful are prayers of intercession where we pray for the needs of the Universal Church, the World, for those in need and the local community. Each prayer ends with a phrase to which we respond e.g. 'Lord in your mercy' 'Hear our prayer.'</p> <p>The words of the Sanctus or Holy, Holy are taken from Isaiah 6:3. "In this acclamation the assembly joins its voice to that of all creation in giving glory to God" (CTM). The Holy, Holy can be said or sung.</p>





Year 3

Type of Prayer/ Name	Meaning & Purpose
To know all prayers from previous years plus the following:	
Act of Love	This prayer is an expression of the virtue of Love which is one of the three gifts received through the Holy Spirit at the Sacrament of Baptism. In this prayer our love for God is expressed and is accompanied by a recognition of awe and wonder for God.
Act of Sorrow (Contrition)	This sorry prayer can be used at any time. In it we ask God for his forgiveness. This prayer can also be used as an act of contrition during the Sacrament of Reconciliation (usually made for the first time in Y3).
The Angelus	The Angelus is the prayer which retells the Annunciation. The prayer is developed from the Hail Mary. Traditionally the Angelus is prayed in religious communities at particular points of the day: 6 a.m., 12 noon and 6 p.m. The religious are called to prayer by the sounding of a bell.
 The Rosary	The Rosary is a devotional prayer made up of four Mysteries. The word mystery means 'the telling' and through praying the Rosary we recall the Joyful, Sorrowful and Glorious events in the life of Jesus and Our Lady. Pope John Paul II added a fourth mystery known as the Luminous Mysteries (Mysteries of Light). The prayer centres upon the recitation of the Hail Mary. Each Mystery is made up of five decades. Each decade includes 10 repetitions of the Hail Mary. Rosary beads are used to help count off each prayer. If praying it aloud it is usual for one person to say the first part of each prayer and the others to respond with the second half.
Mass Responses & Prayers: The Prayers of the Introductory Rite The Confiteor The Invitation to Communion Thanksgiving after Communion	<p>The purpose of the Introductory Rite is to gather the people together as the Family of God and to prepare us to hear the Word of God and participate in the Liturgy of the Eucharist and in normal circumstances to receive Holy Communion. Following the Entrance Antiphon or Entrance Hymn the priest makes the Sign of the Cross and greets the people. The greeting and response "The Lord be with you" And with your spirit. is used for the first time. It occurs four times within the Mass. This is to emphasise the four high points of the Mass which acknowledge the presence of Christ.</p> <p>This is a sorry prayer which can be used at any time. It is taken from the Penitential Act used in Mass. In this prayer we ask for forgiveness and we also ask for the rest of the family of God (the Communion of Saints) to pray for us too.</p> <p>The Invitation to Communion begins with the private prayer of the priest. This is followed by the response based upon Matthew 8:9. On this occasion the centurion approached Jesus asking him to heal his servant who was ill. When Jesus asks to be taken to the servant he responds with "Lord, I do not deserve to have you come under my roof. But just say the word, and my servant will be healed." Thus he displays great faith in Our Lord.</p> <p>This prayer is said silently once a person has received Communion at Mass whilst they are still kneeling. It is an acknowledgment of the sanctified Christ who is now present within them in the form of the Eucharist.</p>





Year 3 continued

	Type of Prayer /Name	Meaning & Purpose
	The Sacrament of Reconciliation Rite of Penance	The greetings, prayers and format including those before and after the Sacrament is received help us to reflect upon our failings, acknowledge them to Christ present in the priest and ask for Jesus' forgiveness. An Act of Contrition (see above) is said before penance is received. The penance given by the priest is often some form of prayer. Following the Sacrament a silent prayer of thanksgiving should also be made.
	Our Father	This prayer is for those who have died. We are asking that the dead will be with God for all eternity. It can be said on the occasion of a person's death. It is used throughout the month of November, the month of the Holy Souls, when we remember all who have died including friends and family and those who have no one to pray for them.
	Hail Mary	This prayer is based on the words of the angel Gabriel at the Annunciation and Elizabeth, Mary's cousin at the Visitation. Gabriel greets Mary and shares God's plan for her. Elizabeth is the first to acknowledge Mary's role in God's plan. In this prayer we ask Mary to pray for us/intercede for us both in the present moment and at the moment of our death. This is a prayer that should be used very regularly. Note that it forms the basis of other Marian prayers : The Rosary and the Angelus. Some of the phrases in this Marian prayer are associated with the Solemnity of the Immaculate Conception. These are 'full of grace', 'the Lord is with you', 'Blessed are you among women.' The phrase 'Holy Mary Mother of God' emphasises our belief in Mary's place in the Church. Sung versions can also be used.
	Glory Be	Like the Sign of the Cross this prayer acknowledges the Blessed Trinity. It is a prayer of praise acknowledging God's timeless presence from before the beginning of time and into all eternity. It is also a form of doxology (a short, formulaic prayer giving praise to God) like that used by the priest at the end of the Eucharistic Prayer.
	Eternal Rest	This prayer is for those who have died. We are asking that the dead will be with God for all eternity. It can be said on the occasion of a person's death. It is used throughout the month of November, the month of the Holy Souls, when we remember all who have died including friends and family and those who have no one to pray for them.






Year 4

	Type of Prayer/ Name	Meaning & Purpose
	To know all prayers from previous years plus the following:	
	Prayer to the Guardian Angel	It is part of our belief that part of the role of angels is to watch over us. The feast of the Guardian Angels is on October 2. Children in Y4 also learn about the role of angels in the Christmas story. This is an opportunity for them to learn another version.
	Prayer of Richard of Chichester	This prayer helps to remind us that our relationship with God develops over time. In it we are asking that bit by bit we will come to deepen our need, love and understanding of God and thus our faith in him is strengthened.
	The Memorare	In this prayer we acknowledge Mary's role as intercessor between us and God. We ask that she will answer our request.
	The Rosary	The Rosary is a devotional prayer made up of four Mysteries. The word mystery means 'the telling' and through praying the Rosary we recall the Joyful, Sorrowful and Glorious events in the life of Jesus and Our Lady. Pope John Paul II added a fourth mystery known as the Luminous Mysteries (Mysteries of Light). The prayer centres upon the recitation of the Hail Mary. Each Mystery is made up of five decades. Each decade includes 10 repetitions of the Hail Mary. Rosary beads are used to help count off each prayer. If praying it aloud it is usual for one person to say the first part of each prayer and the others to respond with the second half.
	Nunc Dimittis	This prayer or canticle (a song or chant containing words from Scripture) is also known as the song of Simeon. Simeon is a worker in the temple where Mary and Joseph come to make an offering following Jesus' birth. Simeon, an old man, has been promised by God that he would see the Messiah before he dies: Simeon recognises and acknowledges Jesus as the 'Light of the World'. The Presentation is commemorated on 2 Feb and all the candles to be used in Church for the following year are blessed on this day. The canticle of Simeon is part of the Liturgy of the Hours.
	The Stations of the Cross	This prayer follows Jesus' journey from his arrest to his death. Ideally the prayer should be said in a space where the children can physically move from station to station. Each station has an image (a painting or sculpture) depicting the scene. The Stations of the Cross can be found in Church. Many schools also have bought or made their own Stations.
	Mass Responses & Prayers: The Gloria	This is a prayer in which we give praise to God and acknowledge some of the things he has done for us. It can be sung or said. It begins with the same words spoken by the angels when they announced Jesus' birth to the shepherds (Luke 2: 13-14). The Gloria is sung/said on Sundays, Holydays and important Solemnities and Feasts. It is not sung/said during the Seasons of Advent and Lent.
	Glory Be Eternal Rest Our Father Hail Mary	See previous pages.

Year 5

	Type of Prayer/ Name	Meaning & Purpose
	To know all prayers from previous years plus the following:	
	Regina Caeli	This is an ancient hymn of the church addressed to Our Lady. In this prayer we ask Mary as Queen of Heaven to rejoice in the resurrection of Jesus. This could be linked to the tradition of Salubong in the Philippines . Salubong – (meaning ‘meeting’ or ‘encounter’) is an Easter day procession which re-enacts the Risen Christ’s reunion with his mother, Mary.
	The Benedictus	This prayer or canticle (a song or chant containing words from Scripture) is the song of Zechariah, the father of John the Baptist. Zechariah is struck dumb when he refuses to believe that his wife Elizabeth is with child. It is not until the baby is born that he writes on the ground that he is to be called John. Now able to speak this song tells of God’s promise, foretold by the Old Testament prophets to send the Messiah who is to be preceded by John, the prophet who will prepare the people.
	The Examen	The Examen is a form of prayerful reflection on the events of the day. Developed by St. Ignatius it is used to contemplate upon God’s presence and also his direction for us. The children need to learn the structure of this way of praying.
	The Magnificat	This prayer or canticle (a song or chant containing words from Scripture) is a song of joy (Luke 1:46-55). In this song Our Lady is singing in her humble role as God’s servant “My soul proclaims the greatness of the Lord.” She is also singing as the Mother of God and of the Church because the hope expressed in the Old Testament is being fulfilled “even as he promised our fathers, Abraham and his descendants forever. Another element of this prayer is her declaration that “people forever will call me blessed.” The Evening Prayer of the Church said by priests and religious everyday includes the Magnificat.
	The Rosary	The Rosary is a devotional prayer made up of four Mysteries. The word mystery means ‘the telling’ and through praying the Rosary we recall the Joyful, Sorrowful and Glorious events in the life of Jesus and Our Lady. Pope John Paul II added a fourth mystery known as the Luminous Mysteries (Mysteries of Light). The prayer centres upon the recitation of the Hail Mary. Each Mystery is made up of five decades. Each decade includes 10 repetitions of the Hail Mary. Rosary beads are used to help count off each prayer. If praying it aloud it is usual for one person to say the first part of each prayer and the others to respond with the second half.
	The Diocesan Prayer for Vocations	This prayer asks for those with a vocation (a calling) to have the courage to enter into priestly ordination or religious life (religious orders). We also pray for the families of those with vocations.
	Mass Responses & Prayers: The Apostles Creed	The Creed is a prayer in which we profess our faith. The Apostles Creed is shorter than the Nicene Creed. The Apostles’ Creed may be used at Mass during Lent and Easter time.
	Our Father Glory Be Hail Mary Eternal Rest Prayer to the Guardian Angel The Angelus Prayer to Richard of Chichester	See previous pages

Year 6

	Type of Prayer/ Name	Meaning & Purpose
	To know all prayers from previous years plus the following:	
	Hail Holy Queen	In this prayer we acknowledge Mary as Queen of Heaven and as our mother too. We recognise her qualities of mercy and compassion for us. Our pray is one asking for her to intercede for us to her son, Jesus. The Hail Holy Queen (Salve Regina) is one of the night prayers of the Church.
	Prayer to the Holy Spirit	In this prayer we ask the Holy Spirit to transform us as he transformed the disciples at Pentecost.
	The Rosary	The Rosary is a devotional prayer made up of four Mysteries. The word mystery means 'the telling' and through praying the Rosary we recall the Joyful, Sorrowful and Glorious events in the life of Jesus and Our Lady. Pope John Paul II added a fourth mystery known as the Luminous Mysteries (Mysteries of Light). The prayer centres upon the recitation of the Hail Mary. Each Mystery is made up of five decades. Each decade includes 10 repetitions of the Hail Mary. Rosary beads are used to help count off each prayer. If praying it aloud it is usual for one person to say the first part of each prayer and the others to respond with the second half.
	The Stations of the Cross	This prayer follows Jesus journey from his arrest to his death over 14 different Stations. Each Station has an image (a painting or sculpture) depicting a specific scene from the story of Jesus' passion and death. It is a physical prayer in which people move from Station to Station in order to reflect on a particular. The Stations can be found in any Catholic church. When praying the Stations the children, too should have the opportunity to move from one Station to another. Many schools have bought or designed their own Stations which are placed around school.
	Mass Responses & Prayers	See previous pages
	Our Father Glory Be Hail Mary Eternal Rest Prayer to the Guardian Angel The Angelus The Rosary Prayer to Richard of Chichester The Magnificat The Diocesan prayer for Vocations	See previous pages

Grace Before Meals

Bless us, O God, as we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us, O God.
Amen.



Grace after meals

Thank you, God, for the food we have eaten.

Thank you, God, for all our friends.

Thank you, God, for everything,

Thank you God.

Amen.



Hail Mary

Hail Mary, full of grace,
the Lord is with thee:
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.



Morning Prayer

Father in heaven, you love me,
you are with me night and day.
I want to love you always
in all I do and say.
I'll try to please you, Father,
bless me through the day.
Amen.



Prayer at the end of the day



God our Father, I come to say
thank you for your love today.
Thank you for my family
and all the friends you give to me.
Guard me in the dark of night
and in the morning send your light.
Amen.



Our Father

Our Father, who art in heaven,
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,

as we forgive those who trespass against us.

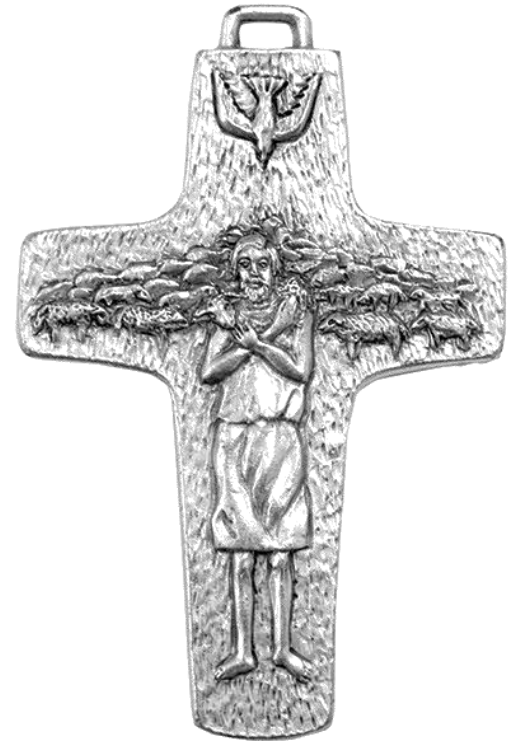
And lead us not into temptation,
but deliver us from evil.

Amen.



Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit.
Amen.



Act of Faith, Hope and Love

Jesus, I believe in you.

Jesus, I hope in you.

Jesus, I love you.



Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end.

Amen.



Prayer to the Guardian Angel

*Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen.*



Act of Faith

My God, I believe in you
and all your Church teaches,
because you have said it
and your word is true.

Amen

FAITH ✨



Act of Hope

*My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and power.
Amen.*



Eternal Rest

*Eternal rest give unto them, O Lord,
and let perpetual light shine upon them.
May they rest in peace.
Amen.*



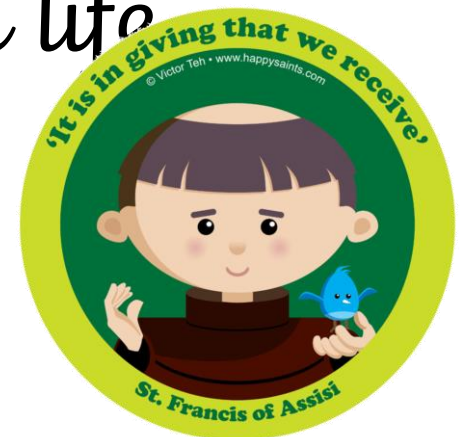
Prayer of St. Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.



O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.
Amen.



Act of Love

O my God, I love you with my whole heart
and above all things

because you are infinitely good and perfect,
and I love my neighbour as myself
for love of you.

Grant that I may love you more and more in this life,
and in the next for all eternity.

Amen.

LOVE 

Act of Sorrow

O my God, I thank you for loving me.
I am sorry for all my sins:
for not loving others
and not loving you.
Help me to live like Jesus
and not sin again.
Amen.



Prayer of Thanksgiving after Communion

O Sacrament most holy!

O Sacrament divine!

All praise and all thanksgiving
be every moment thine.



The Angelus

The Angel of the Lord declared to Mary: *and she conceived of the Holy Spirit.*

Hail Mary... *Holy Mary...*

Behold the handmaid of the Lord: *be it done to me according to your will.*

Hail Mary... *Holy Mary...*

And the Word was made flesh: *and dwelt among us.*

Hail Mary... *Holy Mary...*

Pray for us, O holy Mother of God *that we may be made worthy of the promises of Christ.*



Let us pray:
Pour forth, we beseech you, O Lord,
your grace into our hearts,
that we to whom the incarnation of Christ, your Son,
was made known by the message of an angel,
may be brought by his passion and cross
to the glory of his resurrection,
through Christ our Lord. Amen.



Prayer to the Guardian Angel

Angel sent by God to guide me,
be my light and walk beside me;
be my guardian and protect me;
on the paths of life direct me.



Prayer of St. Richard of Chichester

Day by day,
O dear Lord,
three things I pray:
to see you more clearly,
love you more dearly,
follow you more nearly,
day by day,
by day, by day.
Amen.

The Memorare

Remember, O most gracious Virgin Mary,
that never was it known
that anyone who fled to your protection,
implored your help or sought your intercession,
was left unaided.



Inspired with this confidence, I fly unto you,
O Virgin of virgins, my Mother.

To you I come, before you I stand,
sinful and sorrowful;

O Mother of the Word Incarnate,
despise not my petitions, but in your mercy
hear and answer me.

Amen.



Nunc Dimittis

Now, Lord, you have kept your word:
let your servant go in peace.

With my own eyes I have seen the salvation
which you have prepared in the sight of every people:

a light to reveal you to the nations
and the glory of your people Israel.

Glory be to the Father and to the Son
and to the Holy Spirit,

as it was in the beginning, is now,
and ever shall be, world without end.

Amen.



Regina Caeli

Queen of Heaven, rejoice. Alleluia!
For he whom you were made worthy to bear. Alleluia!
Has risen as he said. Alleluia!
Pray for us to our God. Alleluia!
Rejoice and be glad, O Virgin Mary. Alleluia!
For the Lord has risen indeed. Alleluia!

Let us pray;
God, who through the resurrection of your Son, our Lord Jesus Christ,
has made glad the whole world, grant us, we pray,
that through the intercession of the Virgin Mary, his mother,
we may attain the joys of everlasting life.

Through the same Christ our Lord.

Amen.

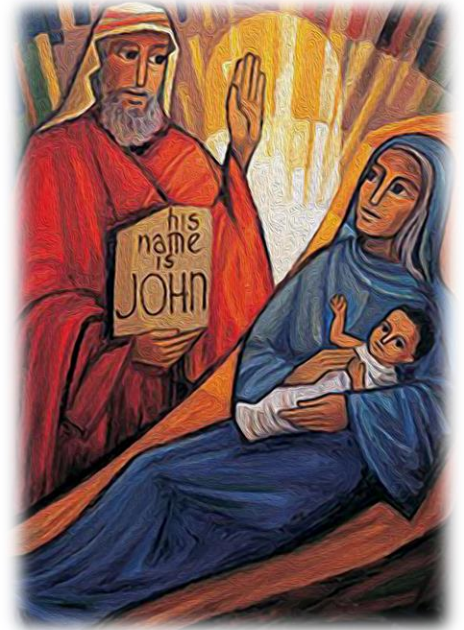


Benedictus

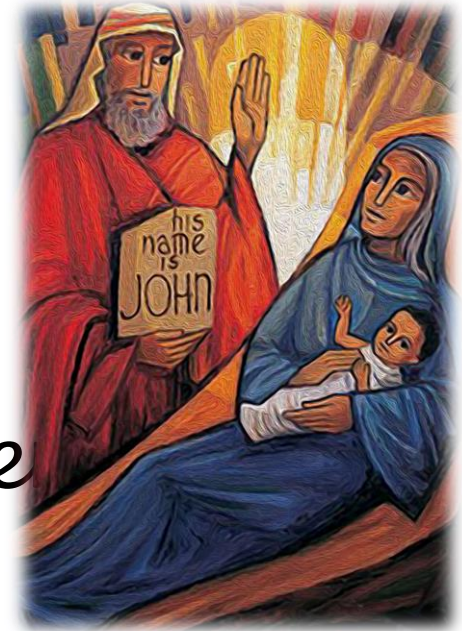
Blessed be the Lord, the God of Israel;
he has come to his people and set them free.

He has raised up for us a mighty saviour,
born of the house of his servant David.

Through his holy prophets he promised of old
That he would save us from our enemies,
From the hands of all who hate us.



He promised to show mercy to our fathers
and to remember his holy covenant.



This was the oath that he swore to our father
Abraham:

To set us free from the hands of our enemies,

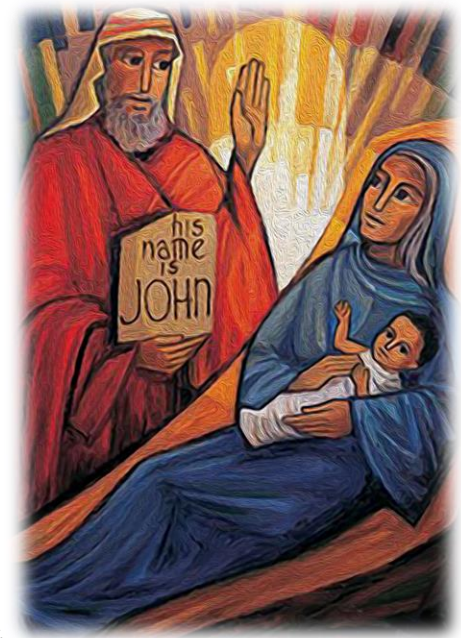
Free to worship him without fear,

Holy and righteous in his sight all the days of our
life.

You, my child, shall be called the prophet of the Most High;
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.

In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Glory be to the Father, and to the Son,
and to the Holy Spirit:
as it was in the beginning, is now,
and ever shall be, world without end. Amen.



The Magnificat

My soul glorifies the Lord,
My spirit rejoices in God, my Saviour.
He looks on his servant in her loneliness;
henceforth all ages will call me blessed.

The Almighty works marvels for me.
Holy his name!
His mercy is from age to age,
on those who fear him.



He puts forth his arm in strength
and scatters the proud-hearted.
He casts the mighty from their thrones
and raises the lowly.

He fills the starving with good things,
sends the rich away empty.
He protects Israel, his servant,
remembering his mercy,
the mercy promised to our fathers,
to Abraham and his sons for ever. Amen.



Diocesan Prayer for Vocations

Lord Jesus, send labourers into your harvest.
Inspire, in the hearts of your people,
vocations to the priesthood and religious life.
Bless our families with a spirit of generosity.
May those whom you call to the priesthood and religious life
have the courage to give themselves to your Church
as co-operators in your work.
St. John Vianney: Pray for us



Hail Holy Queen (Salve Regina)



Hail, Holy Queen, Mother of Mercy;
Hail, our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve.
To thee do we send up our sighs,
mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate,
thine eyes of mercy toward us,
and after this, our exile,
show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Prayer to the Holy Spirit

O Come, Holy Spirit,
fill the hearts of your faithful,
and kindle in them the fire of your love.
Send forth your Spirit and they shall be crea:
And you shall renew the face of the earth.
O God, who has taught the hearts of the faithful
by the light of the Holy Spirit,
grant that by the gift of that same Spirit
we may be always truly wise
and ever rejoice in his consolation.
Amen.

